

All Presentations and Slides can be found at:



Some of today's topics:

Upcoming Events

Job Search

March 2024

drum.armymwr.com



WE ARE THE ARMY'S HOME





U.S. ARMY



Community Information Exchange



WE ARE THE ARMY'S HOME



Controlled by: HQ IMCOM
Controlled by: AMIM-G3

CUI Category: OPSEC

Limited Dissemination Control: DL ONLY
POC: richard.m.stepanek.civ@army.mil

Welcome/Administrative Notes

COL Myer, Garrison Commander

Guest Speakers / Presentations

Kirk Davis, Fort Drum Community Calendar

Cathy Stenfeldt, Child and Youth Services

Wendy O' Sullivan/Robin Banks, School Liaison Officers

Al Janssen, Special Events Coordinator, (FMWR)

Col. Vento, MEDDAC

Dean Harrison, Fort Drum Mountain Community Homes

Leticia Zielinski, Employment Readiness Program

Ceara Tapin, Education Center

Victoria Mackey, AAFES

Tammy Leeder, ASAP, (SFRD)

Kelly Bice, Army Family Team Building (SFRD)

Dani Reed, Army Volunteer Corps (AVC)

SPC. Marrupe, Salute to Life

Cpt. Cady, DES

Agency Updates / Questions

Closing Remarks

COL Myer, Garrison Commander

Marketing Manager Kirk Davis

315-772-0789

kirk.c.davis5.naf@army.mil



WE ARE THE ARMY'S HOME



 U.S. ARMY **Family and Morale, Welfare and Recreation**
Calendar of Events

home.army.mil/drum

drum.armymwr.com



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U.S. ARMY Family and Morale, Welfare and Recreation

Dates To Remember

March 2024

3/15	BOSS Social	5:30 p.m.	BOSS
3/16	Maple Days	9:00 a.m.	Special Events
3/16	St. Patrick's Day at The Ridge	3:00 p.m.	The Peak
3/16	St. Patrick's Day Bowling	4:00 p.m.	Pine Plains Bowling Center
3/20	Bowling League	6:00 p.m.	Sports, Fitness & Aquatics
3/23	Cascades Indoor Water Park	8:00 a.m.	Outdoor Recreation
3/23	Indoor Soccer Tournament	9:00 a.m.	Sports, Fitness & Aquatics
3/23	Super Hero Party	11:00 a.m.	McEwen Library
3/26	Basketball League Begins	6:00 p.m.	Sports, Fitness & Aquatics
3/29	Easter Egg Hunt	10:00 a.m.	McEwen Library

April 2024

4/5	Pickleball Tournament	6:00 p.m.	Sports & Fitness
4/6	LEGO Competition	11:00 a.m.	McEwen Library
4/8	Solar Eclipse Event	12:00 p.m.	Special Events
4/13	When Pigs Fly Skeet Shoot	9:00 p.m.	Outdoor Recreation
4/13	Indoor Softball Tournament	9:00 a.m.	Sports & Fitness
4/20	Fishing Charter	7:00 a.m.	Outdoor Recreation
4/20	Giant Twister	11:00 A.M.	McEwen Library
4/22	Fit in Nature	ongoing	Sports & Fitness
4/26	BOSS Social	5:30 p.m.	BOSS
4/27	Dodgeball Tournament	9:00 a.m.	Sports & Fitness
4/27	Fishing Charter	7:00 a.m.	Outdoor Recreation
4/30	Sprint Triathlon	7:00 a.m.	McEwen Library



Child and Youth Services

Cathy Stenfeldt

315-772-1565

[cathy.j.stenfeldt.naf @army.mil](mailto:cathy.j.stenfeldt.naf@army.mil)



WE ARE THE ARMY'S HOME



 U.S. ARMY **Family and Morale, Welfare and Recreation**
Child and Youth Services

Saturdays in February

- March 9: March Madness at the Youth Center
 - Join us for 5 vs. 5 Basketball Tournament
 - Grades 6 through 12
 - 3 PM – 8 PM
- March 16: Child Choice/Free Recreation Saturday at SAC
 - FREE program for all CYS registered K-5 youth
 - Must have completed a School Age Program orientation
 - Activities include STEM projects, physical education games, art explorations, experiments and cooperative small group/skill building games
 - Snacks will be provided
 - Parents can volunteer at event and receive participation points
 - 9 AM – 1 PM



WE ARE THE ARMY'S HOME



 U.S. ARMY Family and Morale, Welfare and Recreation
Child and Youth Services



*Join us for 5 vs. 5 Basketball
and Team Volleyball Tournaments!*

Sign up to participate!

**SATURDAY, MARCH 9
3 PM – 8 PM**

Open to all youth in 6th through 12th grades.

10788 Chapel Drive, Fort Drum, NY 13602 | 315-772-6719

DRUM.ARMYMWR.COM



f @FORTDRUMYP |  @FORTDRUMYP



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 U.S. ARMY Family and Morale, Welfare and Recreation
Child and Youth Services



**Quarterly CYS
Parent
Advisory
Board
Meeting**
AT THE YOUTH CENTER

**Free &
open to
parents
with
children
registered
in CYS**

**Thursday
March 14**
11:45 AM - 12:45 PM
10788 Chapel Drive
Fort Drum, NY 13602

Your Opinion Matters!
Give input and feedback
on our Child & Youth
Services Programs.

Want to represent your child?
Contact their center director
for more information.

Call 315-772-8675 to RSVP by March 11.

Parents who attend this meeting receive Parent Participation points. Points can be used toward childcare discounts, if a child is enrolled in a CDC or SAC program.

Have questions? Submit them to elene.m.nemergut.naf@army.mil

**We are
looking for
Parent
Representatives
for each
program!**

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Family and Morale, Welfare and Recreation

Child and Youth Services



YOUTH CENTER
10788 Chapel Drive, Fort Drum, NY 13602

HIRING FOR (but not limited to):

Child and Youth Program Assistant (CYPA)

- Benefited positions
- 50% discounted Child Care
- Commissary privileges

INTERVIEWS

8 AM
TO
12 PM

Set up your USAJobs.gov profile and pre-apply online
for the listed openings.

Applicants present at the Hiring Event receive first consideration.

**APPLY ONLINE AT
USAJOBS.GOV**

Questions? Call Child Youth
Services at 315-772-6715

WHAT TO BRING

Transcripts, diploma, and/or
certificates listed in the
announcement

Government ID (Driver's license,
state-issued ID, Military
Dependent ID, etc.)

Social Security Card

Optional Documents to support
a claimed priority/preference
(military spouse, veteran, etc.)



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 U.S. ARMY Family and Morale, Welfare and Recreation
Child and Youth Services

Fort Drum Youth Program

Babysitting Course

APRIL 23 & 25, 2 PM - 5 PM
APRIL 24, 1:30 PM - 6 PM

Learn valuable information about caring for children
and become CPR and First Aid Certified.



Successful completion of the course and parent application
are required to be a certified babysitter on Fort Drum.
Provides the opportunity to be listed on Fort Drum's list of Certified Babysitters.

Sign up at the Youth Center (10788 Chapel Drive).
For more information call, 315-772-6719.

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Fort Drum School Support Services

School Liaison Officers:
Wendy O'Sullivan, Robin Banks
315-772-3214; 315-772-0281

ena.w.osullivan.naf@army.mil
robin.d.banks3.naf@army.mil



U.S. ARMY **Family and Morale, Welfare and Recreation** **School Support Services**

IRCSD

- 14 & 15 MAR: Early Dismissal Times; Parent/Teacher Conferences

CCSD

- 14 MAR: Early Dismissal for K-4 Students/ Parent/ Teacher conferences
- 15 MAR: Superintendent's Day, Staff only, no students
- Universal Pre-K Kindergarten Survey: scan QR code for information
 - Child must be 4 by 1 DEC 2024

Kindergarten Eligibility for 2024-25 SY/ Kindergarten Screening

- Child must be 5 by 1 DEC 2024
- School districts finalizing dates for April & May Kindergarten Screenings
- SLOs finalizing list of schools and dates; check out the QR Code on our attached Kindergarten Readiness Flyer

Kindergarten Readiness Workshops

- Workshops for CYS and Non-CYS parents, dates TBD
- Open to all parents with 2024-25 SY Kindergarten eligible students

NEW SPOUSES PCS Workshop

- Relocation Readiness; SLOs supporting Families with school-aged children
- 24 April 2024: 1:00 PM - 2:30 PM
- See attached flyer for information and registration

U.S. ARMY Family and Morale, Welfare and Recreation School Support Services



ALL YOU NEED TO KNOW ABOUT KINDERGARTEN!



With a little bit of advance preparation, the transition to Kindergarten can be a very positive one for parents and children. Enjoy this next stage in your child's life and in your life as a parent.



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KINDERGARTEN SCREENING:

- Testing done to identify services a child might need when school begins
- Child tested on cognitive ability, motor skills, speech, language and auditory/visual skills
 - following directions, recognition of colors/shapes/numbers etc.
 - Speech test also administered
 - Parents are notified of results
- Please have your child dress casually with sneakers or soft-soled shoes.
- Screening is approximately 90 minutes to complete the various screening stations.
- If your child has an IEP or 504, please bring a copy.

SCHOOL REGISTRATION CHECKLIST:

- Kindergarten Age Requirement for New York State:
Age 5 by December 1 of Current School Year
(i.e. 5 by December 1, 2024 for September 2024 Start Date)
- Register As Soon As Possible
- Completed School District registration packet
(generally available online at the Student registration website or the registration office will email/mail it to you.)
- Proof of Residency
- Copy of Child's Birth Certificate or Proof of Age
- Any special needs documentation (IEP, 504)
- Immunization Records
- Medical Physical (completed within 1 year prior to the first day of school):
Your child's school has the NY Physical form as part of the registration packet.

FOR A MORE DETAILED LIST OF
SCHOOL REGISTRATION DATES
VISIT DRUM.ARMYMWR.COM

SCAN ME



HOW PARENTS CAN HELP WITH FIRST DAY JITTERS

- Establish a morning/afternoon routine
- Practice routines a week ahead
- Lay clothes out the night before
- Let child help pick out first day of school clothes
- Have a set place for backpacks, lunchboxes, shoes, coats, etc
- Be on time for school
- Plan transition times: before and after school
- Have a kindergarten buddy
- Let your child ride the bus on the first day of school.



CHILDREN'S BOOKS ABOUT STARTING KINDERGARTEN

"Curious George Goes to School" by M. Rey & H.A. Rey
"First Day Jitters" by J. Danneberg

"I am absolutely too small for school" by L. Child
"I love school" by P. Sturges & S. Halpern

"Leo the Late Bloomer" by R. Kraus

"Miss Bindergarten Gets Ready for Kindergarten" by J. Slate

"Mr. George Baker" by A. Hest & J.J. Muth

"The Kissing Hand" by A. Penn

"Will I Have a Friend?" by M. Cohen

Check out the Robert C. McEwen Library for a list of books or check out your local community library.

drum.armymwr.com/programs/robert-c-mcewen-library

Have a question about school?
Contact the Fort Drum School Liaison Officer,
Wendy O'Sullivan, Robin Banks: 315-772-3214;
315-772-0281
ena.w.osullivan.naf@army.mil ; robin.d.banks3.naf@army.mil



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Family and Morale, Welfare and Recreation

Special Events

Al Janssen

315-772-7864

allen.y.janssen.naf@army.mil



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Family and Morale, Welfare and Recreation

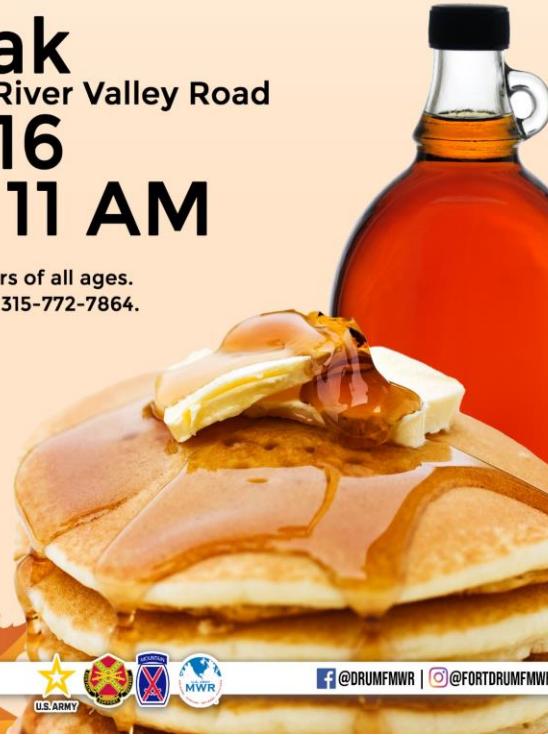
 FORT DRUM FMWR

MAPLE DAYS

Enjoy a FREE breakfast with us!
Breakfast will include pancakes with maple syrup and sausages.
Beverages will be available for purchase.

The Peak
4350 Euphrates River Valley Road
March 16
9 AM - 11 AM

Open to DoD ID cardholders of all ages.
For more information, call 315-772-7864.

Thank you to our MWR Sponsors!

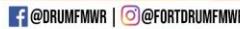

GARY SINISE FOUNDATION


MASSEY RANCH
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FMWR

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PINE PLAINS BOWLING CENTER

SAINT PATRICK'S DAY *Bowling*

Bowl into some Irish Fun with us!
Celebrate St. Patrick's Day with green drinks, food and beverage specials.

March 16 | 4 PM - 9 PM

\$1.00 OFF ANYTHING THAT HAS GREEN ON OR IN IT!

Excluding Snapple and Chips. Dining Only.



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Fort Drum Sports, Fitness & Aquatics

SOCER TOURNAMENT

**MARCH
23**

9:00AM
Monti Physical
Fitness Center

Register at Magrath Sports Complex by March 18
Open to DoD ID cardholders 18+
For more information: 315-772-0475

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FORT DRUM FMWR



**SOLAR
ECLIPSE**

VIEWING EVENT

APRIL 8
1 PM - 4 PM
THE PEAK

FOOD | DRINK SPECIALS | MUSIC | GAMES
ECLIPSE GLASSES AND SHIRTS AVAILABLE FOR PURCHASE.

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Deputy Commander for Clinical Services

COL Evelyn Vento

315-772-4021

evelyn.r.vento.mil@health.mil

Patient Advocate Ms. Deborah Woods

315-772-4655

deborah.a.woods24.civ@health.mil

Developmental Disabilities Administration

When to Call 9-1-1

Care Provider Bulletin

July 2018



Did you know?

- Emergencies are situations where law enforcement, firefighters, or medical help is needed right away.
- People may die if immediate medical care is needed but not available.
- You may have the ability to save a life.
- Understanding client conditions can help save lives.
- 9-1-1 is for emergencies only. Know when to call 9-1-1 and when to seek other types of help.

When to Call 9-1-1

Medical Emergencies

Here are some tips to assist you in deciding when to call 911. Do call 911 when:

- The condition is life or limb threatening
- The condition could worsen quickly on the way to the hospital
- Moving the victim will cause further injury
- The person needs skills, medication or equipment right away that paramedics carry
- Distance or traffic would delay transporting the person to the hospital and could be life threatening

Call 9-1-1 Immediately If you or the person you support experience any of the following:

- Severe difficulty breathing, especially that does not improve with rest
- Chest pain
- A fast heartbeat (more than 120-150) at rest, especially if associated with shortness of breath or feeling faint
- You witness someone faint/pass out or someone is unresponsive/unconscious
- Difficulty speaking, numbness, or weakness of any part of the body
- Sudden dizziness, weakness or mental changes (confusion, very odd behavior, difficulty walking/standing)
- Sudden blindness or vision changes
- Heavy bleeding from the mouth, nose, ear, vagina or rectum that continues
- Bleeding from any wound that will not stop with direct pressure
- Broken bones visible through an open wound
- Extremely hot or cold body temperature and the person appears ill or less responsive
- Drowning/Near drowning
- Choking
- Severe burns (2nd and 3rd degree)
- Poisoning
- Drug overdose
- New severe headache
- Sudden intense severe pain
- Someone makes a credible threat to hurt or kill themselves or someone else
- Allergic reaction, especially if there is any difficulty breathing
- Seizures that last over 5 minutes, person appears unusual or is injured

Remember, you are the best judge of the situation. Do call someone when you are concerned enough to think about calling 911.

Other situations when you should call 9-1-1

- Any crime in progress (robbery, burglary, prowler, fights, etc.)
- Any type of fire (structure, vehicle, brush, etc.)
- A vehicle collision, especially if someone is injured
- When you or the person you care for feels at risk.



Transforming Lives
USAHC is inspiring



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Providing Information to 9-1-1

Stay calm when calling 9-1-1. Be ready to answer questions from the 9-1-1 dispatcher:

- The location of the emergency. If you do not know the address, look for landmarks, street signs, or buildings.
- The phone number you are calling from.
- The nature of the emergency (such as medical, fire, crime). Providing this information will help them determine which responder to send.
- Details about the emergency.

Dispatchers are routing your call while getting information from you. As you provide more details, they send the information to the first responders.

Do not hang up until the dispatcher tells you to.

Waiting for First Responders

- Follow any instructions the 9-1-1 dispatcher gives you while waiting for first responders to arrive.
- If a bleeding wound is evident, apply direct pressure to the wound using cloth or bandages.
- If it is nighttime, turn on the lights to make it easier for first responders to find you.
- If the person has Advanced Directives, power of attorney or other legal documents about their wishes for care for the paramedics or hospital, have them ready.

Other Information

- If you or someone you support calls 9-1-1 by mistake, do not hang up. Stay on the line and explain that everything is okay and there is not an emergency.
- If you do not speak English, Interpreter services are available in some areas when calling 9-1-1.
- If you are deaf or hard of hearing, 9-1-1 centers in most counties are equipped with TTY devices. You may also be able to use Video or IP Relay Services in your county.
- Many counties allow 9-1-1 text messaging from mobile phones. Calling 9-1-1 directly is still the most reliable and preferred method of contact. Texting 9-1-1 can be used when you are unable to make a phone call due to safety or communication methods. If your area is not able to receive 9-1-1 texts, you will receive a 'bounce-back' message.
- Smart911 is a service that allows you to add key information about members of a household that would help anyone you care for in the event of an emergency, whether the call is from the home or any mobile phone. You can add information such as who lives in the house, descriptions, photos, medical conditions, allergies, disability and equipment information, medications used. Visit <https://www.smart911.com/> to learn more information, and see if the service is available in your area, and sign up.

Non-Emergencies

- If you need help, but it is not an emergency, contact your doctor or seek assistance at urgent care for medical issues.
- Most law enforcement agencies have non-emergency numbers you can call to report a crime.

If you are unsure if your situation is an emergency, call 9-1-1.

The 9-1-1 dispatcher will help determine if emergency assistance is needed.



Sources & Resources:

- King County, The Basics of Calling 9-1-1: <https://www.kingcounty.gov/-/media/depts/executive-services/emergency-management/9-1-1-program/911-basics-en.aspx?la=en>
- National 9-1-1 Program, Frequently Asked Questions: https://www.911.gov/frequently_asked_questions.html
- NENA, Top 10 Tips for Calling 9-1-1: <https://www.nena.org/page/911tipsGuidelines>
- American College of Emergency Physicians, When to Call 9-1-1: <http://www.emergencycareforyou.org/Emergency-101/>
- Federal Communications Commission, Text to 9-1-1: What You Need to Know: <https://www.fcc.gov/consumers/guides/what-you-need-know-about-text-911>
- Smart911: <https://www.smart911.com/>



WHAT YOU NEED TO KNOW

AVAILABLE FOR CHILDREN AGES:
6 Weeks - 12 Years

Reservations are required and should be made as far in advance as possible.

To set up reservation please email
Dawn Nellenbach
dnellenbach@nnymca.org

Please provide a contact number in your email. You will be called within 24 hours to confirm your reservation.

You will be required to fill out a simple parent agreement at the site and then you will be on your way!

Must reserve no later than 11:00 AM on Friday for use on Monday.

Space may be limited. Reservations are first come, first served.



CHILDREN'S WAITING ROOM

Why should I use these services?

For military parents, it can often be difficult to focus on their own health and well-being when their attention is divided between their care provider appointments and their children.

In addition, parents prefer to leave children outside of the clinical areas allowing them to focus on the information provided by the doctor and reducing exposing healthy children to sick patients.

The Watertown Family YMCA Children's Waiting Room provides a safe, nurturing environment for children while their parents attend medical appointments making it easier to ensure their family is healthy and happy during a loved one's military service.

PROGRAM DETAILS:

- FREE to service members.
- Provides up to two hours of supervision for children during medical appointments.
- Plan your medical appointment schedule based on hours of availability listed.



CHILDREN'S WAITING ROOM LOCATION AND HOURS

FAIRGROUNDS

Monday - Friday: 8:45 - 11:45 am
Monday - Thursday: 4:15 - 7:15 pm
585 Rand Drive, Watertown
315.755.2005

DOWNTOWN

Monday-Friday: 8:45-11:45 AM
Monday-Thursday: 4:30-7:30 PM
146 Arsenal Street, Watertown
315.782.3100

Schedules are subject to change. Check watertownymca.org for updates.



WE ARE THE ARMY'S HOME



Fort Drum Mountain Community Homes

Dean Harrison

315-955-6800

dean.harrison@fdmch.com



WE ARE THE ARMY'S HOME





Scholarship
Opportunity for
Residents

2024 Scholarship Program



 WinnCompanies
Development | Residential | Military

Scan the QR
code to apply!





Are you a high school graduating senior living in a Lendlease community? The Lendlease Community Fund wants to help you prepare for college.

The BlueStar Scholarships program offers up to \$5,000 to graduating seniors. Applications are due **May 27, 2024**

PAINT & SIP PARTY

Find your inner Picasso as you paint, snack and have fun.

THURSDAY, MARCH 21ST

5:30-8:00PM | RHICARD HILLS
COMMUNITY CENTER

Visit our Facebook Page to register.
ADULTS ONLY.



www.fortdrummch.com

*Exclusive event for Residents of Mountain Community Homes.



The Army would
L[♥]VE to hear
from you!

MARCH 4 - APRIL 18

**Please Complete Your Army Housing
Tenant Satisfaction Survey**

Fort Drum Employment Readiness Program Leticia Zielinski

315-772-7581

leticia.zielinski.civ@army.mil



We're Hiring

WE'RE HIRING!
JOIN OUR TEAM

We're hiring for multiple positions, including:

- Dental Assistant - starting salary approximately \$37,696.
- Practical Nurse - starting salary approximately \$42,022.
- Medical Technician - starting salary approximately \$46,696.
- Social Worker - starting salary approximately \$82,830.

... and much more.

Head over to <https://www.usajobs.gov> and search "Fort Drum, NY" or use QR code to see all available positions.



 U.S. Army Medical Department Activity
Fort Drum, New York
Care Enough to Make a Difference!

 @FortDrumMEDDAC

To include:

- CYS
- NETCOM
- MEDDAC
- MWR



Volunteer Opportunities

- Add to your resume

41 Open Announcements
as of 21 February 2024

Fort Drum, New York 25 miles Exclude remote jobs

[Remove all filters](#)

Viewing 1 – 25 of 56 jobs

Sort by: Open date Descending

[Save this search](#). We'll email you new jobs as they become available.

CYS Assistant Director NF-03
Army Installation Management Command
Department of the Army
Fort Drum, New York
Directorate of Family and Morale, Welfare and Recreation
[Open 09/20/2023 to 10/05/2023](#)

Starting at \$42,022 Per Year (NF 3)
Regular • 40 hours per week



>>>>> WORKSHOP
THE SECRETS OF USAJOBS

Tuesday
March 12, 2024
1pm - 3pm
1000 Coffeen St
Watertown, NY

WHAT'S IN IT FOR ME:

- CREATE YOUR PROFILE
- SEARCH JOB ANNOUNCEMENTS
- READ A JOB ANNOUNCEMENT
- BUILD YOUR FEDERAL RESUME

USAJOBS

SHAPE AMERICA'S FUTURE

Find your fit in the federal government

CALL OR EMAIL TO RSVP



LETICIA.ZIELINSKI.CIV@ARMY.MIL



(315) 786-3687

KPARKER@CO.JEFFERSON.NY.US



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Fort Drum Employment Readiness Program

Military Spouse Support



Seminars Offered

- Federal Resume Workshop
- Civilian Resume Start To Finish
- Career Fair Preparation
- LinkedIn Account Review



All seminars and virtual events are posted on our Facebook page.



Fort Drum ERP Team

Clark Hall
10720 Mt. Belvedere Blvd
Suite B2-18
Fort Drum, NY 13602

Leon Donelson
Program Manager
leon.n.donelson.civ@army.mil
315-772-1090

Fran Lueders
Program Specialist
frances.t.lueders.civ@army.mil
315-772-6894

Elijah Tezeno
Program Specialist
elijah.k.tezeno.civ@army.mil
315-772-3434

Tina James
Program Educator
ernestine.b.james.ctr@army.mil
315-772-4767

Leticia Zielinski
Transition Services Specialist
Outreach Coordinator
leticia.zielinski.civ@army.mil
315-772-7581

March Outreach

- Community Resources Fair
- PX Food Court
- Spouse Connections

Fort Drum Employment Readiness Program

OUR SERVICES

- Resume Writing Workshops
-Federal and Civilian
- Getting Job Fair ready
- One on one assistance
- Sign up For LinkedIn Workshops



For more information, visit our table at the Exchange Food Court (Next to Starbucks)

March 15, 2024
March 28, 2024
10am - 2pm

FOLLOW US ON FACEBOOK @
Fort Drum Employment Readiness Program



Education Center Ceara Tapin

315-772-8580

Ceara.e.tapin.civ@army.mil



WE ARE THE ARMY'S HOME



Calling all 2023-2024 College Graduates!



Fort Drum **GRADUATION RECOGNITION CEREMONY**

FRIDAY, 31 MAY 2024

1500 @ THE PEAK

FOR MORE INFO CALL 315-772-6887

Scan HERE to
Register! Deadline
for program
printing is 5 April
2024



Or Click/Copy
Link

https://docs.google.com/forms/d/e/1FAIpQLSdrLfk1hzq1DMZ1LKkgwm0wt3bBcvPOh2V6b1Plde2SFfl_vg/viewform



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AAFES

Victoria Mackey

315-773-5631

mackeyva@aafes.com

Representing in place of:

Andrea Frazier
(315) 773-5631
fraziera@aafes.com

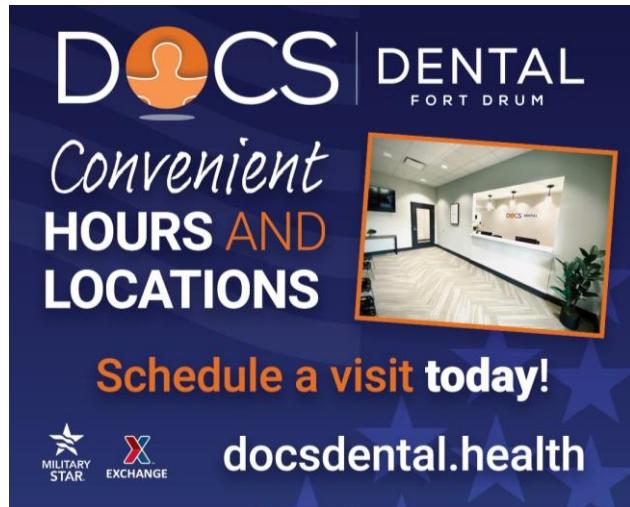


WE ARE THE ARMY'S HOME



Army & Air Force Exchange Service

What is Happening at the Exchange?



DOCS DENTAL
FORT DRUM

*Convenient
HOURS AND
LOCATIONS*

Schedule a visit today!

docsdental.health

MILITARY STAR EXCHANGE

Opened: 22 January 2024



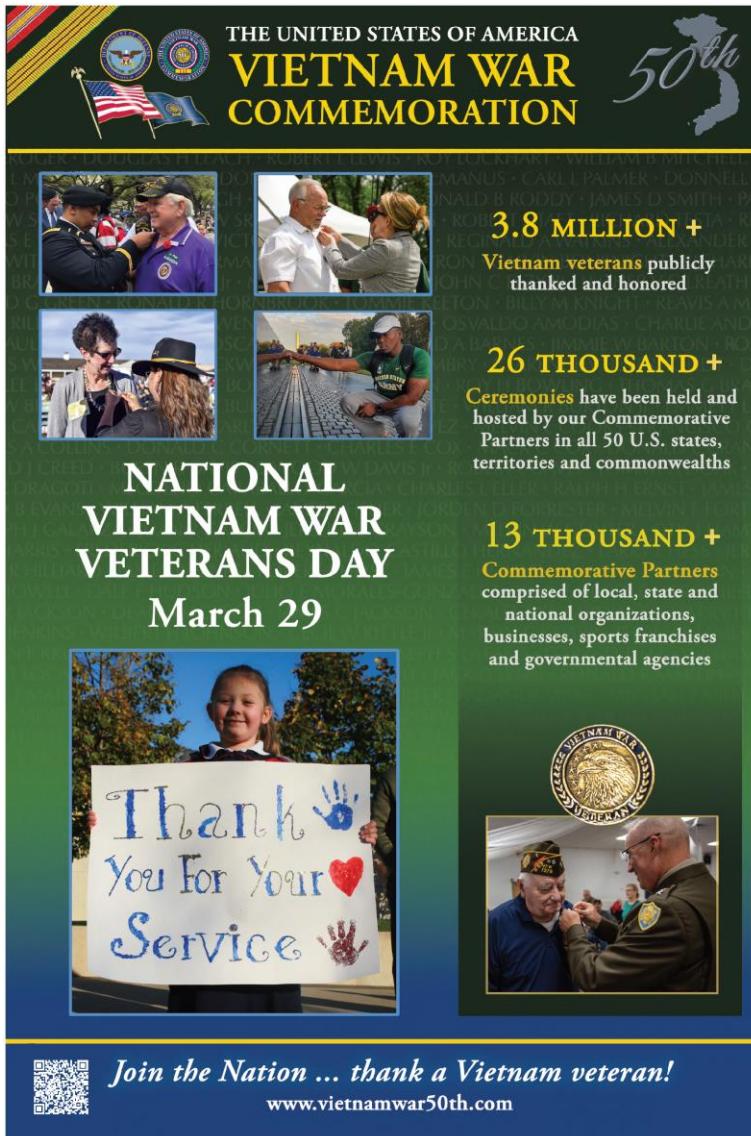
Opening: 7 June 2024 (estimated)



**Automatic Pumps at all
Express Locations**

Army & Air Force Exchange Service

National Vietnam War Veterans Day Pinning Ceremony



THE UNITED STATES OF AMERICA
VIETNAM WAR
COMMEMORATION

50th

3.8 MILLION +
Vietnam veterans publicly thanked and honored

26 THOUSAND +
Ceremonies have been held and hosted by our Commemorative Partners in all 50 U.S. states, territories and commonwealths

13 THOUSAND +
Commemorative Partners comprised of local, state and national organizations, businesses, sports franchises and governmental agencies

NATIONAL VIETNAM WAR VETERANS DAY
March 29





Join the Nation ... thank a Vietnam veteran!
www.vietnamwar50th.com



The Exchange and Commissaries are partnering with the U.S. Vietnam War Commemoration to thank and honor Veterans and their families who served in the Vietnam War for their service and sacrifice on behalf of our nation.

Where:
Main PX Mall

When:
29 March 2024
1000-1500

Pins are only to be given to Vietnam Veterans or their family members if they cannot be present.



WE ARE THE ARMY'S HOME



**CONNECT, FIND, SHOP, PLAY
ON THE DIGITAL GARRISON APP**

DOWNLOAD TODAY!

Everything you need at your finger-tips to connect with your Army Community.



Download on the
App Store



GET IT ON
Google play



The best place for
weather closure
updates, special hours
ran during DONSA,
and holiday hours at all
Exchange locations.

 **MAKE THE
CONNECTION**



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Soldier and Family Readiness Division

Tammy Leeder

315-772-2371

Tammy.j.leeder.civ@army.mil



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Major Events

- **1 April** - Pop in and Paint - FAP & EFMP, join us to paint a spring themed painting
- **1 April** - EFMP Sensory Play Workshop @ EC
- **5 April** - Foundation Day Training - ASAP, FAP, EFMP, Suicide, FRP and SHARP
- **5 April** - Narcan Training
- **11 April** - 2nd Annual Mountain Wellness 5K with MWR
- **12 April** - Mountains Got Talent @ MPA
- **12 April** - "When I Grow Up, I Want To Be" FRP event, partnership with School Liaison
- **18 April** - 12th Annual Baby Palooza @ The Exchange
- **25 April** - EFMP Bowling
- **26 April** - Axe Throwing Competition FRP
- **26 April** - Drumming Up Prevention Concert Release on Facebook

Outreach

- Public Service Announcements - ASAP will partner with SUDCC and SFRD Programs to provide PSA videos throughout the month.
- Leader engagements - Engaging one-on-one with Commanders and 1SGs placing emphasis on the 350-1 trainings.
- Illuminate Clark Hall Blue with multiple child abuse awareness displays.
- The Blue Bike Project - static display will be located throughout Clark Hall with information about child abuse prevention.
- Weekly classes offered focusing on different financial themes each week.
- Awareness Tables across the installation.
- Social Media information regarding all 5 campaigns.



Installation Partnerships

- **11 April** - MTN Wellness Month 5K with support from MWR Sports Division
- **12 April** - Division SHARP, Mountains got Talent and Unit trainings
- **12 April** - SLO Information session event
- *Additional events pending program event schedules*

Awareness Recognitions

- **2 April** - Wear Blue for National Autism Day
- **8 April** - Wear Blue for Child Abuse Awareness
- **24 April** - Denim Day for Sexual Assault Awareness Month

Soldier & Family Readiness Division

Army Family Team Building Army Family Action Plan

Kelly Bice

315-772-6710

kelly.m.bice.civ@army.mil



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Army Family Team Building

LEARN ** GROW ** LEAD

Helping Military Spouses Develop their Ruck Sack



ARMY FAMILY TEAM BUILDING LEVEL I **LEARN**

- Master military language and customs.
- Build military language fluency
- Educate on military resources
- Connect to “Battle Buddies”

Level I

0900-1300

5 March at the Family Resource Center

26 March at Monument Ridge Community
Center



Kids are welcome!

On-demand Classes
are available!



Army Family Team Building (AFTB)

Employment Readiness Program

Helping Military Spouses Develop their Ruck Sack

Navigating Professional Development for Military Spouses

19 March 2024
The Peak
1000- 1400

Join

Army Family Team Building
&

Employment Readiness Program
for a multifaceted workshop designed to assist
Military spouses with their professional
development.

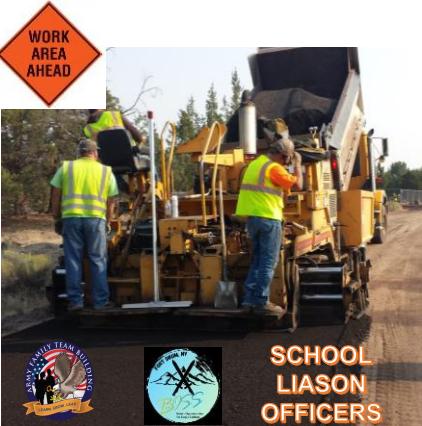
Classes will include:

- + Identify a career path
- + Resume Development
- + Dress for Success
- + Professional etiquette in the workplace
- + How to invest your paycheck
- + How to PCS your career

Reservations are required. Please reach out to
315-772-6710 / kelly.m.bice.civ@army.mil



IMPROVING ARMY LIFE ONE IDEA AT A TIME

*Open Forum**Brainstorming Session Dates***0930-1200**

- **21 March @ The Peak**
- **18 April @ The Peak**

On demand Session

AFAP can assist Units, Battalions, Brigades, and on-post organizations to capture their thoughts, concerns & suggestions to improve quality of life on Ft Drum!

Call us at 315-772-6710 to schedule a session.

Fostering Satisfied, Informed and Resilient Army Communities**Be the Change**

If you would like to submit a suggestion and cannot make an event please feel free to submit via: AFAP Submission forms, email (kelly.m.bice.civ@army.mil) or message us on Facebook through the QR Code.



PCS Like a Pro with Relo

Join us for a PCS class just for Spouses!



Learn all about the PCS process in a class tailored just for you!

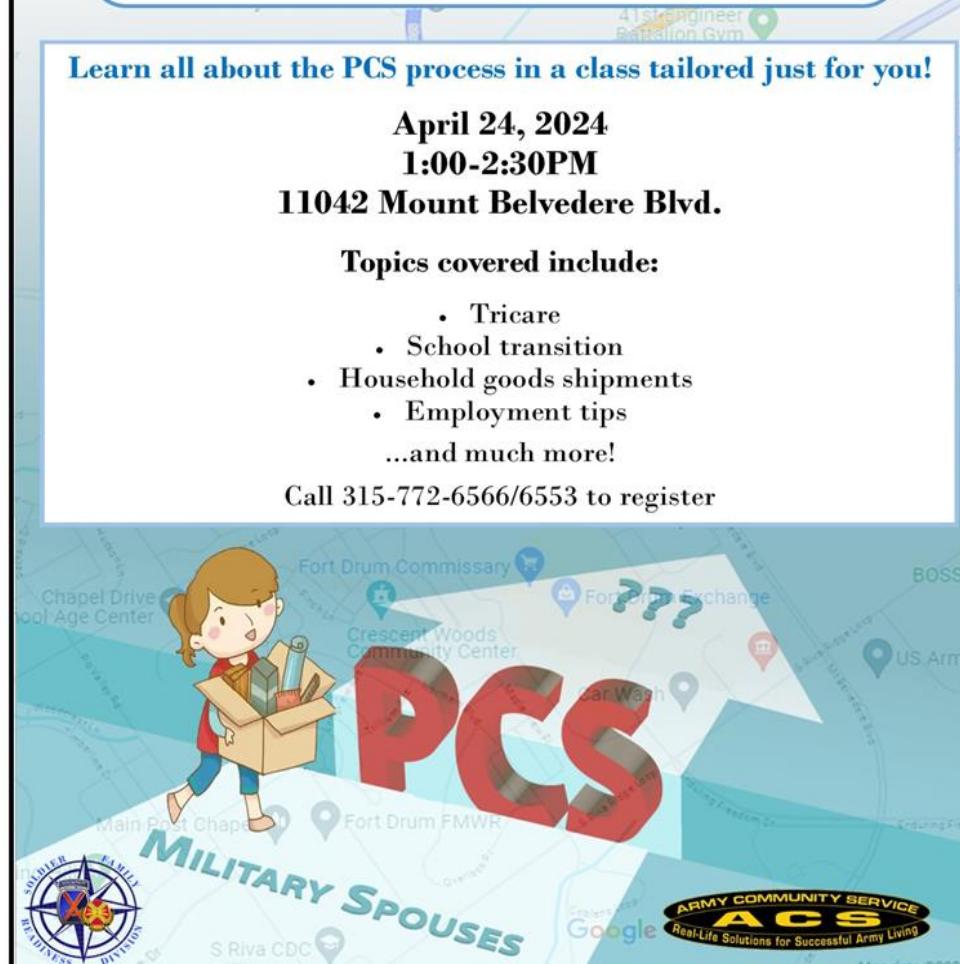
April 24, 2024
1:00-2:30PM
11042 Mount Belvedere Blvd.

Topics covered include:

- Tricare
- School transition
- Household goods shipments
- Employment tips

...and much more!

Call 315-772-6566/6553 to register



Fort Drum Commissary
Fort Drum Exchange
Crescent Woods Community Center
Main Post Chapel
Fort Drum FMWR
S Riva CDC
Google

ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living



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Relocation Readiness



Find your piece of the puzzle with Relocation Readiness!

Mountain Meetup



**Wednesday
March 27th
10AM-2PM**

Come engage with on and off post community organizations and put your Fort Drum puzzle pieces together! This is a family friendly event!

At The Peak
4350 Euphrates River Valley Road

ARMY COMMUNITY SERVICE
ACS
Real-Life Solutions for Successful Army Living

For more information, contact the Family Resource Center at 315-772-6566/6553

Join us
for
Relocation
Readiness'
“Mountain
Meetup”
**Wednesday, 27
March (10am-2pm)
at The Peak**



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Army Volunteer Corps (AVC)

Dani Reed

315-772-2899

daniel.j.reed3.civ@army.mil



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The Army Volunteer Corps is an umbrella that encompasses all volunteers and organizations supported by volunteers. Fort Drum Army Volunteer Corps serves as the point of contact for volunteerism on the Installation to improve the quality of life for all community members.

✓ **Training:**

Volunteer Management Training – Volunteers learn how to register, search, apply and document hours via www.vmis.armyfamilywebportal.com with the Volunteer Management Information System (VMIS).

Organizational Point of Contact (OPOC) Training – Provides all new OPOCs an overview on volunteer management in their organization via www.armyfamilywebportal.com. The class covers how to manage and contact volunteers within their organization, approve volunteer applications, certify volunteer hours and manage volunteer positions.

VMIS



Army
Family
Web
Portal

✓ **Upcoming Outreach & Recruitment:**

On-Post – PX Monthly Information Tables

Mountain Meet Up – Community Resource Event to allow Soldiers and Family Members the opportunity to connect with available resources on Fort Drum and the surrounding area

✓ **Recognition:**

Volunteer of the Quarter Ceremony – to honor registered volunteers nominated by their organization.

Annual Volunteer of the Year Ceremony – to honor registered volunteers nominated by their organization during National Volunteer Appreciation week in April.



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2024 Army Volunteer Corps (AVC) Family Resource Center (FRC)

11042 Mt. Belvedere Blvd

Fort Drum, NY

315.772.2899

daniel.j.reed3.civ@army.mil



Learn where and how to volunteer on Fort Drum with AVC:

The Volunteer Management Information System (VMIS) can be found at the Army Family Web Portal:

www.vmis.armyfamilywebportal.com

VOLUNTEER AND MAKE A DIFFERENCE IN YOUR COMMUNITY!!

VMIS 101

1100-1200 @ FRC

Learn how to register, apply for positions, track your hours, awards and trainings.

17 JANUARY

17 JULY

21 FEBRUARY

21 AUGUST

20 MARCH

18 SEPTEMBER

17 APRIL

16 OCTOBER

15 MAY

20 NOVEMBER

12 JUNE

18 DECEMBER

VMIS ADMINISTRATION FOR ORGANIZATIONAL POINTS OF CONTACT (OPOC)

1000-1130 @ EDUCATION CENTER

Learn how to navigate the system to accept volunteers, approve applications and certify hours.

23 JANUARY

16 APRIL

23 JULY

22 AUGUST

VOLUNTEER OF THE QUARTER

1400-1500hrs @ THE PEAK

9 FEBRUARY

10 MAY

9 AUGUST

8 NOVEMBER

VOLUNTEER ADVISORY COUNCIL (VAC)

1000-1100 @ USO

14 MARCH

13 JUNE

12 SEPTEMBER

12 DECEMBER

FRC VOLUNTEER ORIENTATION

Mandatory volunteer orientation for FRC volunteers

Call AVC to schedule your orientation

Please call AVC to register for trainings or inquire about additional date options.

[Facebook.com/fortdrumarmyvolunteercorps](https://www.facebook.com/fortdrumarmyvolunteercorps)

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Fort Drum Volunteer of the Year Award Ceremony will honor individuals who have a commitment to bettering our community through their volunteer service.

Nomination Categories

Soldier and Family Readiness Group

Large Community Group

Small Community Group

Child and Youth Group

Youth Volunteer

Volunteer of the Year

Overall Awardee from all categories

- **Nominations will be submitted to the Volunteer of the Year Selection Committee, comprised of impartial not associated with any of the volunteer agencies/organizations or units.**
 - Evaluation will be based on the narrative portion of the nomination form and volunteer records.
- **Category winner will be identified for each category:**
 - **5** Category winners will be identified and recognized
 - **1** Overall Installation Volunteer of the Year will be recognized at the conclusion of the Category Winner presentations
- Garrison Certificates of Achievements signed by COL Matthew Myer for all nominated volunteers. The certificates and gifts will be presented by COL Matthew Myer and GCSM Jeremiah Larson.
- Commander's Certificate of Achievement signed by MG Gregory Anderson for category winners. Commanding General's Climb to Glory Service Award will be signed by MG Gregory Anderson for Installation Volunteer of the Year. The certificates will be presented by MG Gregory Anderson and Mrs. Lu Anderson will present the winners with gift bag.

***Suspense Date for
Nominations:***

15 March



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Salute to Life

Luis Marrupe, SPC

DoD National Marrow Donor Registry Recruiter
for 10th MNT DIV/Fort Drum and US Army
TRADOC

315-771-3666

luis.j.marrupegrueiro.mil@army.mil

Join the Registry



Scan to Register

Directly Save a Life

DoD National Marrow Registry Drive

DONATION METHODS

90%

STEM CELL DONATION

90% of all donations will be done through this method. This process is functionally identical to what is used when donating blood platelets for 5 days leading up to a PBSC donation, the donor will be given a drug called filgrastim to increase the number of blood-forming cells (also called blood stem cells) in your bloodstream. Blood is removed through a needle in one arm and passed through a machine that will collect only the blood-forming cells.

RECOVERY

Most donors can return to work, school and other activities within 3 to 5 days after donation. Side effects are mild flu like symptoms and aches.

10%

DIRECT MARROW EXTRACTION

This method constitutes only 10% of all donations. Only occurs if an infant is the recipient. A surgical procedure that takes place in a hospital operating room. Doctors use needles to withdraw liquid marrow (where the body's blood-forming cells are made) from both sides of the back of the pelvic bone. The donor will be given anesthesia and feel no pain during the donation. After donation, the liquid marrow is transported to the patient's location for transplant.

RECOVERY:

Most donors can return to work, school and other activities within 1 to 7 days after donation

DES
CPT. Cady

315-772-1057

morgan.p.cady.civ@army.mil

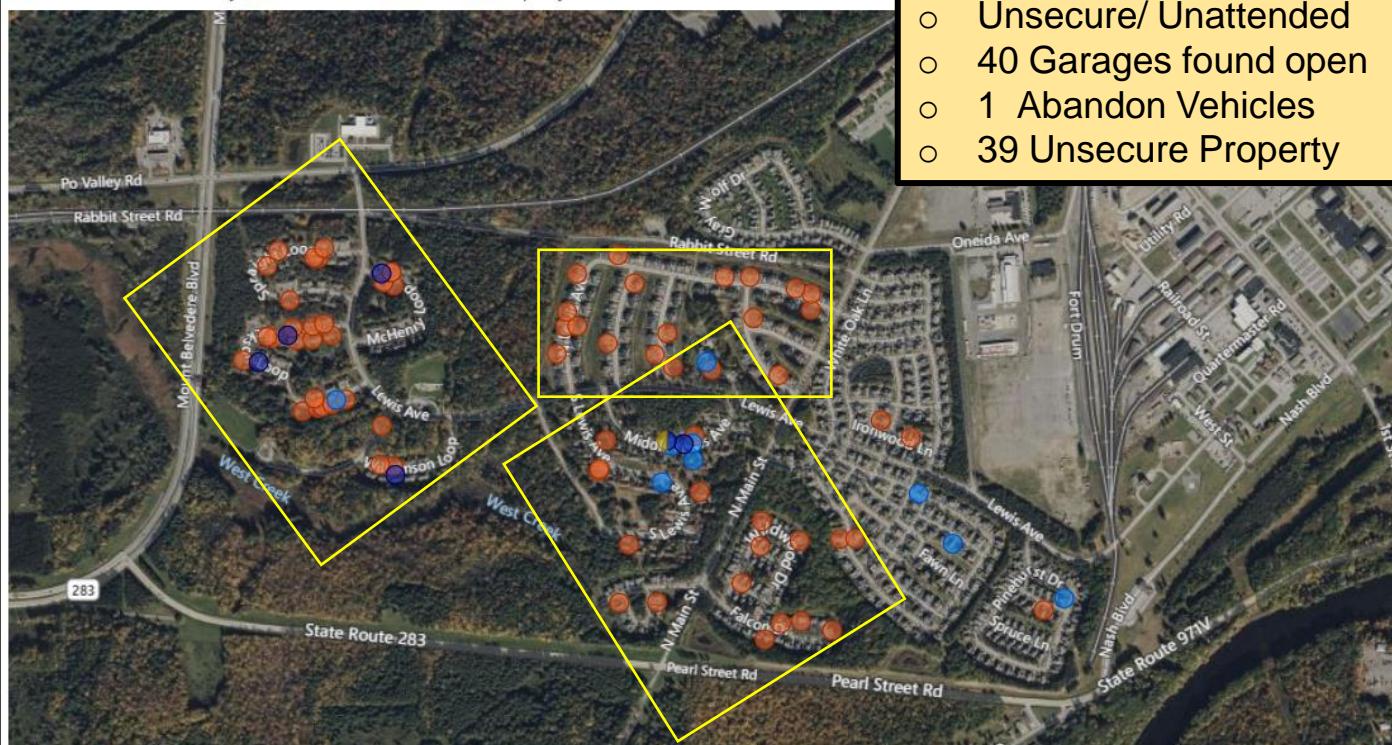


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Rhider Hills Housing Area

● Crime Prevention Survey ● Non-Criminal ● Person ● Property

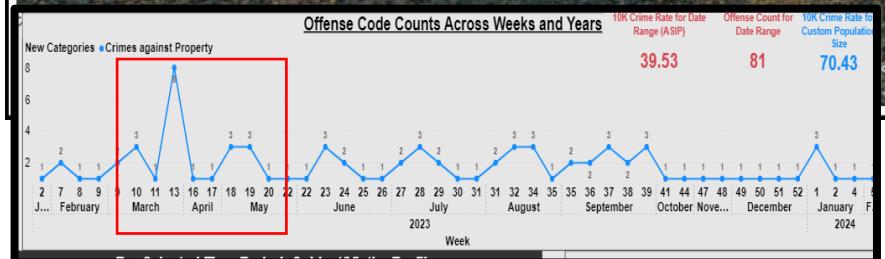


- Survey Observations:**
- Unsecure/ Unattended
- 40 Garages found open
- 1 Abandon Vehicles
- 39 Unsecure Property



TAKE A BITE OUT OF
CRIME®

Avoid
being a
victim





Spouses Connection - 2024 Dates

7 March

4 April

2 May

6 June



Connecting our Spouses with installation & community resources and
fostering their network of support.

Family Resource Center 11042 Mt Belvedere Blvd ** Kids are welcome!



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- [AAFES \(Army & Air Force Exchange Service\)- \(315\) 773-0061](#)
- [American Red Cross- \(315\) 772-6561](#)
- [Commissary- \(315\) 774-9130](#)
- [Directorate of Emergency Services \(DES\)- \(315\) 772-3547](#)
- [Directorate of Family and Morale, Welfare and Recreation \(DFMWR\)- \(315\) 772-6071](#)
- [Directorate of Human Resources \(DHR\) Business Office- \(315\) 772-5849 / 4688](#)
- [Directorate of Plans, Training, Mobilization and Security \(DPTMS\)- \(315\) 772-7288](#)
- [Directorate of Public Works \(DPW\) Director- \(315\) 774-5839](#)
- [Directorate of Resource Management \(DRM\) Director- \(315\) 772-3902](#)
- [Fort Drum MEDDAC Appointment Line- \(315\) 772-2778 / \(888\) 838-1303 guthrie.tricare.mil](#)
- [Fort Drum Mountain Community Homes- \(315\) 955-6644](#)
- [Housing Concerns Hotline \(315\) 772-6666, choose option 1](#)
- [Public Affairs Office \(PAO\) Director- \(315\) 772-8286](#)
- [Thrift Shop- \(315\) 772-7189](#)
- [USO \(United Services Organization\)- \(315\) 777-8006](#)



Questions?



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BETTER
*When you tell a
friend*

Next Community Information Exchange
April 3rd, 2024

Back-up Slides



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