

# **Community Information Exchange**

# All Presentations and Slides can be found at:



# Some of today's topics: -Upcoming Events -Employment -Safety -Winter Activities

drum.armymwr.com





Community Information Exchange

March 1st, 2023



# Agenda

### **Welcome/Administrative Notes**

**Guest Speakers / Presentations** 

COL Zacchino, Garrison Commander

Tom Wojcikowski, FAP, SFRD

Angel Carter, WIC

Scarlett Sharkey. RELO, SFRD

Kelly Bice, AFTB/AFAP

Dean Harrison, Ft. Drum Mountain Community Homes

Leon Donelson, Employment Readiness Program

Amanda Wells, Transition Assistance Program

Thea Sarver, AAFES

Joe Semones, Safety

CPT. Cady, DES

Ray Rainbolt, Natural Resources Branch

Kirk Davis, Family and Morale, Welfare and Recreation

Al Janssen, FMWR

Elene Nemergut, Child and Youth Services

Wendy O'Sullivan, School Support Services

LTC. DiCampli, MEDDAC OB/GYN

CPT. Ragonesi, Audiology

**Agency Updates / Questions** 

**Closing Remarks** 

Rich Stepanek, SFRD

COL Zacchino, Garrison Commander





# Thomas D. Wojcikowski Family Advocacy Program Soldier Family Readiness Division 315-772-2279

<u>Thomas.d.wojcikowski.civ@army.mil</u>





# **SFRD Mountain Wellness Month**

### **Mountain Wellness Month Events**

- March 24 FAP Pop in and Plant (Enrichment Center)
- April 1 Pig Shoot in partnership with FMWR Outdoor Rec
- April 3 Autism Acceptance & Awareness Day (Enrichment Center)
- April 5 ASAP virtual NARCAN Training
- April 6 Mountain Wellness 5K in partnership with FMWR Sports and Fitness
- April 7 EFMP Sensory Play Workshop (Enrichment Center)
- April 7 SHARP Open Mic Night with BOSS
- April 11 SFRD Car Show & Sensory Friendly Movie at the USO
- April 11 SHARP Proclamation Signing at Garrison Town Hall
- April 14 EFMP Bowling (Bowling Alley)









# April is...

Child Abuse Prevention Month – FAP Alcohol Awareness Month – ASAP Autism Awareness Month – EFMP Financial Literacy Month – FRP Sexual Assault Awareness and Prevention Month – SHARP

### **National Awareness Days**

\*Wear blue on these days for awareness April 2 – World Autism Day

April 7 – National Child Abuse Prevention Day





# **SFRD Mountain Wellness Month**



















# Women, Infant and Children (WIC) Angel Carter 315-782-9450

acarter@NoCoFamilyHealth.org





# Women, Infant and Children (WIC)

### Satellite WIC Office – Fort Drum SFRD, Enrichment Center



WIC will be on Fort Drum to provide their services to the community. They offer healthy food, nutrition education, and breastfeeding support to pregnant women and families with children up to five-years-old.

They will be here on the second and fourth
Thursday of the month from 9:00AM - 3:00PM.

Satellite Location: SFRD Enrichment Center 10262 4th Armored Division Dr.

Call or text (315) 782-9222 for more information

WALK-INS ARE WELCOME!
AT THIS LOCATION!





# Relocation Readiness Soldier & Family Readiness Division Scarlett Sharkey 315-772-6566

katie.s.sharkey.civ@army.mil





# **Relocation Readiness**



Open to all women: Soldiers, Family Members, DOD civilians.



### Workshops:

- Smart Women, Smart Women
- Beauty Academy
- Becoming Sleep Smart
- Exorcise Your Self-Doubt
- Breakfast Bites
- Stress Management
- Delectable Desserts
- Empowering Women



QR Code to register.



## Fort Drum Relocation Readiness and USO Fort Drum present

# Women's Summit 2023

March 8th 2023

9:00 AM - 12:00 PM

# "Reaching Your Summit"

Celebrate International Women's Day with a series of workshops designed to educate, entertain, and help you reach your summit.







# **Relocation Readiness**



# Spouses Social







# Soldier & Family Readiness Division Army Family Team Building Army Family Action Plan Kelly Bice 315-772-6710

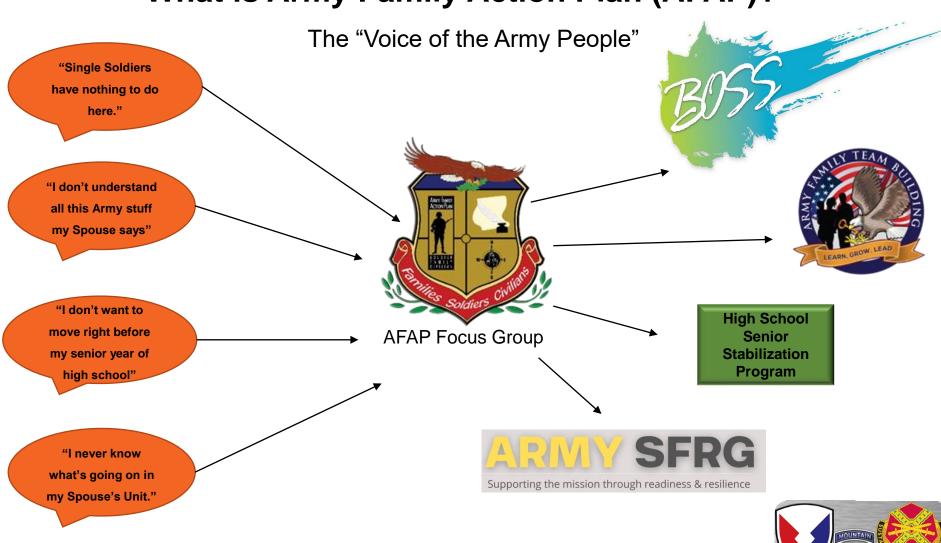
kelly.m.bice.civ@army.mil





# **ARMY FAMILY ACTION PLAN – BE THE CHANGE**

# What is Army Family Action Plan (AFAP)?





# **ARMY FAMILY ACTION PLAN – BE THE CHANGE**

# How does the process work?

AFAP
"BE THE CHANGE"
FOCUS GROUP







SUGGESTIONS, IDEAS, COMPLAINTS from Soldiers, Family Members, Retirees, and DOD Civilians



### **SOLUTIONS**

- New or improved programs
- Changes to current policies
  - New laws





# ARMY FAMILY TEAM BUILDING

AFTB \*\* LEARN \*\* GROW \*\* LEAD \*\*

### **CLASS CHANGES – STARTING IN MARCH!**



AFTB Level I – Military Knowledge
\*\* LEARN \*\*

- First Tuesday of the month @ FRC
- Fourth Tuesday of the month @ a Mountain Community Homes Community Center

AFTB Level II – Personal Growth & Resiliency

\*\* GROW \*\*

- Second Tuesday/Wednesday of the month.
  - ❖ Day 1 Block B/A
  - ❖ Day 2 Block D/C

AFTB Level III – Leadership

\*\* LEAD\*\*

- Third Tuesday/Wednesday of the month.
  - ❖ Day 1 Block B/A
  - ❖ Day 2 Block D/C

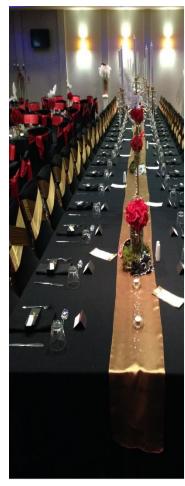




# **ARMY FAMILY TEAM BUILDING**

### **MARCH EVENTS**





Army Family Team Building
Formal Functions
Made Easy

\*\*\*\*

On-Demand Classes are available for the upcoming Ball Season!

Let AFTB help your Soldier's Dates master the DO's and Don'ts of a formal Military Function!

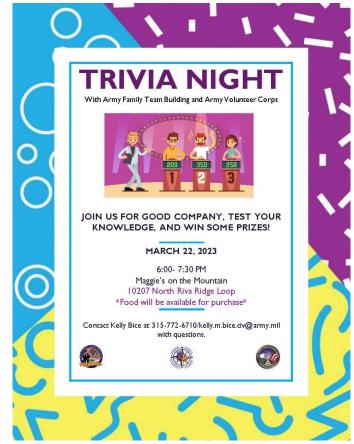
The formal function class

- addresses:
  Traditions, Customs & Courtesies
  - Invitations
  - · What to Wear
- · Procedure of a forma function
  - Receiving Line
  - Place Settings

To schedule a class contact AFTB @ kelly.m.bice.civ@army.mil









# Fort Drum Mountain Community Homes Dean Harrison 315-955-6800

dean.harrison@fdmch.com



# Join your digital neighborhood with the NEW Lendlease US Communities app

# **NOW AVAILABLE!**





# Download the Lendlease US Communities app today!











# Scholarship Opportunity for Residents

# 2023 Scholarship Program



Scan the QR code to apply!



# SPIRII WEEK

MARCH 13-17

WEDNESDAY **THURSDAY** MONDAY **TUESDAY FRIDAY** SCHOOL **10TH** RED, **JERSEY** GREEN WHITE & MOUNTAIN **SPIRIT** DAY DAY **BLUE DAY** DAY DAY





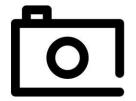




# PawParazzi

# PHOTO CONTEST

Think your pet has what it takes? Grab your camera, your pet and get creative!



photos by
March 17. Submit your March 17.







# PAINT & SIP **PARTY**

Find your inner Picasso as you paint, snack and have fun.

**TUESDAY, MARCH 21ST** 

5:30-8:00PM | MONUMENT RIDGE **COMMUNITY CENTER** 

Visit our Facebook Page to register. ADULTS ONLY.





www.fortdrummch.com

\*Exclusive event for Residents of Mountain Community Homes.





# Fort Drum **Employment Readiness** Program Leon Donelson 315-772-1090



Leon.n.Donelson.civ@army.mil





# **Employment Readiness Program**

## **Employment Services and Resources**

**Workshops and Seminars** 

Federal Employment Workshop - educates jobseekers on the federal employment system

Resume Start to Finish – development of civilian resumes for private sector careers

 Interview & Career Fair Preparation – how to best prepare for interviews, career fairs, and other networking events

• LinkedIn Seminar – the basics of LinkedIn, the world's largest professional networking platform

### One-on-one assistance and services:

- Resume & cover letter writing assistance
- Job search assistance and counseling
- Interview preparation & mock interviews
- One on one Career counseling.
- Home Based Business (HBB) program



### ERP is aligned under the Fort Drum - TAP umbrella of services.

- Military Spouse focused (also assisting transitioning service members and veterans)
- NYS License Renewal/Transfer
- Local area job boards

### **ERP Outreach Events:**

- Post Exchange Information Tables March 7<sup>th</sup> & 21<sup>st</sup>, 10am-2pm (By Starbucks in the food court)
- Key To Connections Information Tables March 9<sup>th</sup> & 23<sup>rd</sup>, 1pm 2pm (Nash Gym)

Please call or send an email for an appointment or to sign up for any of our scheduled classes:

Fran Lueders
Program Specialist
frances.t.lueders.civ@army.mil
315-772-6894

Leticia Zielinski Transition Services Specialist/Outreach leticia.zielinski.civ@army.mil 315-772-7581 Tina James
Program Educator
ernestine.b.james.ctr@army.mil
315-772-4767

\*\*\*Please follow us on Facebook & LinkedIn @ Fort Drum Employment Readiness Program! We post hot jobs and employment relevant resources daily.\*\*\*





# Transition Assistance Program Amanda Wells 315-772-3237

Amanda.l.wells21.civ@army.mil





# Transition Assistance Program

## **Upcoming Events**



### **Upcoming Events**

- 1. March 7, 2023
  - a. Real Estate Home Buying & Selling Seminar
  - b. Real Estate Industry Seminar
- 2. Rochester Relocation Experience Brief
  - a. March 30, 2023





# AAFES Thea Sarver 315-773-5631

sarvert@aafes.com







## Hours of operation:

Monday – Friday 0800-1900 **Saturday 0900-1900** 

Sunday 0900-1800

Located next to Gamestop near the Food Court







It's a good morning and we've got some good news!

Your Fort Drum Starbucks has received the update you all have been waiting for!

# Now you can skip the line and sip the deals with the new mobile order addition

Your Fort Drum Starbucks now is available to place orders on your app. Redeem stars and indulge in those delicious deals and steals. We know it's been a long time coming and we appreciate your patience. We can't wait to enhance your visit even more.

We love our valued customers a latte!













# CONNECT, FIND, SHOP, PLAY ON THE DIGITAL GARRISON APP

# **DOWNLOAD TODAY!**

Everything you need at your finger-tips to connect with your Army Community.















The best place for weather closure updates, as well as special hours ran during DONSA and holidays at all Exchange locations.





# Safety Joe Semones 315-772-4674

joseph.f.semones.civ@army.mil





# **Unexploded Ordnance**

# 3Rs (Recognize, Retreat, Report) Explosives Safety Program (3Rs Program)

Developed to educate Soldiers, Family members, Civilians, Contractors and communities about the potential hazards of military ammunition / explosives and what to do if they are encountered.

When you think you may have encountered a UXO (do not touch, move or disturb it), call Fort Drum 911 center, Mountain Operation Center (MOC) (315)772-6324 or Range Control (315)772-7152.

Resources are available on the 3Rs Website (<a href="https://3Rs.mil">https://3Rs.mil</a>) or by calling the Safety Office at (315)772-4674/772-0310.









# **Unexploded Ordnance**

# **3Rs Program**

Items could include but not limited to the following (see photos below):

DON'T TOUCH, PICKUP OR DISTURB....MAKE THE CALL.





























# DES Law Enforcement Cpt Morgan Cady 315-772-1057

Morgan.p.cady.civ@army.mil





# **NY State Attorney General Info**

### Information shared via the Garrison AFDCB

# ALERT REGARDING:



# TO ALL SERVICEMEMBERS OR PRIOR SERVICE

IMPORTANT: You May be One of the Over 46,000 Consumers Eligible for a CASH Refund from Harris Jewelry/CACUSA

Because of a recent settlement with the Federal Trade Commission and a group of State Attorneys General,\* any Harris consumer is likely eligible for a refund from Harris Jewelry. You may be able to get a full refund of the amount you paid for a Lifetime Jewelry and Watch Protection Plan. YOU MAY NOT KNOW THAT YOU PURCHASED THIS PROTECTION PLAN, SO APPLY FOR A REFUND NO MATTER WHAT. Also, if you had an outstanding debt to Harris/CACUSA, you don't have to make any more payments. Your account balance is now \$0. All negative consumer reports are also erased, and if a judgment was taken against you, contact your state attorney general to have it eliminated.

Don't wait, apply for your refund now. Go to www.harrisjewelry.com and enter your name and contact information.

To learn more about the settlement, call your State Attorney General, read the Federal Trade Commission's <u>press release</u> or call the New York State Attorney General's Office at (315) 523-6080. THIS APPLIES TO CONSUMERS LOCATED ANYWHERE.

\* The Attorneys General of the states of California, Connecticut, Delaware, Florida, Georgia, Idaho, Illinois, Iowa, Kansas, Louisiana, Maryland, Newada, New York, North Carolina, Pennsylvania, Virginia, Washington, and the Hawaii Office of Consumer Protection ("State Attorneys General").

The NY State AG office has also recently settled a lawsuit with the, Petzone (pet store located at the Salmon Run Mall) regarding the sale of Pets that had health issues. The claims process for people affected by the Petzone case has not gone live as of yet but will be soon. If you purchased a pet from the store that had health issues please contact the Assistant Attorney General in Watertown at:

315-523-6080 or Consumerfrauds.watertown@ag.ny.gov





# DPWNatural Resources Branch Raymond Rainbolt 315-212-6397

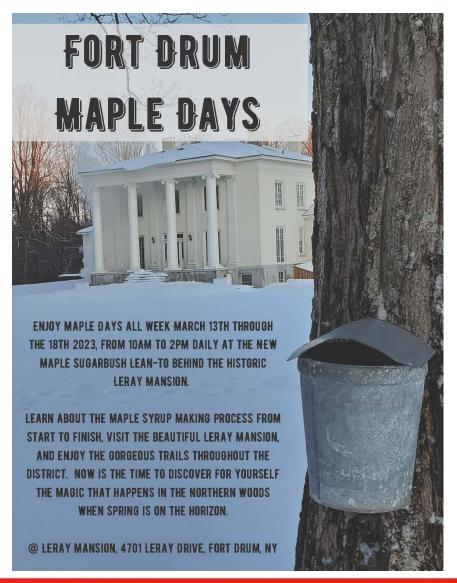
Raymond.E.Rainbolt.civ@army.mil



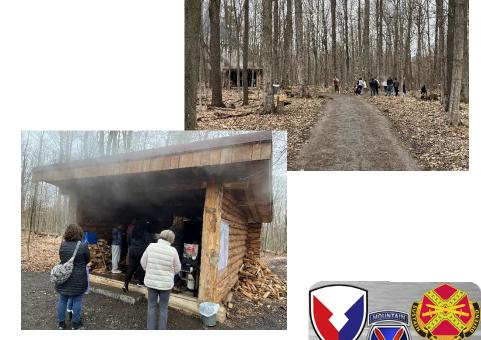


#### **DPW Natural Resources Events**

#### MAPLE DAYS



Monday, March13 -Saturday, March 18 1000 - 1400 LeRay Mansion





#### **DPW Natural Resources Events**

#### YOUTH FISHING DERBY

Saturday, May 20 1200 – 1600 Remington Park





#### **DPW Natural Resources Events**

#### **OUTDOOR ADVENTURE DAY**

Saturday, August 19 1000 – 1600 Natural Resources Outreach Facility / Fort Drum Museum







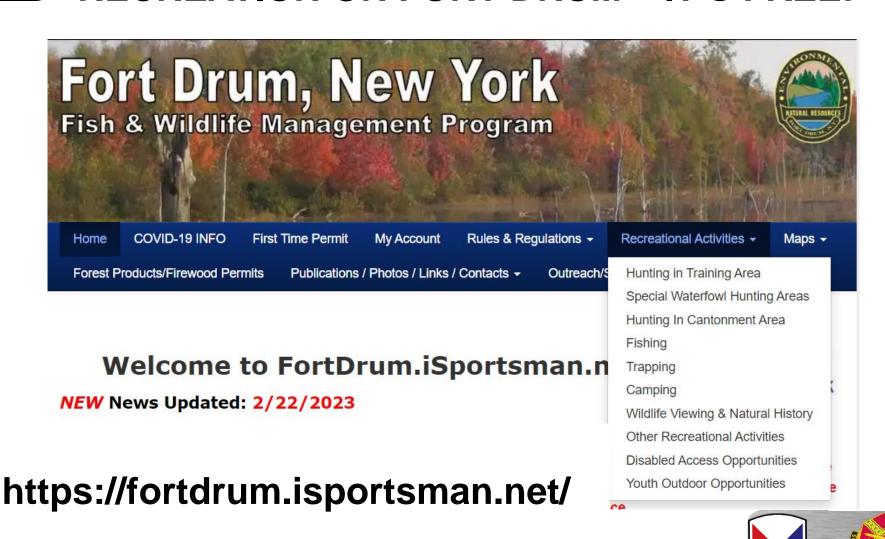






#### **DPW Natural Resources Events & Recreation**

#### **RECREATION ON FORT DRUM – IT'S FREE!**





## Directorate of Family and Morale, Welfare and Recreation (DFMWR) Kirk Davis 315-772-0789

kirk.c.davis5.naf@army.mil





#### **Dates to Remember - FMWR**

#### March 2023

3/2	Adult Swim Lessons	5:00 p.m.	BOSS
3/2	Volleyball League	6:00 p.m.	Sports, Fitness & Aquatics
3/3	Guided Snowmobile Ride	8:00 a.m.	Outdoor Recreation
3/4	Volunteering SPCA	11:00 a.m.	BOSS
3/5	Rocket League	2:00 p.m.	BOSS
3/8	International Women's 5K	7:00 a.m.	BOSS/SFA
3/9	Facing the Board	5:00 p.m.	BOSS
3/10	Titus Mountain	9:00 a.m.	<b>Outdoor Recreation</b>
3/11	CPR- First Aid Class	8:00 a.m.	BOSS
3/11	<b>Bubble Soccer Tournament</b>	9:00 a.m.	Sports, Fitness & Aquatics
3/12	HALO Tournament	2:00 p.m.	BOSS
3/14	Lifeguard Training	4:30 p.m.	BOSS
3/18	Maple Days	9:00 a.m.	Special Events
3/18	Volunteering SPCA	11:00 a.m.	BOSS
3/19	Axe Throwing Tournament	1:00 p.m.	BOSS
3/25	Wonderworks Trip	9:00 a.m.	Outdoor Recreation
3/25	Lifeguard Training	6:30 p.m.	BOSS
3/28	Lifeguard Training	6:30 p.m.	BOSS
3/30	Lifeguard Training	6:30 p.m.	BOSS
3/31	Casino Night	5:00 p.m.	BOSS
	-	•	







#### **Dates to Remember - FMWR**

#### April 2023

4/1	Pig Shoot	8:00 a.m.	Outdoor Recreation
4/4	Basketball League Begins	6:00 p.m.	Sports, Fitness and Aquatics
4/5	Magic Gathering	4:30 p.m.	BOSS
4/6 & 7	Driving Course	12:00 p.m.	BOSS
4/6	Facing the Board	5:00 p.m.	BOSS
4/7	Easter Egg Hunt	10:00 a.m.	McEwen Library
4/7	Open Mic Night	6:00 p.m.	BOSS
4/8	Yoga & Meditation	10:00 a.m.	BOSS
4/8	SPCA Volunteering	11:00 a.m.	BOSS
4/9	Pool Tournament	2:00 p.m.	BOSS
4/10	Red Cross Blood Drive	12:00 p.m.	BOSS
4/11-13	BOSS Conference	8:00 a.m.	BOSS
4/14	Driving Course	12:00 p.m.	BOSS
4/15	Dodgeball Tournament	9:00 a.m.	Sports, Fitness and Aquatics
4/15	Rosamond Gifford Zoo	9:00 a.m.	Outdoor Recreation
4/15	FIFA Tournament	4:00 p.m.	BOSS
4/18	3D Printing Class	5:00 p.m.	BOSS
4/20 & 21Driving Course		12:00	BOSS
4/22	Cascades Indoor Water Park	8:00 a.m.	Outdoor Recreation
4/22	Volleyball Tournament	9:00 a.m.	Sports, Fitness and Aquatics
4/22	Yoga & Meditation	10:00 a.m.	BOSS
4/22	SPCA Volunteer	11:00 a.m.	BOSS
4/23	Ping Pong Tournament	2:00 p.m.	BOSS
4/26	Financial Class	1:00 p.m.	BOSS
4/27	Driving Course	12:00 p.m.	BOSS
4/28	Ultimate Frisbee Tournament	6:00 p.m.	Sports, Fitness and Aquatics
4/29	Mountain Bike Ride	9:00 a.m.	Outdoor Recreation





# Family and Morale, Welfare and Recreation Al Janssen 315-772-7864

allen.y.janssen.naf@army.mil







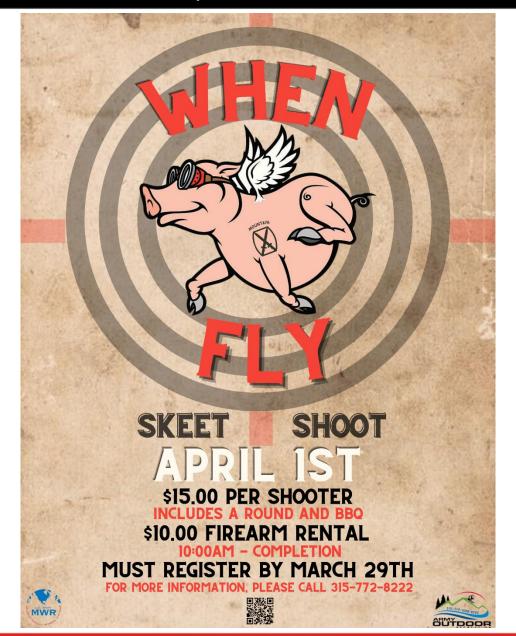


















### Easter **EGG HUNT**

Find a Golden Egg to get a Special Prize! **Play Games!** Easter baskets are optional.

Areas will be set for different age groups! call: 315-772-9099 for more info.

Friday, April, 7th HUNT -11:30Am

EGG 10 Am





























## Child and Youth Services Elene Nemergut 315-772-8675

elene.m.Nemergut.naf@army.mil





#### Fort Drum Child and Youth Services

#### Youth Sports and Fitness

#### Baseball League

Registration: February 6 - May 9 | Season: May 9 - June 22

- Ages 4 6: T-Ball Tuesdays and Thursdays at 5:30 p.m.
- Ages 7 9: Grasshopper Tuesdays and Thursdays at 5:30 p.m.
- \$45 per child

Registration: February 6 – May 1 | Season: April 12 – June 30

- Ages 10 12: Pee Wee Competitive Travel League Mondays, Wednesdays and Fridays at 5:30 p.m.
- \$45 per child



Registration: February 6 - May 8 | Season: May 8 - June 26

- Ages 4 5: Mondays at 5:30 p.m. \$25 per child
- Ages 6 13: Mondays and Wednesdays at 5:30 p.m. \$45 per child

#### Flag Football

Registration: February 6 - May 5 | Season: May 5 – June 23

- Ages 6 8: Fridays at 5:30 p.m.
- Ages 9 13: Fridays at 5:30 p.m.
- \$45 per child

#### CYS Bowling League

Registration: February 6 – April 15 | Season: April 5 - April 26

- Ages 7 10: Wednesdays at 5:30 p.m.
- Ages 11 15: Wednesdays at 5:30 p.m.
- \$60 per child





For more information, please visit https://drum.armymwr.com/programs/youth-sports-and-fitness-program

POC Tania Spann, 315-772- 4102





#### Fort Drum Child and Youth Services



#### **YOUTH CENTER**

10788 Chapel Drive, Fort Drum, NY 13602

#### **HIRING FOR (but not limited to):**

Child and Youth Program Assistant (CYPA)

- Benefited positions
- \$500 Recruitment Bonus
- 50% discounted Child Care
- Commissary Privileges

#### INTERVIEWS

8 A.M. TO

11 A.M.

Set up your USAJobs.gov profile and pre-apply online for the listed openings.

Applicants present at the Hiring Event receive first consideration.

### APPLY ONLINE AT USAJOBS.GOV

Questions? Call Child Youth Services at 315-772-6715

#### WHAT TO BRING

Transcripts, diploma, and/or certificates listed in the announcement

Government ID (Driver's license, state-issued ID, Military Dependent ID, etc.)

Social Security Card

Optional Documents to support a claimed priority/preference (military spouse, veteran, etc.)





#### Fort Drum Child and Youth Services

#### Youth Services: Middle School/Teen Program







- MARCH SPECIAL SATURDAY OPENING March Madness March 18, 4:00 p.m. 8:00 p.m. Join us to celebrate March Madness with sports themed activities featuring a basketball tournament and so much more!
- SAT Preparation Program March 8-10, 5:30 p.m. 6:30 pm Join us to participate in various SAT skill building activities and answer practice SAT questions. Get assistance in any subjects necessary from our homework lead.
- YOUTH SPONSORSHIP ORIENTATION March 14, 5:00 p.m. –7:00 p.m. As a youth sponsor, you get to identify, meet and help youth coming from other places. You provide them with a warm welcome, information, a tour of the community/program and a chance at friendship. To learn more about youth sponsorship and how to become one, please join us at our orientation.
- APRIL SPECIAL SATURDAY OPENING Month of the Military Child April 1, 4:00 p.m. 8:00 p.m. Join us as we honor our Youth. April is all about our Military Children, so let's celebrate!
- Babysitting Course April 11 13, 2:00 p.m. 5:00 p.m. DATE CHANGED Limited to 12 participants (minimum of 5 must be signed up for class to run). By attending all three days, you will become certified in CPR and First Aid, as well as learn valuable information about caring for children. This course is required to be a certified babysitter on Fort Drum. You must be at least 12 to sign up. Youth 13 and older can be placed on the Fort Drum Babysitter's list once the course is successfully completed. Sign up online at WEBTRAC or via phone through Parent Central Services at 315-772-8675.

POC: Steve Ferguson, YC Director 315-772-6719





## School Liaison Wendy O'Sullivan 315-772-3214

ena.w.osullivan.naf@army.mil

#### Fort Drum School Support Services







#### **SLO: Updates and Reminders**

#### IRCSD Early Dismissal Times for 16 & 17 MAR 2023

- Students in Grades 6-12 will be dismissed at approximately10:30AM.
- Students in Grades K-5 will be dismissed at approximately 12:00PM.

#### **CCSD**

- ½ Days for all Elementary Students: 16 MAR 2023
- 17 MAR is now a full day of student instruction
- Pre-K Kinder Survey: scan QR code for flyer/access to survey

#### **Kinder Readiness**

- CYS Pre-K parent workshops, dates TBD
- Workshops for non-CYS parents, dates TBD
- Children turning 5 by 1 DEC 2023 are Kinder eligible for 2023-24 SY.

#### **April is Month of the Military Child (MOMC)**

NYSED webpage for resources/upload stories

#### 4-H Medieval Program for Army Youth

- Army connected youth ages 8-12
- Priority given to Youth of Wounded Warriors,
   Gold Star Families, Active-Duty Soldiers.
- 35\$ registration fee, Scan QR code to register



Survey ends 31 MAR 21



N 1 SED WOWL



**Camp Registration** 





## Fort Drum OB/GYN LTC Elizabeth DiCampli Certified Nurse Midwife 315-779-4390

Elizabeth.a.Dicampli.mil @health.mil





## CENTERING PREGNANCY

- 10 group prenatal visits
- Bonus Postpartum Reunion
- Each session includes exam and educational material
- Group includes 8-12 women due in the same month
- Partners are encouraged!





## Proven Benefits of Centering

- Lower rates of preterm birth
- Lower rates of cesarean section
- Increased rates of Breastfeeding
- Improvement in healthy weight gain and return to postpartum weight
- Higher rates of patient self confidence and learning
- Decreased rates of depression
- Built in social support group



## **Centering**Pregnancy



#### **Enrollment**





- ✓ Newly pregnant patients can request enrollment at the OBGYN clinic
- √ Patients can be added to groups that have started
- √The full centering schedule is provided at enrollment for ease of planning
- ✓ If you PCS, you can join another group at your next duty station
- ✓ Centering will soon become the standard care for all Active Duty



#### **Fort Drum OBGYN Clinic**

Located at Samaritan
Hospital, 826 Washington St.
Suite 104 and 202

Appointments can be made by calling:

315-785-4624











## Fort Drum Audiology & Army Hearing Program Clinic CPT Marisa Ragonesi 315-774-6419

marisa.l.ragonesi.mil@health.mil





#### **Mission**

To prevent hearing loss, diagnose and treat hearing disorders, increase Soldier survivability, enhancing Soldier lethality, and promoting hearing readiness as a combat multiplier.







#### **Hours of Operations**

**Who: Active-duty Personnel Only** 

**Location: Clark Hall, suite: A1-75** 

(10720 Mt Belvedere Blvd., Fort Drum, NY)

**Hours: Monday – Friday** 

AM: 0900-1200 (Last group seen at 1115).

PM: 1230-1530 (Last group seen at 1445).

\*\*Closed on weekends and Federal Holidays\*\*

 Only same day walk-in slots available. Sign-ups start at 0900 and will be filled on a first come, first served basis.
 No appointment necessary





#### When services will be unavailable or limited

- ✓ Every Wednesday due to Follow-up testing.
- ✓ Unit SRP/RSRP rodeos.
- ✓ Unforeseen technical issues or staffing shortage.
- ✓ Signage will be posted to communicate reduction in services and services available on that day.





#### **Services**

#### ✓ Active Duty

- Annual/deployment/school/retirement audiograms, fitness for duty evaluations, comprehensive audiological evaluations, and hearing aid services are available.
- Tinnitus (ringing in the ears) management services are available but require a consult from their Primary Care Manager.

#### ✓ Beneficiaries

 TRICARE East/Humana covers diagnostic evaluations and hearing aids but a referral from your Primary Care Manager is required.

#### **√**Retirees

 Diagnostic evaluations and hearing aid services are available through their local VA Audiology clinic.





### Questions or concerns?

Please contact
Fort Drum Audiology & Army Hearing Program Clinic OIC:

CPT Marisa Ragonesi

315-774-6419 marisa.l.ragonesi.mil@health.mil





## Directorate & Agency Updates





#### **Directorates & Agencies**

- > AAFES (Army & Air Force Exchange Service)- (315) 773-0061
- > American Red Cross- (315) 772-6561
- **Commissary- (315) 774-9130 →**
- ➤ <u>Directorate of Emergency Services (DES)- (315) 772-3547</u>
- ➤ Directorate of Family and Morale, Welfare and Recreation (DFMWR)- (315) 772-6071
- ➤ <u>Directorate of Human Resources (DHR) Business Office- (315) 772-5849 / 4688</u>
- > Directorate of Plans, Training, Mobilization and Security (DPTMS)- (315) 772-7288
- ➤ <u>Directorate of Public Works (DPW) Director- (315) 774-5839</u>
- ➤ <u>Directorate of Resource Management (DRM) Director- (315) 772-3902</u>
- Fort Drum Mountain Community Homes- (315) 955-6644
- ► Housing Concerns Hotline (315) 772-6666, choose option 1
- ➤ Public Affairs Office (PAO) Director- (315) 772-8286
- > Thrift Shop- (315) 772-7189
- ➤ USO (United Services Organization)- (315) 777-8006





## Questions?





# BETTER When you tell a friend

Next Community Information Exchange April 5th, 2023





### Thank you for attending.

All Presentations and Slides can be found at:



#### **March Topics:**

-Upcoming Events
-Mountain Wellness Month

If you would like to provide information for CIE, please email:

richard.m.stepanek.civ@army.mil





## Additional Information & Resources

