

## *What is the Exceptional Family Member Program?*

**What is the Exceptional Family Member Program?** A mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support and personnel services to Families with special needs.

**Who is an Exceptional Family Member (EFM)?** A Family member (child or adult) with any physical, emotional, developmental or intellectual disorder requiring special treatment or counseling.

**Who Must Enroll in the Program?** The following Soldiers with EFM's must enroll in the program: Active duty, US Army Reserve, Active Guard Reserve and other USAR Soldiers on active duty exceeding 30 days, Army National Guard personnel serving under authority of title 10 code.

**Does Enrollment Have Any Impact of the Soldier's Career?** When services are not available at the location to which the Soldier has been assigned, Army personnel agencies consider alternative assignment locations based on existing priorities. Upon approval of the appropriate authority, the Army will send the Soldier on an unaccompanied tour. Enrollment in EFMP does not adversely affect selections for promotion, school, or assignments. Data used in the program is NOT made available to selection boards.

## *Medical & Educational Criteria for Enrollment*

### **Do you have a Family Member With a Serious or Chronic Medical Problem, Physical or Behavioral Disorder?**

These include: asthma treated with any medication; sickle cell disease; insulin dependent diabetes; mental health disorder requiring outpatient or inpatient treatment; ADD/ADHD requiring management and treatment by a pediatrician, mental health provider or counselor.

#### **Family Members That Require Extensive Follow Up:**

High risk newborns; patients with a diagnosis of cancer, leukemia, lupus or heart disease.

#### **Family Members Requiring Special Education Services:**

(Including Medically Related Services) that are specific on an Individualized Education Program (IEP) or Early Intervention services specified on an Individualized Family Service Plan (IFSP).

#### **How Does a Soldier Enroll in the Program?**

The Soldier contacts the nearest medical treatment facility EFMP point of contact (MEDDAC or Guthrie Medical Clinic) to begin the assessment process and obtain enrollment forms. Once the forms are completed and coded, they are forwarded to Army Personnel at HRC Fort Knox.

Obtain form DD2792 Family Member Medical Summary and/or DD2279-1 Special Education/Early Intervention Summary to enroll a qualifying Family member. Forms are available at the MEDDAC EFMP office, located in Guthrie Clinic. The forms are completed by the Family member's primary care manager and returned to the MEDDAC EFMP office for processing.

#### **For program enrollment, updates, overseas screenings, or information on compassionate reassignments contact:**

EFMP Registered Nurse Manager - 315-772-3540 Fax: 315-772-7995

EFMP Licensed Practical Nurse - 315-772-4620

EFMP Case Coordinator - 315-772-4653 Fax: 315-772-1256

## **FORT DRUM**

## **EXCEPTIONAL FAMILY MEMBER PROGRAM**

## **2017 Program Schedule**



**4330 Conway Road**

**Fort Drum, NY 13602**

**Program Manager**

**315-772-5476**

**Systems Navigators**

**315-772-5488/0664**



**Like us on Facebook:**  
**Fort Drum Exceptional Family Member Program**

**Register for ACS classes online at:**

**[fortdrumacs.checkappointments.com](http://fortdrumacs.checkappointments.com)**



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**Think ACS First!**

# 2017 EFMP PROGRAM SCHEDULE

## EFMP Support Group

Connect and share experiences in a safe, friendly environment. Share your challenges and successes, and learn about valuable resources, and ways to cope and promote the growth of your very special Family.

**11:30am-1:00pm @ ACS**

Jan 10 Feb 14 Mar 14 Apr 11 May 9  
June 13 Aug 8 Sept 12 Oct 10 Nov 14

## Autism Support Group

Share the day to day experiences of being a parent of an autistic child and connect with other parents. Engage in friendly, open discussion on all things related to autism. Topics for discussion include: bedtime routines, social skill competencies, positive behavior support, diet, communication, stress management, and much more!

**9:30am-10:30am**

**@ SFAC (Bldg. 11042 Mt. Belvedere Blvd)**

Jan 20 Feb 17 Mar 17 Apr 21 May 19 June 16  
July 21 Aug 18 Sept 15 Oct 20 Nov 17 Dec 15



## EFMP Playgroup

Did you know babies and youngsters learn skills in groups that they can't learn at home?  
Did you know group interaction improves a child's ability to reason?  
Free playgroup for children ages 6 months - 5 years. Meets on Wednesday's.  
Parents must stay with their children.

**10:00am-11:30am**

**@ SFAC (Bldg. 11042 Mt. Belvedere Blvd)**

Jan 4, 11, 18, 25 Feb 1, 8, 15, 22 Mar 1, 8, 15, 22, 29  
Apr 5, 12, 19, 26 May 3, 10, 17, 24, 31 June 7, 14, 21, 28  
July 5, 12, 19, 26 Aug 2, 9, 16, 23, 30 Sept 6, 13, 20, 27  
Oct 4, 11, 18, 25 Nov 1, 8, 15, 22, 29 Dec 6, 13, 20, 27



## Special Needs Accommodation Process (SNAP)

Snap is a multi-disciplinary team established to ensure the most appropriate placement of a child or children with special needs in CYSS programs. SNAP request paperwork is processed through Army Public Health Nursing. Once received at the ACS EFMP office, you will be contacted to schedule your SNAP meeting. Meetings last approximately 1 hour.

**By Appointment Only @ ACS**

## Respite Care

EFMP Respite Care is a program that provides temporary rest periods for Family members responsible for the regular care of persons with disabilities. Care may be provided in the EFMP respite care user's home or other settings such as special needs camps and enrichment programs.

To see if our EFM qualifies for respite care, contact the Exceptional Family Member Program Manager at (315) 772-5476.

## Systems Navigation

Systems Navigation is the Family Support component of EFMP that connects Families with special needs with the systems of care they need, both on and off the installation. Systems Navigations also supports the efforts/goals of keeping Army Families strong.

A Systems Navigator can:

- \* Identify your Exceptional Family Member (EFM) and family strengths and needs.
- \* Help your Family identify EFM and Family goals.
- \* Develop a Family Service Plan to help reach these goals.
- \* Make referrals to required services. Help you learn more about the disability or medical condition.
- \* Find support groups and social activities in which your Family can participate.
- \* Strengthen your ability to advocate for your EFM.
- \* Provide support for Families during school meetings and medical appointments.

**Sensory Friendly Movies** are  
available through

Regal Salmon Run Stadium 12  
Salmon Run Mall, Watertown  
Call for movies and schedule  
(315) 782-2843

**Watch for special events and  
activities held through out the year!**

