




















































Family Information and Resources









Community Resources: Locate help with rent, utilities, family support and food

Army Community Services (ACS) Information and Referral - THINK ACS FIRST-
315-772-ACS1 or 315-772-6556/6557/6799
<https://www.facebook.com/FtDrumACS/>
<https://drum.armymwr.com/>

Table of Contents

| | |
|--|-----|
| Army Community Service (ACS) Army Emergency Relief (AER)   | 1 |
| ACS Employment Readiness Program (ERP)   | 1 |
| ACS Family Advocacy Program (FAP)   | 1 |
| ACS Financial Readiness Program (FRP)    | 2 |
| ACS Information and Referral Program (I&R)   | 2 |
| American Red Cross of Northern New York   | 2 |
| Catholic Charities   | 3 |
| Community Action Planning Council - Family Center     | 3 |
| Critical Needs Program   | 3 |
| Fort Drum American Red Cross  | 3-4 |
| HEARTH Program    | 4 |
| Housing Assistance Program of Jefferson-Lewis Counties  | 4 |
| Jefferson County Department of Social Services     | 4 |
| Mobile Crisis Services  | 4-5 |
| Neighbors of Watertown, Inc  | 5 |
| North Country Family Health Center (WIC Program)   | 5 |
| Salvation Army (Watertown)    | 5 |
| Ready to Work  | 5-6 |
| Summer Meals NY  | 6 |
| Supplemental Nutrition Assistance Program (SNAP)  | 6 |
| Veterans Outreach Center      | 7 |
| Watertown Urban Mission      | 7 |
| Thrift Stores  | 8 |
| Food Pantry listing  | 9 |
| Notes Page | 10 |

| | | | |
|---|---|--|--|
|  Food |  Government ID Required |  Financial assistance |  Employment |
|  Rent Assistance |  Utility Bill Assistance |  Family/Individual Support | |

Army Community Service (ACS) Army Emergency Relief (AER) - Provides no interest loans and/or grants for verifiable emergency needs to assist with rent/mortgage, utilities/deposits, food, dental/medical, emergency travel, travel fund for relocation, permanent change of station (PCS), funeral expenses, vehicle repair, replacement vehicle, cranial helmets, essential furniture, car seats, repair/replacement of basic appliances and minor home repairs. Application available at ACS, 1780 Restore Hope Avenue, Fort Drum. *Military or CAC ID Required

Address: 435A MWR Drive
Fort Drum, NY 13602

Contact Data: (315) 772-6560 After Hours: 1-877-272-7337
Business Hours: M-F 7:30-4:30
<https://www.facebook.com/FortDrumArmyEmergencyRelief/>

ACS Employment Readiness Program (ERP) - The program offers a series of career development supports to enhance the job searching experience in the areas of familiarization with the federal employment system, resume from start to finish, career portfolio development, interviewing techniques, building your own business concepts, weekly job banks, job search assistance, career development and computer lab with internet access. The Army knows that employment is one of the most significant issues for Military Families. Therefore, the goal of the Fort Drum ACS Employment Readiness Program is to assist Families with their job search particularly as they are impacted by such a mobile lifestyle. *Military or CAC ID Required

Address: P-11042 Mt. Belvedere Blvd
Fort Drum, NY 13602

Contact Data: (315) 772-5196
Business Hours: M-F 7:30-4:30
<https://www.facebook.com/fortdrumemployment/>

ACS Family Advocacy Program (FAP) - Provides support services, training, education and crisis intervention to Soldiers and their Family Members. Support systems are key and essential to strong, sufficient Families. Services include Victim advocacy support services, child safety and education, stress management, anger management, new parent support home visits, parenting education and classes, baby bundles, life skills, healthy relationship supports and FAP can fund short term child care on a case by case basis. *Military or CAC ID Required

Address: 1780 Restore Hope Avenue
Fort Drum, NY 13602

Contact Data: (315) 772-6556
Business Hours: M-F 7:30-4:30
<https://www.facebook.com/FTdrumFAP/>

ACS Financial Readiness Program (FRP) - Provides financial planning, budget and debt management and credit counselling to support Soldiers, Families and Civilians in building wealth one budget at a time. The program offers a series of financial development supports in the areas of Budget Development and Record Keeping, Budgeting for Your Goals, Improving Your Credit, Managing Your Checking Accounts, Home Buying, Car Buying, Insurance Basics, Prevent Identity Theft and Avoid Scams, TSP: Investing in Your Future, Consumer Rights and Obligations, Blended Retirement, Financial Readiness for First Term Junior Enlisted Soldiers, Financial Planning for Initial Permanent Change of Station (PCS) Move, and Credit Report Reviews to assist Soldiers and their Families with financial affairs. *Military or CAC ID Required

Address: 435A MWR Drive
Fort Drum NY 13602

Contact Data: (315) 772-5196
Business Hours: M-F 8:30-4:30
<https://www.facebook.com/FortDrumFinancialRediness/>

ACS Information and Referral Program (I&R) - Serves as a centralized point of contact for information and referral to a comprehensive network of internal and external agencies, services and programs to assist Soldiers, Families, DoD Civilians and retirees in meeting their basic needs and improving their quality of life. Individual and Family assessments are conducted to ensure appropriate assistance and referrals are provided. ACS I&R maintains an extensive resource file of local, public, private and voluntary agencies and organizations to assist individuals and families with the support needed. In addition, ACS I&R serves as the central distribution point for all ACS information, events and activities. *Military or CAC ID Required

Address: 1780 Restore Hope Avenue
Fort Drum, NY 13602

Contact Data: (315) 772-6799
Business Hours: M-F 7:30-4:30
<https://www.facebook.com/FtDrumACS/>

American Red Cross of Northern New York - Provides support and assistance in the face of an emergency. Mental Health Case Workers also provide assistance to disaster clients and educate on how to be prepared for every emergency.

Address: 203 North Hamilton Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-4410
Business Hours: M-F 9:00am-4:30pm
www.redcrossnny.org/cny

Catholic Charities - Jefferson/Lewis: Provides a number of services including counseling, financial assistance, life skills education, parenting assistance, volunteer development, neighborhood development, and general human services information & referral.

Address: 145 Clinton Street
Watertown, NY 13601

Contact Data: Watertown: (315) 788-4330 or Lowville: (315) 376-4141
Business Hours: M-Th 8:30-4:30, W 8:30-8:00, F 8:30-12
www.cathcharities.org

Community Action Planning Council - Family Center - Emergency and ongoing services, food pantry, referrals, assistance with rent and utilities, health insurance, food stamps, Even Start, and Family Development Credential. Food Pantry hours: Tues-Wed 9-12, 1-2 and Fri 1-4. *Income verification required for some services

Address: 518 Davidson Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-4900
Business Hours: M-F 8:00-12:00, 1:00-5:00
<http://www.capcjc.org/>

Critical Needs Program - The Critical Needs Program provides emergency assistance to individuals and families in need. It is a safety net in our community to help fill in the gaps for struggling individuals and families. If you are in a difficult spot in your life and don't know where else to turn, the Critical Needs Program may be able to help you, by advocating for you or providing you with some simple items to get you through.

Address: 247 Factory Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-8440
Business Hours: M-F 8:30am-12pm & 1pm-4:30pm
www.watertownurbanmission.com

Fort Drum American Red Cross - Provides support and assistance in the face of an emergency. Mental Health Case Workers also provide assistance to disaster clients and educate on how to be prepared for every emergency.

Address: 435A MWR Drive
Fort Drum, NY 13601

Contact Data: Watertown: (315) 772-6561
Business Hours: M-F 7:30am-4:30pm
www.redcrossnny.org/cny

HEARTH Program - Provides rental and utility bill assistance, emergency vouchers, money to pay for security deposits, moving costs, and landlord-tenant dispute resolution. They will also provide help to people so they can find affordable housing for households at or below 50 percent of median income in each of the three counties of New York. *Income verification required for some services

Address: 250 Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: (315) 785-3000
Business Hours: M-F 9:00-5:00 July & August: M-F 8:30-4:00
www.co.jefferson.ny.us

Housing Assistance Program of Jefferson-Lewis Counties - Provides rental assistance to low income families in Jefferson County. *Income verification required for some services

Address: 749 LeRay Street
Watertown, NY 13601

Contact Data: Phone: (315) 788-0193
Business Hours: M-F 8:00-4:00
www.lewiscountyopportunities.com/housing_assistance.htm

Jefferson County Department of Social Services - Oversees Children's Services, Financial Programs (eg. Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance, Childcare Assistance, Home Energy Assistance Program (HEAP), Medicaid, Adult Protective Services, and Child Support. Can apply online at www.mybenefits.ny.gov . *Income verification required for some services

Address: 250 Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: (315) 785-3000
Business Hours: M-F 9:00-5:00 July & August: M-F 8:30-4:00
www.co.jefferson.ny.us

Mobile Crisis Services - Crisis intervention program offered to residents of Jefferson County and Fort Drum. Services are free of charge, are confidential and can be anonymous. Primary objectives are to listen, assess the crisis, assist with problem solving, and referral.

Address: 253 State St.
Watertown, NY 13601

Contact Data: Watertown: (315) 782-2327
Business Hours: 24 hour intervention service
www.tlsnny.com

Neighbors of Watertown, Inc. - Provides affordable rental units, housing rehabilitation programs, and offers first time homebuyers assistance. Also offering homebuyer education courses and rental rehabilitation programs for families in the North Country. *Income verification required for some services

Address: 112 Franklin Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-8497
Business Hours: 8 a.m. - 5 p.m M-F Summer Hours 8 a.m. - 4 p.m.
www.neighborsofwatertown.com

North Country Family Health Center (WIC Program) - WIC is a nutrition program that improves the health of pregnant women, new mothers, infants and children. WIC gives families nutritious food, nutrition advice, tips for staying healthy, recipes, and resources for growing families. **North Country Family Health Center has onsite family health services with low cost or free dental care for patients with no insurance and for those with deductibles or co-pays that make care unaffordable. Family Dental Care is offered in Leray, Watertown and Lowville. In addition, North Country Family Health has School Based Health Centers that Medical, Dental and Behavioral Health in Watertown and South Jefferson schools and school based dental programs in Lowville, Alex Baby, Copenhagen and South Lewis.* *Income verification required for some services

Address: 238 Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-9222 or (315) 782-9450
Business Hours: Monday - Friday 7:30 am-4:30 pm (Evening and Weekend appointments available)
<http://www.nocofamilyhealth.org/>

Ready To Work - If you are having trouble finding or keeping a job, live in Jefferson County and meet income guidelines, our Ready to Work program may be able to help. We can provide qualified individuals with financial assistance for vocational education that will lead to employment upon completion. Upon completion of the program, participants will receive follow-up assistance in gaining a job. We can also provide supports to help you stay in school or maintain your education. Support services include uniforms/work attire, child care, tools, tutoring, transportation, food and other household assistance.

Address: 518 Davidson Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-4900
Business Hours: M-F 8:00-12:00, 1:00-5:00
<http://www.capjc.org/programs/family-center/ready-to-work/>

Salvation Army (Watertown) - The Salvation Army offers assistance and programs in food and nutrition (including a soup kitchen), assistance for military personnel, emergency financial assistance, family counseling services, and youth programs. Provides one-on-one client services.

Address: 723 State Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-4470
Business Hours: M-F 9:00am-3:00pm
www.salvationarmyusa.org/

Summer Meals NY - Summer meals are free, healthy meals for kids and teens served at favorite summertime places when the school year is over. Anyone ages 18 and under can come when breakfast, lunch, and/or snacks are served. There is no sign-up or paperwork, and adults are welcome to bring their own meals and eat with their kids. Many places that offer summer meals also have fun, enriching activities, too! See the website below for more information.

Address: 250 Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: TEXT food to 877 877 or call (315) 785-3000
Business Hours: M-F 9:00-5:00 July & August: M-F 8:30-4:00
<https://hungersolutionsny.org/get-food-help-0/summer-meals-ny/>

Supplemental Nutrition Assistance Program (SNAP) - SNAP is a Department of Social Services Program that issues monthly electronic benefits that can be used like cash to purchase food at authorized retail food stores. *Income verification required for some services

Address: 250 Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: (315) 785-3000
Business Hours: M-F 9:00-5:00 July & August: M-F 8:30-4:00
www.co.jefferson.ny.us

Veterans Outreach Center - The Central New York Veterans Outreach Center (CNYVOC) was formed to provide and conduct charitable, educational, social service, and housing services for those in need.

*Proof of Military Service needed

Address: 146L Arsenal Street
Watertown, NY 13601

Contact Data: Watertown: (315)-939-4535 or (315)-939-4523

Business Hours: Monday-Friday 8:00AM-4:30PM

cnyvoc.org/

Watertown Urban Mission - Seeking to empower people by giving them a hand up to rise above what in many cases is the most difficult time they have faced in their lives. *Income verification requires for some services

Address: 247 Factory Street
Watertown, NY 13601

Contact Data: Watertown: (315) 782-8440

Business Hours: M-F 8:30am-12pm & 1pm-4:30pm

www.watertownurbanmission.com

THRIFT STORES

| Name | Address | Phone | Hours |
|--------------------------------|--|--------------|---|
| Agape Shop | 136 Court St Watertown NY 13601 | 315 788 7470 | Mon-Sat 10:00 - 5:00 |
| Alexandria Community Thrift | 42975 NYS Rte 12 Alexbay NY 13607 | 315 686 3008 | Wed-Thurs 10:00 - 2:00 Thurs 5:00 - 7:00 Fri-Sat 10:00 - 2:00 |
| Classy Kids Resale Shop | Seaway Shopping Ctr Watertown NY 13601 | 315 408 1747 | Tues + Wed 10:00 - 6:00 Thurs-Sat 10:00 - 4:00 |
| Fort Drum Thrift Shop | Blding P-1454 4 th St. Fort Drum, NY 13602 | 315 772 7189 | Tues, Wed, Thurs + 1 st Sat of every month 9:30-2:00 |
| Impossible Dream Store | 247 Factory St. Watertown NY 13601 | 315 782 0090 | May-Oct: Mon-Fri, 9:00 - 7:00, Sat 9:00 - 6:00, Sun 1200 - 5:00 Nov-Apr: Mon- Sat 9:00 – 6:00, Sun 12:00 – 5:00 |
| Resale America | 144 Eastern Blvd Watertown NY 13601 | 315 408 2274 | Mon-Fri 9:00 - 7:00 Sun 11:00 – 6:00 |
| Salvation Army Thrift Store | 20886 State Route 3 Watertown NY 13601 | 315 785 5582 | Mon-Sat 9:00 - 9:00 |
| Solitary Consignment | 34 Public Sq Watertown NY 13601 | 315 786 8868 | Tues, Wed + Fri 10:00 - 4:00 Thurs 10:00 – 5:00 Sat 11:00 – 3:00 |
| Thrifted | 106 Court St Watertown NY 13601 | 408 805 5474 | Tues-Sat 10:00 – 6:00 |
| Thrifty shopper | 1222 Arsenal St Watertown NY 13601 | 315 836 0376 | Mon-Fri 10:00-9:00 Sat 9:00-9:00 Sun 11:00-6:00 |

FOOD PANTRY LISTING

| Pantry Site | Address | Phone | Hours |
|------------------|---|--|--|
| Adams | Rhode Community Center 2E Church St Adams 13605 | 315 232 2621 | Mon, Thurs + Fri 9:30-12:45 Tues @ 11-2 & 3-6:45 |
| Alexandria Bay | 42601 ST RT 12 Alex Bay 13607 | 315 686 3008 Emergency: 315 486 9322 | Thurs 10-6 |
| Antwerp | 45 Main St. Antwerp 13608 | Emergency: 315 783 7527 | Mon 5-7 |
| Calcium | Calcium Community Church | Emergency: 315 771 9186 | *Phone Calls Only* |
| CAPC | 518 Division St Watertown, NY | 315 782 4900 | Tues-Thurs 10-2 2 nd & 4 th Tuesday 4-6:30 |
| Cape Vincent | United Church of Cape Vincent 260 E. Broadway, Cape Vincent 13618 | 315 654 4083 315 654 2401 | 1 st Wed of month 4-5 2 nd Wed of month 10-11 3 rd Wed of month 7-8 |
| Carthage | V.E.M. Food Pantry 452 S. Washington St. Carthage 13619/ St. James Church | Office: 315 493 1341 Church: 315 493 3229 Emergency: 315 804 2564 | Mon & Wed 1-3 Tues 6-8 Phone St James for assistance |
| Chaumont | Chaumont Presbyterian Church | 315 649-2424 | Usually Thurs phone for APPT. |
| Clayton | St. Mary's Catholic Church 251 James St. Clayton 13624 | Emergency: 315 686 4809 | Mon & Wed 1-3:30 Thurs 6-8 |
| Copenhagen | 9790 State Route 12 Copenhagen, NY 13626 | 315 376 2981 | 3 rd Wed 5pm-7pm and by apt |
| Depauville | A New Life 32498 Rte. 12 Depauville 13632 | 315 658 4768 315 771 6665 | Mondays 9-3 |
| Dexter | Dexter United Methodist Church 210 W. Kirby St. Dexter | 315 639 4263 315 639 6953 | 2 nd Wed of month 2-3 3 rd & 4 th Wed of month 6-7 |
| Evans Mills | St. Mary's Catholic Church 8412 Main ST. Evans Mills 13637 | 315 629 4458 | Sat 3-5 |
| Faith Fellowship | 131 Moore Ave Watertown, NY 13601 | 315 782 4421 | Mon-Fri by appointment Please Call Ahead |
| Lafargeville | Orleans Outreach Building | 315 658 4796 | Sat 9-12 and by appt |
| Philadelphia | Indian River Baptist Church 42 Main St. Philly 13673 | 315 642 6115 | Wed 4-6, Sat 9-11 and by Appt |
| Redwood | St. Paul's Fellowship Hall | 315 482 2931 315 482 2914 | Wed 1:30-3 or by appointment |
| Sackets Harbor | St. Andrew's Catholic Church 110 E. Main St. Sackets Harbor | 315 646 3564 | Mon & Thurs 11-1 |
| Theresa | High Falls Baptist Church | 315 628 1902 | Thurs 9-12 Sat 10-1 |
| Urban Mission | 247 Factory St. Watertown 13601 | 315 782 8440 315 782 8441 | Mon-Fri 9:30-11:30 & 1-3 |

Notes Page