

# KEY CALLER (POC) NOTEBOOK



*Mobilization & Deployment* 772-0470/2848

# Key Caller (POC) Notebook Contents

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## **Key Caller Welcome Letter**

Thank you for volunteering to serve as a key caller. You are accepting a leadership role in the Family Readiness Group (FRG) and demonstrating your commitment to improving the quality of life for the Families in your unit.

You are an integral link in your chain of concern. When official information needs to be put out, you are the person we count on to get the news out quickly and accurately. When Families need help, you may be the first person to whom they will turn. Your job is not to solve all the problems you encounter. Your job will be to provide them the information and referral resources so that they can problem solve for themselves. You must set boundaries for yourself and your Family in providing assistance to members of your contact group. Do what you can to help, but never neglect your own family because you feel obligated or guilty. The Army provides help agencies. Your responsibility is to refer people to these agencies when help is needed.

We hope this folder provides you with the resources you need to function effectively. Many times, just hearing your familiar voice on the other end of the phone and knowing you understand and are willing to listen is enough to help someone who needs support.

Thanks again!

# SECTION 1: VOLUNTER INFORMATION

## **FRG Volunteer Opportunity**

POSITION TITLE: Key Caller (a.k.a. Point of Contact)

**SUPERVISOR**: FRG Leader

**OBJECTIVE:** Supports approximately 6-8 families in the company by checking with them

on a regular basis and disseminating information.

#### **DESCRIPTION OF DUTIES:**

- Talks to assigned spouses on a regular basis (at least every two weeks during deployments). These contacts can be made over the phone or in person. Documents contacts made with family members to include: name, time, problem, referrals made and follow up.
- Makes personal contact with new people in their support branch to explain the key caller's role, answer any questions about the FRG and make them feel welcome.
- Attends all FRG meetings and pre-deployment briefs.
- Informs FRG Leader of significant problems and actions taken.
- Passes messages down to each member of the support branch. Notifies FRG Leader if unable to contact a family member, after several attempts.
- Helps to stop rumors during phone calls.
- Not required to have a motor vehicle to perform duties. Use of government vehicle is authorized for this position. Use of government vehicle is provided without detriment to the accomplishment of the unit's mission.

SUPERVISION AND EVALUATION:  Primary supervision is by the
Evaluation to be performed on a bi-annual basis by the primary supervisor and volunteer manager.
<b>TIME REQUIRED</b> : 2 to 3 hours per month normally; 10 hours per month during deployments and extended exercises.
<b>QUALIFICATIONS</b> : A friendly, caring attitude. Reliability, Understanding., and enthusiasm for the unit FRG program.
<b>TRAINING</b> : Provided by Army Community Service, FRG Leader or Reserve Component Family Programs.
POSITION'S TERMS: 6 month commitment
I agree to abide by this job description and to have my phone number published for use by the Family Readiness Group of
Name: Print Name
Signature Date

#### INFORMATION PAPER

- 1. PURPOSE. To provide information on the policies and procedures of registering with the Army Volunteer Corps.
- 2. INFORMATION: The Army Volunteer Corps Coordinator (AVCC) is the primary advocate for promoting installation and unit volunteerism. The AVCC is the technical expert for assistance in recognizing volunteer achievement and contributions.
- a. In accordance with AR 608-1, all Statutory Volunteers must be registered at the installation level with the AVCC office using the Department of the Army's web-based tracking system, the Volunteer Management Information System(VMIS). The system is available at <a href="www.myarmyonesource.com">www.myarmyonesource.com</a>. In addition to the web-based registration, a Department of Defense (DD) Form 2793, Volunteer Agreement for Appropriated Fund Activities or Non-appropriated Fund Instrumentalities must be completed for each statutory activity (Attachment 1). The original must be maintained in the unit/organization files.
- b. All Youth volunteers must complete a Department of Defense (DD) Form 5671, Parental Permission Form (Attachment 2). The original must be maintained in the unit/organization files.
- c. Authorized private organization volunteers do not qualify for the benefits as outlined under the federal stature, therefore do not complete DD Form 2793. Private organizations, whose primary mission is to provide service to the installation, Soldiers and their Families, may request to participate in an installation volunteer program. Approval will allow organization volunteers to participate in all installation sponsored activities such as awards, training and monthly/annual recognition activities. All volunteers associated with the private organization must also be registered within the VMIS and will follow the same hour documentation procedures as statutory volunteers.
- d. The VMIS was developed and implemented worldwide as a tracking mechanism for volunteer hours. Volunteers are required to register and document their hours within this system. A basic "How to Guide" is available at the Fort Drum Army Volunteer Corps office.
- 3. CONCLUSION. The AVCC's efforts to provide track and recognize volunteer efforts in the past year resulted in 608 volunteers saving to the government of \$2,350,441.35.

# **Guidelines**

## DO

- Be pleasant when you call.
- Be sure to introduce yourself.
- Write down the message you have before you call so it will be concise and clear.
- Have your <u>Communication Log</u> nearby when you call.
- Verify phone number and address occasionally to ensure FRG roster is correct.
- Try to answer questions as best you can; if you cannot, find a source that can answer the question and call back with the information.
- Keep trying to call if unsuccessful on the first attempt.
- Specify what hours are reasonable for accepting and making phone calls.
- Call your FRG leader when you have completed your calls.
- Keep your FRG leader informed of disconnected or unanswered calls.

## DON'T

- Take it personally if a caller is rude, impatient, or otherwise uncooperative you
  never know what might be going on at that time.
- Feel guilty if you cannot help the caller or go beyond your own limitations in providing assistance.
- Indulge in gossip or ANY type of information that is not valid and reliable.

## **Position Term**

6 months to 1 year, with an opportunity to extend as desired

# Confidentiality

Confidentiality plays an important part in your position as a Key Caller. You must be able to guarantee any person who contacts you the freedom to discuss matters in a private and safe environment. It is your duty and obligation to keep each conversation and the personal matters discussed during such interactions in strictest confidence, with the exception of dangerous or life-threatening situations. In practice this means:

- Do not disclose the names or details of any contact or call in any way that may identify them to others.
- Obtain the permission of the person involved before sharing information about them or their situation when contacting a resource or making a referral.
- Protect contact information sheets, and destroy them when they are no longer needed.
- ♦ If a point of contact begins to discuss something with you that lies outside the area of confidentiality (e.g., suicide, child abuse, neglect, sexual abuse, assault, any other criminal activity), inform them that you will be obligated to report the call and its nature to the appropriate authorities.

Have a clear understanding of what situations the command expects to be reported

# SECTION 2: SAMPLE SMARTBOOK

# TOP TEN PHONE REMINDERS

#### 1. LOG YOUR CALLS.

Name, date, time, reason for call

#### 2. INTRODUCTION

Prepare yourself before the call with message, paper, etc.

Be cheerful and enthusiastic.

Ask, "Is this a good time to call?"

#### 3. WELCOME

Set the "atmosphere" for the call with a positive and helpful tone of voice.

Make the family member feel like a part of the FRG.

#### 4. MESSAGE

Ask if they have a pen and paper ready.

Give only the FACTS – who, what, when, where, etc.

#### 5. LISTEN

Really listen to concerns and questions.

Be sensitive to background noises.

Be sensitive to tone of voice – panic, distress, sleepiness, etc.

#### 6. QUESTIONS

If you don't know the answer, find out and call back.

#### 7. COMMITMENT/CONSISTENCY

Return your calls.

When you say you'll call back, do it.

Contact your FRG leader after every phone tree message.

#### 8. OBJECTIVITY

Stick to the facts.

You are helping the family member; focus on that.

STOP RUMORS IMMEDIATELY. NO GOSSIPING ALLOWED!

#### 9. REFERRALS

Remember, you do not "know it all" and that's okay!

Let the available agencies do their job.

#### 10. SAYING GOODBYE

Be polite, tactful, and diplomatic.

Summarize any decisions made or commitments to call back. Write them down.

# TYPES OF CALLS AND HOW TO DEAL WITH THEM:

**SOCIAL CALLS:** "I appreciate your call and it's great chatting with you. Since I need to [prepare dinner, put the kids to bed, etc.], I'll let you go. Please feel free to call me later!"

**PROBLEM CALLS:** "I'm glad you called me about [problem]. Let me make some phone calls to see what I can find out. I'll get back with you [specific time and date]." OR "Feel free to contact any of the referral numbers you received. I'm confident you'll be able to work this out."

**CRISIS CALLS:** "It sounds like this is a really stressful situation for you. How have you handled this before? Have you contacted [relevant agency]? What is your immediate concern? What kind of help do you need? Let me find out the best resource for you and I will call you back in \_\_\_\_ minutes."

**UNNECESSARY (GOSSIP) CALLS:** "During stressful situations, I find that a lot of rumors begin and can quickly get out of control. If there was a significant problem, I'm sure I would be notified. Let me make a few phone calls to verify the situation and I will call you back in \_\_\_\_ minutes."

CHRONIC CALLS: "I find I've been spending more and more time on the phone working with FRG issues. As a result, I haven't spent much quality time with my children. I appreciate your call; however, I need to limit my calls to 10 minutes each."

## Sample Phone Calls & What to Say:

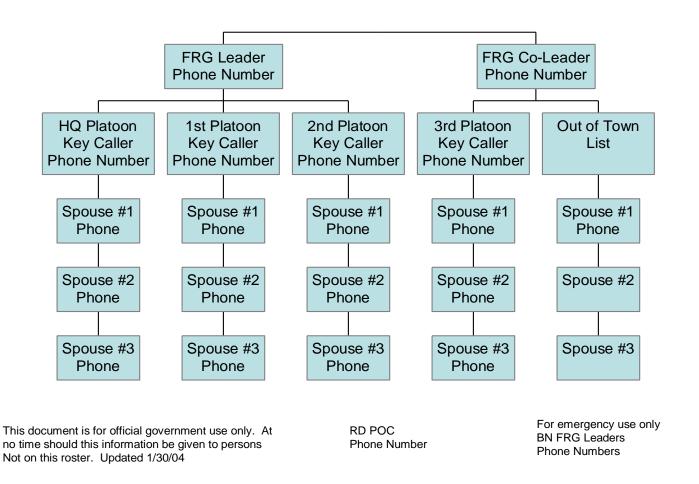
### **Example of a POC's First Call (deployment):**

"Hello,	, this is		·	l just
wanted to call and	d say 'hello' and to	let you know	v that I am your co	ntact
person for the [uni	t name] Spouses'	Phone Tree.	Your spouse works	with
mine and I'm the p	erson you can call	if you have a	ny concerns or ques	stions
while your spouse	is deployed/in the	field. I'll conta	act you from time to	time
when any informa	tion needs to be p	assed on tha	t would be of intere	est to
you. If you need a	nything, have any	questions, or	want to become inve	olved
in our unit's Family	Readiness Group	, my phone n	umber is	
Please feel free to	call me!"			
Example of an Inf	ormation Call:			
"Hi! This is	<b>.</b>	_ from [unit na	ame] Family Readin	ess
Group. Is this a go	ood time to pass or	some inform	ation? (Yes? Contir	nue.
No? "When would	be a better time fo	or me to call?"	) Do you have a pa	per

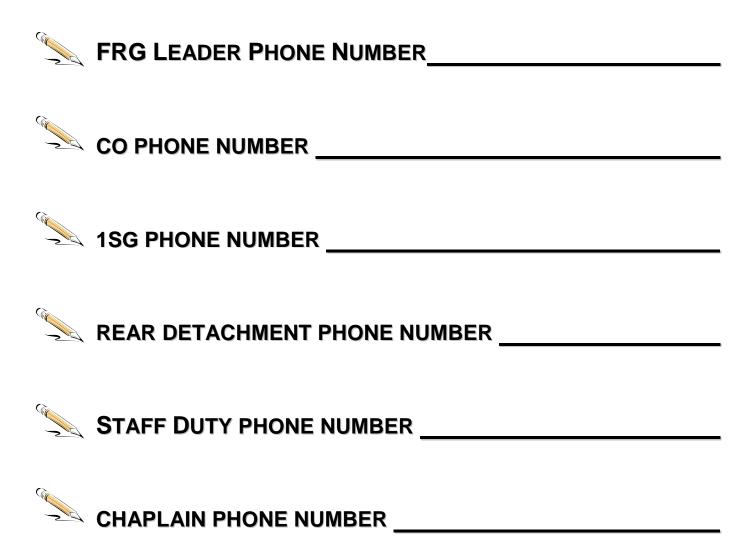
"The FRG is having a bake sale [fundraiser, meeting, etc.] on [day, date] from [start time to end time] at [location]. Could you bake something to bring? Would you have time to work at the bake sale from \_\_\_\_\_ to \_\_\_\_\_? Do you know where [location] is? I'll be happy to give you directions. I'm really glad we can count on you to help out by [bake, work, etc.]. Your help is really appreciated. Thanks. See you at the Bake Sale!"

and pen handy? If not, I can wait until you find one.

# Family Readiness Chain of Concern



# **UNIT INFORMATION**



# **CONTACT FORMS**

# **Information and Call Log Sheet**

Name:		Sponsor's	Name/Rank:
Address:			
<b>Housing:</b> □ On Post	☐ Off Post	Housing Area: _	
Phone Home:	W	/ork:	Cell:
E-Mail Home:		Work:	
Place of Employment:			
Usual work hours/da	ays:		
Call at Work:	Anytime $\Box$	Critical information	only
Family in the area?	□ Yes □ N	0	
Best time and form of			
Who would most likely			go out of town?
Name:		Relationship:	
Phone Number(s): _			
Birthday:		Anniversar	y:
Children: <u>Name</u>	<u>Age</u>	<u>Birthday</u>	<u>Comments</u>
Pets(s):			

Contact NAME:	Home Phone #: Work Phone #: Cell Phone #: OTHER: Email:
NOTES:	
Day: Date:	Time:
FRG meeting reminder Greeting/introduction	Fundraiser/event reminder Other
NOTES:	
	Time:
	Time: Fundraiser/event reminder Other
FRG meeting reminder	Fundraiser/event reminder
Day: Date: FRG meeting reminder Greeting/introduction NOTES:	

Day:	Date:	Time:
	neeting reminder ng/introduction	Fundraiser/event reminder
NOTES:		
Day:	Date:	Time:
FRG n	neeting reminder	Fundraiser/event reminder
	ng/introduction	Other
NOTES:		
	D. 4	
	Date:	Time:
Day: FRG n	Date: neeting reminder ng/introduction	Time: Fundraiser/event reminder Other
Day: FRG n	neeting reminder	Fundraiser/event reminder
Day: FRG n Greetin	neeting reminder ng/introduction	Fundraiser/event reminder

# **Key Caller Phone Tree Log**

Date	Name	Action/Issue	Talked to	Left Message	Returned Call

Source: Texas A&M University

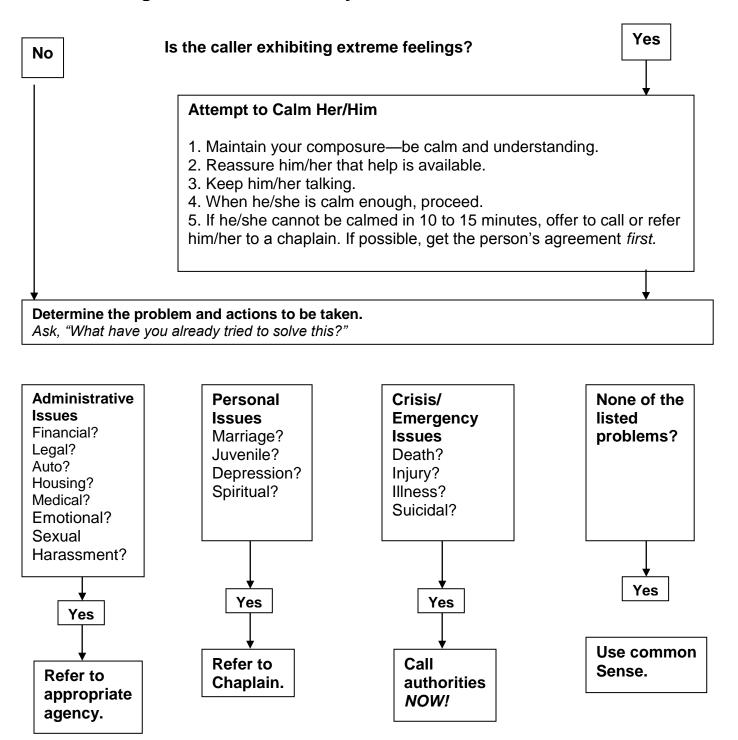
# **Emergency Question Checklist**

BIRTH
Condition of Mother:
Condition of Baby:
Location of Birth:
Date of Birth:
Time of Birth:
Red Cross Notified? YES NO
Sex: GIRL BOY
Name:
Weight:
CAR ACCIDENT
Location of accident:
Medical assistance needed? YES NO
Medical assistance obtained? YES NO
MPs notified? YES NO
Immediate needs:
FINANCIAL EMERGENCY
Nature of problem:
Do you have enough food? YES NO
Have you contacted AER? YES NO
Immediate needs:
OFFICIAL II I NEGO OF IN HIPV
SERIOUS ILLNESS OR INJURY
Who is ill or hurt (relationship)?
Where are they?
Nature of Illness:
Prognosis:
Red Cross notified? YES NO
Immediate needs:
DEATH
Who died (relationship)
Where did death occur
Cause of death:
Date of death:
Red Cross notified? YES NO
Funeral arrangements (date, time, location):
Immediate needs:

Key Caller Problem Resolution Form					
Name					
Address					
Date of Contact	Time	Contact Phone	(Hm)	(Wk)	
Sponsor Information	n				
Name		Unit			
Rank		Location			
Nature of Emergence	<b>y</b> (include w	ho, what, when, where, e	tc.):		
What help do you nee	ed?				
ACTION:	W	/ho Called?	When?		
Police called?	•	no canca.	***************************************		
Ambulance?					
Fire Department calle	ed?				
Red Cross called?					
Transportation?					
Food?					
Lodging?					
Money?					
Army Emergency Rel		lled?			
Emergency Child Car	re?				
Referred To:					
Follow-up Required?					
Key Caller Signatur	<b>e:</b>	Da	ate:		

Source: Texas A&M University

# Helping a Distressed Person Log call or visit on the Key Caller Problem Resolution Form



Be sure to log all key details on the Key Caller Problem Resolution Form, and report any crises or emergencies to the FRG leader or commander. Follow up as needed, and control gossip.

Source: Texas A&M University