



READY NOW

Prevention Bulletin

March
2019

BLUF: Provide Leaders with talking points relevant to Fort Drum's high risk trend areas.

Child Abuse and proper supervision is an ongoing concern. Historically there has been an increase in Child Neglect/Lack of Supervision in the 3rd and 4th quarters. ALL forms of child abuse (physical, emotional, sexual & neglect) are reported and investigated on Fort Drum. **Be mindful of the installation child supervision guidelines.**

Fort Drum – Age Matrix

| Age of Child | Left w/o sitter in home | Left alone overnight | Play outside alone | Left in car alone | Child left with siblings |
|--------------|--|----------------------------------|---------------------------------|-------------------------|--------------------------|
| 0-3 yrs | NO | NO | NO | NO | NO |
| 4-6 yrs | NO | NO | Yes – immediate access to adult | NO | NO |
| 7-9 yrs | NO | NO | Yes – with access to adult | NO | NO |
| 10-11 yrs | Yes – with access to adult & not more than 3 hrs | NO | Yes – with access to adult | Yes – with keys removed | NO |
| 12-14 yrs | Yes – with access to adult & not more than 6 hrs | NO | Yes – with access to adult | Yes | Yes |
| 15-18 yrs | Yes | Yes – with sponsor in local area | Yes – with access to adult | Yes | Yes |

Additional Information:

Register your child with CYSS - Clark Hall 315-772-8675. It is **FREE**.

Army Substance Abuse Program (ASAP) (315) 772-6704

Leandra's Law - Individuals charged with driving with a BAC of .08 or greater & have a child under the age of 16 in the vehicle, automatically have their license suspended, a fine of up to \$5,000 & may be charged with a Class E felony punishable by up to 4 years in state prison.

- Drivers who cause serious physical injury to a child in the vehicle may be charged with a Class C felony, punishable by up to 15 years in state prison.
- Drivers who cause the death of a child younger than 16 in the car may be charged with a Class B felony, punishable by up to 25 years in state prison.

Alcohol and Child Abuse

- Studies of alcohol & aggressive behavior show people who are more irritable, have poorer anger control, & who display lower levels of empathy when sober are more likely to be aggressive when they have alcohol in their system, making negative encounters with children even more dangerous.

For additional information, supports or trainings contact Fort Drum ASAP

Army Community Service (ACS) (315) 772-6556/6557

Family Advocacy Program (FAP) (315) 772-5914

Each day more than 5 children die as a result of abuse or neglect. On average, a report of child abuse is made every 10 seconds; approximately 3.3 million reports annually and about three times that number of incidents occur that are never reported. Be mindful and if you see or hear something, **REPORT IT!**

Childhelp.org has developed the following child abuse prevention guidelines to help keep children safe.

- Never discipline your child when your anger is out of control.
- Participate in your child's activities and get to know your child's friends.
- Teach your child to use their voice to allow them to prevent abuse in their own life.
- Ask questions; for example, when your child tells you he or she doesn't want to be with someone, this could be a red flag.
- Listen to them and believe what they say.
- Be aware of changes in your child's behavior or attitude and inquire into it.
- Teach your child what to do if you and your child become separated while away from home.
- Teach your child the correct names of his/her private body parts.
- Pay attention when someone shows greater than normal interest in your child.
- Make certain your child's school or day care center will release him/her only to you or someone you officially designate.

For more prevention tips and to obtain a calendar of events for April- Child Abuse Prevention Month- contact Family Advocacy staff at 315-772-5914.

Financial Readiness Program (FRP) (315) 772-2919/0050/5196/5059

One of the most painful side-effects of financial hardship is the rise of child abuse and neglect. As Families struggle with day-to-day survival, some parents can be pushed over the edge and take their pain, anger or frustration out on their children. According to Childhelp.org, parents who are experiencing financial stress are less responsive to their children's needs, less nurturing, less consistent in their parenting, and more inconsistent in the discipline of their children. There is also an increased potential for child abuse if financial stress is combined with parenting stress and aggression between marital partners. **If you feel stressed over your finances seek some assistance.** ACS FRP is here to help. FRP can assist with financial counseling, debt reduction techniques, and goal setting.



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MEDDAC Preventive Medicine (315) 772-6404

Liquid Nicotine Used in E-Cigarettes Can Kill Children

Parents who "vape" should be aware that the very small amounts of liquid nicotine used to refill e-cigarettes can KILL a child if swallowed. It can also be poisonous within a matter of minutes if spilled on the skin.

- Any e-cigarettes and any refill liquids materials must be kept out of the reach of children.
- Also insist that house guests and all visitors keep bags or coats that hold e-cigarettes or e-liquids away from and out of reach of children and pets.

Liquid Nicotine Poisoning Symptoms:

- Vomiting
- A fast heartbeat
- Jittery and unsteady appearance
- Difficulty breathing
- Increased saliva



If you suspect your child was exposed to liquid nicotine that was spilled on the skin or swallowed, call the Poison Center hotline: 800-222-1222 immediately.

Drunk Driver Prevention Program (DDPP)

(315) 775-8813 Friday & Saturdays 2000-0600

DDPP will drive DoD ID Card holders and their vehicle home.

This service is free and confidential.

Pre-registration is required

****Make all SM put the DDPP Program number into their phones**

Garrison Safety (315) 772-3022

Fort Drum Motorcycle Safety Training

Registration Begins 1 April

https://imc.army.mil/airs/usg_disclaimer.aspx

Classes Start 15 April (Weather Permitting)

Unit Motorcycle Mentor is Soldiers Primary POC

Under the Progressive Motorcycle Program, all Soldiers who operate a motorcycle are required to complete motorcycle training per Army Regulation 385-10, chapter 11-7.



Image by Michelle Kennedy, May 2013, Ft Drum Article "Motorcycle safety instructors prepare Fort Drum riders to drive on two wheels"

March 2019

For times and locations contact the program listed

- 1 – Hearts Apart (ACS)
- 1 – Save as a Family (ACS)
- 2 – Snowmobile Safety Class (FMWR)
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- 6 – Empowered Parenting (ACS)
- 7 – Blood Drive at BOSS (FMWR)
- 9 – Guided Snowmobile Ride (FMWR)
- 9 – Whiteface Ski Trip (FMWR)
- 11 – AFTB Classes (ACS)
- 12 – Finding the Calm in Chaos (ACS)
- 12 – Taco 'Bout' it Tuesday (ACS)
- 14 – ACS Family Night at Pine Plains Bowling Center (ACS)
- 16 – Ice Fishing Trip (FMWR)
- 16 – BOSS Sky Zone Trip (FMWR)
- 19 – Career Fair Prep & Interviewing (ACS)
- 21 – Overseas PCS Brief (ACS)
- 22 – Power Pay: Improve your Credit (ACS)
- 23 – Guided Snowmobile Ride (FMWR)
- 23 & 30 – Maple Days Pancake Breakfast (FMWR)
- 25 – Free Zumba Class (FMWR)
- 28 – Chillin' Out/ Anger Management (ACS)
- 28 – Work From Home Career Fair (ACS)
- 30 – BOSS Texas Hold'em Tournament (FMWR)

Tuesdays: BOSS Bowling 6-9pm

Recurring Classes

- EFMP Playgroup (ACS)*
- 1st Term Financial Training (ACS)*
- Little Eagles Playgroup (ACS)*
- Prime for Life (ASAP)*
- Connect the Tots Playgroup (ACS)*
- Stress Management (ACS)*
- Parenting After Separation/Divorce (ACS)*
- Creating Calm/ Anger MGT (ACS)*
- Mountain Intervention Training (SHARP/ASAP/FAP/EO)*
- Resume Start to Finish (ACS)
- Sewing Class (ACS)
- Active Parenting for Teens (ACS)*
- Budgeting for Your Goals (ACS)*
- Check on Checking (ACS)*
- Unit Prevention Leader (ASAP)
- Gatekeeper (ASAP)*
- Welcome Tour (ACS)
- ESL (ACS)

Classes with an (*) indicate Life Skills classes