



CLIF NOTES FOR THE FORT DRUM COMMUNITY

February 2021 updated January 27, 2021



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1. AMERICAN RED CROSS

Dustin L. Chavez, 315-418-8455

- **Red Cross Office Services to Ft. Drum and the Military Family** – <https://www.redcross.org/about-us/our-work/military-families.html>
 - o The American Red Cross offers active duty and reserve component services to both service members and their families, home and abroad. All services are provided free of charge and cover the entire life cycle of service, from BCT to separation and beyond.
 - o Services provided at Red Cross Offices-
 - o Casework for Emergency "Red Cross" Message creation and walk through, financial assistance, community resource referral, and much more.
 - o Resiliency Workshop Information and schedule.
 - o Disaster and Preparedness Information.
 - o Volunteer and Professional Development Opportunities including Dental Assistant Program, MEDDAC Volunteer Program, and much more.
 - o Calendar of Upcoming Events and Blood Drives
- **American Red Cross-Ft Drum Office Hours and Location**
 - Location-11042 Mt. Belvedere Rd. Rm 134/132, Ft. Drum, NY 13602
 - Hours of Operation-Tuesday and Thursday, 0800-1600.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Emergency Communications Call Center (24/7): **1-877-272-7337**

Download **Hero Care App** for I Phone/Android

Facebook: [American Red Cross -Services to the Armed Forces](#)

Email: dustin.chavez@redcross.org

- **Submit AFAP Issues year round** – usarmy.drum.imcom-fmwrc.mbx-aftb@mail.mil AFAP provides Active and Reserve Component Soldiers, Army Civilians, Family members, Survivors, and Retirees a voice in shaping their standards of living by identifying issues and concerns for Army Senior Leadership resolution.
- **Army Volunteer Corps. (AVC) (315 772-2899/0470) Please call for upcoming calendar dates and locations for all classes.**
 - Volunteer Management Information System (VMIS 101, Introduction to VMIS and Volunteering on Fort Drum.
 - Volunteer Administrative OPOC Training, open to all who manage volunteer records.
 - Volunteer Orientation, for anyone volunteering at ACS.
- **Mobilization & Deployment, (315 772-0470/2848/0509/4-4019) Classes/trainings are designed to support on-going Family readiness. Please call for upcoming calendar dates and locations for all classes.**
 - Key Contact Training
 - SFRG Leader Training
 - Informal Funds
 - CARE Team Training
 - SFRG Basics for Commanders/1SG's
 - Soldier & Family Readiness Liaison SFRL Training
- **Relocation Readiness Program (315 772-6553/6566/6902/3241). Please call for upcoming calendar dates and locations for all classes.**
 - Lending Closet, Monday – Friday, 7:30 am - 4:00 pm**
 - Immigration and Naturalization Assistance**
 - Sewing Class
 - English for Speakers of Other Languages (ESOL) class
 - Hearts Apart Support Group
 - In-processing Brief, Mon – Fri, 10 – 10:30 am, Clark Hall
 - Overseas PCS Brief
 - Stateside PCS Brief, every Tuesday and Thursday, 3:15 – 4 pm, Clark Hall Rm A2-86
 - International Spousal Support Group
- **Financial Readiness Program (315-772-2919/5059/00505196)**
 - Classes available upon request:
 - Budgeting for Your Goals
 - Power Pay: Improve Your Credit and Eliminate Debt
 - Manage Your Checking Account
 - Car Buying 101
 - Insurance Basics, Consumer Rights and Obligations
 - Prevent Identity Theft and Avoid Scams
 - TSP: Investing in Your Future
- **Exceptional Family Member Program (EFMP) (315-5476/5488/0664). Please call for upcoming calendar dates and locations for all classes.**
- **CHILDREN ARE WELCOME TO ALL SFRD CLASSES WITH PARENTAL SUPERVISION**

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Website: www.drum.armymwr.com/us/drum/programs/army-community-service/

Facebook: <https://www.facebook.com/Fort-Drum-Army-Community-Service-427062594001076/?ref=hl>

Online class registration: fortdrumacs.checkappointments.com

3. DIRECTORATE OF HUMAN RESOURCES

Mark Hinchcliffe, 315-772-3193

In processing:

- Fort Drum provides in processing briefings and services (Mountain Reception and Integration Program) each business day of the year excluding DONSA's and Federal Holidays. You or your family does not need to be within your first few days at the Installation to attend a briefing. A schedule of briefings is attached, with the day of the week they occur, and the room number in Clark Hall where they occur. Updates can be obtained by calling 772-3043, the Fort Drum Welcome Center Desk. Further venues to provide opportunity to provide Families Welcome and Integration information will be forthcoming and announced in these notes. Welcome to the Climb!

Family Advocacy Program (FAP) (315) 772-5914, ASAP building, 10250 4th Armored Division Drive

- Wellness Cooking Class: cook with a culinary professional. Call to inquire!

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Website: <http://www.drum.army.mil/hr/Pages/education.aspx>

Facebook: <https://www.facebook.com/Fort-Drum-Army-Education-Center-321867727827654/>

4. ASSOCIATION OF THE UNITED STATES ARMY (AUSA) NNY FORT DRUM

Michelle Capone, 315-486-1538

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Website: <http://www.oneausa.org/>

Facebook: <https://www.facebook.com/Northern-New-York-Fort-Drum-AUSA-288823557227/>

5. AUTOMOTIVE SKILLS CENTER

Mike Graveline, 315-772-5785

- **AUTOMOTIVE SKILLS CENTER:** Automotive Skills Center is open Tuesday – Friday, 11am – 7pm and Saturday, 8am – 4pm. Please contact Automotive Skills Center staff at 315-772-7902 for additional information. Towing services and bay rentals are available by appointment only.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: michael.e.graveline.naf@mail.mil

Website: www.drum.armymwr.com/us/drum/programs/automotive-skills-cent/

Facebook: <http://www.facebook.com/pages/Fort-Drum-Recreation/546416075378830?ref=hl>

6. BETTER OPPORTUNITIES FOR SINGLE SOLDIERS (BOSS)

Pauline Beck, 315-772-7806

* **BOSS Black History Month Essay Contest:** BOSS will be hosting an essay contest in light of Dr. Martin Luther King's Birthday and Black History Month starting on February 1st – 25th. Soldiers who want to participate will need to write a 2 page essay on the importance of Dr. King's message, and his impact on the Civil Rights Movement – or - based on another prominent African American leader. The winner will be picked by the Garrison Sergeant Major on February 26th and will receive a coin. To submit the essay please bring to the BOSS Center or email it to bossfortdrum127@gmail.com.

- **Chess Practice & Tournament:** Ever wanted to learn how to play chess? Come down to BOSS on February 3rd, 10th and 17th to learn or brush up on your skills. On February 24th at 5 pm we will be holding a tournament. Winner receives a \$25 Commissary gift card.
- **Facing the Board:** BOSS will be holding mock board study groups on February 4th and 18th and March 4th, 6 – 9 pm to help Soldiers get ready for the Promotion Board.
- **BOSS Invades Atkins:** BOSS will be holding a Fitness competition at Atkins Fitness Facility on February 4th at 10 am.
- **Pool Tournament:** Join us on February 9th at 4 pm for a pool tournament. There will be a \$25 Commissary gift card prize given away to the winner.
- **Central Rock Climbing Gym Trip:** BOSS will be taking 12 Soldiers to the Central Rock Climbing Gym in Syracuse, NY on February 12th.
- **Dry Hill Ski/Snowboarding Trip:** BOSS will be taking a trip to Dry Hill on February 12th. Up to 6 Single Soldiers will have the opportunity to enjoy free skiing! We will be leaving at 11:45 am.
- **Kickboxing Class at American Top Team:** First 12 Single Soldiers will get transportation to this event on February 13th. Cost is \$5 per person.
- **Mortal Combat Tournament:** Join us at the BOSS Center for a 1v1 player tournament at 4 pm on February 13th.
- **Ping Pong Tournament:** Join us on February 23rd for a Ping Pong Tournament at 4 pm.
- **Solider Showdown II:** Keep an eye out for the upcoming E-gaming Tournament for all Single Soldiers to participate. There will be 5 winners throughout the Army BOSS programs worldwide who will get a new gaming system.
- **BOSS Monthly Meeting:** All BOSS Battalion and Company Reps are invited to join us on March 2nd at 3 pm for the Monthly BOSS Meeting to discuss upcoming events and ideas. This will be virtual.
- **Spades Tournament:** BOSS will hold a Spades Tournament on March 6th at 3 pm.
- **Gaming Tournament:** BOSS will be holding an in-house gaming tournament on March 13th at 3 pm.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email Address: Pauline.i.beck.naf@mail.mil

Website: www.drum.armymwr.com/us/drum/programs/boss/

Facebook: www.facebook.com/fortdrum.boss

7. CYS SERVICES/OUTREACH

Elene Nemergut, 315-772-3677

- **FAMILY CHILD CARE (FCC) 10 HOUR LIMIT:** Any Family member living in government quarters providing child care for more than 10 hours per week on a regular basis must be certified as a FCC Provider. Please contact the Child and Youth Services FCC office at 315-772-1700, or elizabeth.a.jones264.naf@mail.mil, for more information.
- **BECOME A FCC PROVIDER:** An opportunity for military spouses living on Fort Drum, to have a career from home with flexibility and room for growth. Program offers full and part time care, hourly care, and extended care. Please contact the Child and Youth Services FCC office at 315-772-2250 or elizabeth.a.jones264.naf@mail.mil for more information.
- **REGISTER FOR CHILD AND YOUTH SERVICES:** Programs are available for children from the age of 4 months through 18 years. Registration appointments are available at Parent Central Services at Clark Hall. Please call (315)772-8675 for information on how to set up a registration appointment. Children can be put on the placement list for the full time centers and the School Age Center at <https://public.militarychildcare.csd.disa.mil>

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: elene.m.nemergut.naf@mail.mil

Website: www.drum.armymwr.com

8. CYS SCHOOL SUPPORT SERVICES (SSS)

Wendy O'Sullivan, 315-772-3214

- **February Break:** School will not be in session the week of February 15 – 19. Classes will resume on Monday, February 22nd.

• **Newly Arriving Families:** Be sure to contact your school district upon arrival as school districts are supporting new students during quarantine. For information on which district you are zoned for, please contact the Fort Drum School Liaison Officer at the email below.

• **Free Meal Program:** Currently free meals are available to enrolled students. Contact your school or the districts Food Service department for information on pick up dates, times and location.

• **Pre-k to Gr. 12 COVID-19 Toolkit:** The New York State Department of Health COVID-19 tool kit contains flowcharts for parents and educators on decision making for student attendance, return to school and contacts of symptomatic students and staff. The tool kit can be found on your district website or at: https://coronavirus.health.ny.gov/system/files/documents/2020/10/prek-gr12_toolkit.pdf

• **Music in our Schools:** March is the month for spring high school musicals. Carthage, Indian River, and Watertown all have high school musicals during various times in March. Students do a fantastic job performing in our area and musicals are a great family friendly event. Dates and times for virtual events can be located on school district websites

• **Art in our Schools:** Art is celebrated in our districts during the month of March. Information about School and area Virtual Art showcases can be found on your child's school district website. Plan a night to virtually view not only your child's work, but the work of many fabulous artists inside our local school districts.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: ena.w.osullivan.naf@mail.mil

Website: www.drum.armymwr.com

9. CYS SPORTS & FITNESS

Joshua Herzig, 315-772-4102

ALL SPORTS PROGRAMS ARE TENTATIVELY PAUSED; CONTINGENT UPON COVID REOPENING GUIDELINES*

The Sports and Fitness Program will pause until further notice.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: Joshua.b.herzig.naf@mail.mil

Website: www.drum.armymwr.com/

Facebook: www.facebook.com/pages/FORT-DRUM-MOUNTAINEER-CYSS-SPORTS/214490878183

10. CYS YOUTH CENTER

Steve Ferguson, 315-772-6717

The Youth Center is open as a resource for middle-schoolers and teens from 1 pm-6 pm, M-F. Programming is limited to ensure social distancing and COVID-19 requirements are maintained. See below for December programming:

• **Into to 3D Printing March 2nd and 4th 2pm**

This program serves as an introduction to 3D printing. Program participants will discuss 3D printing, software and online resources. They will also become aware of the parts of the printer, safety, and will make their first print. This course is a prerequisite to using the 3D printers at the center.

• **Tye Dye Days March 10th and 12th 4pm**

Bring something to tie dye on these days. Wear past creations and learn how to create different designs.

• **St. Patrick's Day Basketball Obstacle Course March 17th 2pm**

Test your ball skills as you try to navigate this challenging course. How long will it take you to get through?

• **Women's History Month Event March 25th 4pm**

Today will be a celebration of women's achievements and recognizing the central role women have had in U.S. history. We will learn through trivia, displays and hands on crafts. In addition a food sampling will be held.

- **Scategories Spring Edition March 31st 4pm**

Test your mind knowledge against others as we play this knowledge based game.

- **Youth Center Virtual Content**

Check our Facebook page or the FMWR Website. <https://drum.armymwr.com/programs/youth-center-and-youth-programs>

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: steven.a.ferguson.civ@mail.mil

Website: www.drum.armymwr.com/us/drum/categories/cys-services/

Facebook: www.facebook.com/pages/Fort-Drum-CYSS-YouthProgram/370723860409

11. DIRECTORATE OF EMERGENCY SERVICES (DES)

Michael Thomas, 315-772-5721

Access Control: For questions concerning Access Control, contact CPT David Mabry at 772-9959 or Mr. Gary Short at 772-3105.

- The Visitor Control Center (VCC) is now open 7 days a week from 0530-2200. All visitors are required to obtain their passes there prior to going to the gates. Personnel arriving when VCC is closed require a sponsor present at Cerjan ACP to be processed unless sponsorship application has been submitted in advance and the passes are present at the gate. As a reminder please continue to follow installation policies regarding COVID 19 procedures for requesting access to the installation.

- Sponsorship applications are available at the following web site: <https://home.army.mil/drum/index.php/about/visitor-information> . Those wishing access to the installations must follow all guidelines as specified based on Operation Corona Control updates. Those eligible can fill out the IMDR-ES Form 2 for sponsored passes. Once completed submit **applications in advance to:** usarmy.drum.imcom.mbx.des-acp@mail.mil .

- **REAL ID Update:**

The final enforcement deadline is September 30, 2021. By this date, not only must all states be issuing Real ID-compliant licenses or IDs, but individuals must also have visited their state's driver's licensing agency and obtained a REAL ID compliant card, or acceptable alternative such as a U.S. passport, if they wish to fly on commercial aircrafts or access federal facilities.

Fire Prevention: For questions concerning Fire and Emergency Services contact Assistant Chief Steven LaRue, 315-772-4702, steven.c.larue.civ@mail.mil.

Fire Safety during Winter Storms

- Test and/or install smoke carbon monoxide alarms in your home. Alarms should be tested once a month. Contact FDMCH maintenance if you live in on post housing and you have a detector in need of replacement.
- Plan two ways of escape in case of an emergency. Clear driveway and sidewalks of ice and snow. This will provide easy access to your home.
- Be ready in case the power goes out. Have flashlights and fresh batteries on hand, avoid using candles.
- Generators should be used outdoors. Keep them away from windows and doors. Do not run a generator inside your garage, even if the door is open.
- Never run your vehicle in the garage for prolonged periods. Even with the door open, carbon monoxide will accumulate to dangerous levels.

Infant Car Seat Safety Check

- Infant car seats can be checked by the New York State Police at their location on Route 37 in Pamela.

Law Enforcement: For questions concerning Law Enforcement, please contact us either 772-5156/5157/7771, or Chief Julian at 772-4483 email todd.m.julian.civ@mail.mil

- **EMERGENCY CONTACT NUMBERS:** dial 911 from any land-line. That call will go directly to the DES Dispatch Center. If you dial 911 from your cell phone, that call will go directly to the Jefferson County Dispatch Center; advise the dispatcher you are calling from Fort Drum and they will redirect your call to the DES dispatch center. Current technology does not allow for the separation of cell phone calls on or off the installation. For non-emergency calls for service: Dial (315) 772-5156.

Cold Weather Driving Tips

- Keep a bundle of cold-weather gear in your car, such as extra food and water, warm clothing, a flashlight, a glass scraper, blankets, medications, and more.
- Make certain your tires are properly inflated and have plenty of tread.
- Keep at least half a tank of fuel in your vehicle at all times.
- Never warm up a vehicle in an enclosed area, such as a garage.
- Do not use cruise control when driving on any slippery surface, such as on ice and snow.

Tips for Driving in the Snow

- **Stay home.** Only go out if necessary. Even if you can drive well in bad weather, it's better to avoid taking unnecessary risks by venturing out.
- **Drive slowly.** Always adjust your speed down to account for lower traction when driving on snow or ice.
- **Accelerate and decelerate slowly.** Apply the gas slowly to regain traction and avoid skids. Don't try to get moving in a hurry and take time to slow down for a stoplight. Remember: It takes longer to slow down on icy roads.
- **Increase your following distance** to five to six seconds. This increased margin of safety will provide the longer distance needed if you have to stop.
- **Know your brakes.** Whether you have antilock brakes or not, keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.
- **Don't stop if you can avoid it.** There's a big difference in the amount of inertia it takes to start moving from a full stop versus how much it takes to get moving while still rolling. If you can slow down enough to keep rolling until a traffic light changes, do it.
- **Don't power up hills.** Applying extra gas on snow-covered roads will just make your wheels spin. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill slowly.
- **Don't stop going up a hill.** There's nothing worse than trying to get moving up a hill on an icy road. Get some inertia going on a flat roadway before you take on the hill.
- Do not leave children or pets left unattended in vehicles. Please note the risk of carbon monoxide poisoning can cause serious injury or death.

- Don't Drink and Drive – Law Enforcement has increased sobriety checks during Holidays months, both off and on post.

- **NO PARKING ON THE SIDE OF THE ROAD STARTING 01 NOVEMBER 20 – 01 APRIL 21**

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: michael.r.thomas3.civ@mail.mil

Facebook: <https://www.facebook.com/pages/Fort-Drum-Directorate-of-Emergency-Services/885121491518077>

12. EMPLOYMENT READINESS PROGRAM (ERP)

Leon Donalson, 315-772-1090

- **Federal Employment Workshop** educates jobseekers on the federal employment system: USAjobs.gov account set up, benefits of working for the federal government, searching and applying for federal jobs, and how to write an effective federal resume. The Federal workshop is provided primarily every 1st and 3rd Thursday of the month.
- **Resume Start to Finish** covers the development of civilian resumes for private sector careers. The class consists of 45 to 60 minutes of instruction on resume types, formatting, and content as well as cover letter writing and reference sheet tips. Remaining class time is dedicated to creating your resume using our specialized resume software. This class is given every Monday (Except Holidays).

- **Interview & Career Fair Preparation** teaches jobseekers how to best prepare for interviews, career fairs, and other networking events. Topics include career fair strategy, professional introductions, and how to dress for success. There will be six sessions of this seminar given: each session will be prior to the previously scheduled career fairs in order to enhance the individual potential of attaining employment.

- **LinkedIn Seminar** is a monthly course instruction explaining in detail the basics of LinkedIn, the world's largest professional networking platform. This class includes tips and tricks for building and maintaining a LinkedIn profile to expand your professional network and enhance job search efforts.

- **ERP also offers additional resources and services such as:**

Weekly Job Bank

One-on-One Career Counseling

Job Search Assistance

Interview Preparation & Mock Interviews

Resume & Cover Letter Writing Assistance

Classic Closet (professional attire)

Please follow us on Facebook, LinkedIn, & Instagram! We post hot jobs and employment relevant resources daily!

www.facebook.com/fortdrumemployment

Please call or send an email for an appointment or to sign up for any of our scheduled classes:

Leon Donelson- Program Specialist (Manager) 315-772-1090, leon.n.donelson.civ@mail.mil

NEED ADDITIONAL INFORMATION?

Facebook: www.facebook.com/fortdrumemployment

13. EXCHANGE

Elona Sciotti, 315-773-5633

Dining In – PX Food court and Maggies on the Mountain are now open for 50% dine-in capacity.

Current Facility Hours of Operation: Visit Digital Garrison App for Updates.

Ft Drum Main Burger King

Mon-Fri 0800-1900 Sat 1030-1900 Sun 1030-1800

Ft Drum Mini Mall

Mon-Wed 0600-2100 Thur-Fri 0600-2200 Sat/Sun 0700-2000

Ft Drum Starbucks

All 7 days 0800-1800

Ft Drum FC Subway

All 7 days 1100-1800

Ft Drum Qdoba

All 7 days 1100-1800

Ft Drum Boston Market

CLOSED

Ft Drum Charleys

All 7 days 1100-1800

Ft Drum Class VI

Mon closed Tues-Sat 1000-1900 Sun 1100-1700

Ft Drum North Gate

Mon-Fri 0700-2000 Sat/Sun 0900-2000

Ft Drum Ontario

Mon-Fri 0630-1900 Sat-Sun 1000-1900

Ft Drum Arby's

Mon-Fri 0700-1900 Sat 1030-1900 Sun 1030-1800

Ft Drum WSAA Express

Mon-Wed 0800-1800 Thu-Fri 0800-1900 Sat 1000-1700

Ft Drum WSAA BK

Mon-Fri 0800-1400 Sat/Sun Closed

Ft Drum Main Store

Mon-Sat 0900-1800 Sun 1000-1700

Ft Drum JTS Express

Mon-Fri 0800-1800 Sat 1000-1700 Sun

Ft Drum JTS Subway

Mon-Fri 0800-1500 Sat-Sun Closed

Ft Drum Popeyes

Mon-Fri 1100-1900 Sat/Sun 1100-1900

Ft Drum Mini-Mall Subway

Mon-Fri 0900-1800 Sat/Sun Closed

Ft Drum MCS

Mon-Fri 0900-1800 Sat 1100-1700 Sun Closed

Ft Drum Barber Shop (Main

Mon 930-1700 Tues/Wed Closed Thu-Sun 0930-1700

Ft Drum Barber Shop (MM)

CLOSED

Ft Drum Barber Shop (JTS)

Sun 1100-1500 Mon-Thu 0900-1600 Sat/Sun Closed

Ft Drum Barber Shop (Han)

CLOSED

Ft Drum Barber Shop (WSAA)

Mon-Fri 0900-1500 Sat/Sun Closed

Ft Drum Barber Shop (Ont)

Mon-Thu 0900-1500 Closed Fri/Sat/Sun

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Website: www.shopmyexchange.com

Facebook: www.facebook.com/AAFES.BX.PX

14. FISH & WILDLIFE MANAGEMENT PROGRAM

Raymond Rainbolt, 315-772-9636

- **FORT DRUM RECREATION PASSES** – Recreational activities including hunting, fishing, wildlife viewing, hiking, canoeing, etc. are allowed on Fort Drum with a Fort Drum Recreational Access Pass. Fort Drum access passes are available on-line for free. New York State licenses are also required for hunting, fishing and trapping. See the Fish & Wildlife Management Program's web site for more information and passes: www.FortDrum.iSportsman.net.
- **HOUSEHOLD HAZARDOUS WASTE COLLECTION** – PCSing and have household hazardous waste that can't be moved or in need of disposal? Household hazardous waste can be turned in to Fort Drum's Environmental Division at Bldg. P-11144 Bedlam Rd. (behind the Auto Craft Center) 0800-1600 Monday - Friday. For more information and a list of items accepted, check out the Fort Drum Recycles Facebook page.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: Raymond.E.Rainbolt.civ@mail.mil

Website: www.FortDrum.iSportsman.net

Facebook: <https://www.facebook.com//FortDrumNaturalResources>

15. FORT DRUM CHAPTER NATIONAL ASSOC. 10TH MT. DIV.

Gil Persall, 315-489-3633

- The National Association of the 10th Mountain Division will award ten \$5,000 scholarships for Academic Year 2020– 2021. Qualifications, timeline and application can be found at [Caution-www.10thmtndivassoc.org](http://www.10thmtndivassoc.org) < Caution-<http://www.10thmtndivassoc.org/> > beginning 1 Jan 2020.

NEED ADDITIONAL INFORMATION?

Email: <http://www.10thmtndivassoc.org/>

16. FORT DRUM MOUNTAIN COMMUNITY HOMES (MCH)

Allyssa Romeo, 315-955-6814

- **CONVENIENT ON POST LIVING:** Two bedroom homes available today at lower than BAH rates*! Enjoy the convenience of living close to work and all of Fort Drum's amenities! Apply today to secure your next home with Fort Drum Mountain Community Homes! All homes feature garages with automatic openers, 24-hour maintenance service, utilities included, access to fitness centers, nature trails, sledding hill, splash parks, dog parks all with the convenience of living on post. Interested? Contact the leasing team at the Welcome Home Center by calling 315-955-6644 or via email at welcomhome@fdmch.com *Some restrictions apply.
- **FRIENDS MAKE THE BEST NEIGHBORS:** Refer one of your friends to live on post and you'll get \$500!* All homes feature garages with automatic openers, 24-hour maintenance service, utilities included, and access to fitness centers, nature trails, sledding hill, splash parks, and dog parks all with the convenience of living on post. Contact the Welcome Home Center at 315-955-6644 or welcomhome@fdmch.com to refer your friends today! *Some restrictions apply.
- **THE TIMBERS:** One- and two-bedroom apartments on post at lower-than-BAH rates! Single or unaccompanied Soldiers (E5p and above) can enjoy conveniently located modern apartments with spacious floor plans and ample storage. Timbers residents also have exclusive access to the Timbers Lodge, equipped with a theater room, full kitchen, outdoor wood-burning fireplace, gas grills, WiFi, state-of-the-art sound system and more! Interested? Contact the Timbers Leasing office at 315.777.8000 or email thetimbers@fdmch.com.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: Allyssa.romeo@fdmch.com

Website: www.fortdrummch.com

Facebook: www.facebook.com/fortdrummch

17. FORT DRUM THRIFT SHOP

315-772-7189

- Store Location: P- 1454 Fourth St M, Fort Drum (behind the Express on Ontario Ave)
- Donation Hours: Donations are temporarily suspended. Please check our website and Facebook page for updates.
- Store Hours: Please visit our Facebook for updated hours of operation.
- Volunteering: Simply complete a Volunteer Orientation at any time during store hours then start volunteering any time!
- Store open to DoD and Non-DoD cardholders!

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: fdsmanager@gmail.com

Website: <http://fortdrumthriftshop.com>

Facebook: <http://www.facebook.com/FortDrumThriftShop>

18. HOUSING

Richard Nuijens, 315-772-7256

- **APPROVED ADEQUATE RENTAL HOUSING:** The Army Housing Online Users Services (AHOUS) at www.housing.army.mil is the Army's one-stop site for all housing information, on and off-post, at any Army installation. Click on Drum on the Select your Installation drop down menu on the upper right side of the webpage. This website contains information and links for information on barracks, on-post family housing and off-post housing. Current listings, updated weekly, of available off-post rentals at approved apartment complexes are available at the Welcome Home Center in Clark Hall. The overall rental housing market vacancy rate is about 10%; further from post has greater vacancies and typically lower rents, while closer to post and newer rentals typically have fewer vacancies and slightly higher rents. Many apartment complexes are running specials. There are plenty of rentals available and all rents are generally within the BAH rates and therefore affordable. On-post Family Housing and the Timbers have availability and some at (lower than BAH) market rates. **Coordinate early for on-post housing** to ensure you get the right home for your Family with minimal delays. Check with Fort Drum's Welcome Home Center at Clark Hall (2nd floor of Clark Hall) for the latest information (315-955-6644).
- **ARMY HOUSING SERVICES OFFICE CAN HELP:** The Army Housing Services Office at Clark Hall (Rm A2-54) is always available to assist Soldiers with any off-post housing issue, from finding the right housing and rental inspections to resolving landlord-tenant disputes. Never enter into a lease without checking first with the Army Housing Services Office to see if the rental you are contemplating has been inspected by us for basic safety and habitability criteria. Always get your lease reviewed by Legal Assistance or the Army Housing Services Office prior to signing to be sure all your rights are safeguarded and you're not entering into a situation that could turn bad for you after you move in. Stop in or call 772-9397 or 772-8751 to speak to a counselor.
- **BASIC ALLOWANCE FOR HOUSING (BAH):** New BAH rates for CY21 went in to effect on 1 January. Soldiers who were already assigned to Fort Drum and receiving the previous year's rate will keep the same rate if higher than the new rate; or, receive the new rate if higher than the previous year's rate for their pay grade. If your pay grade changes or your marital status changes after 1 January, you will get the new rate. Refer to the Department of Defense BAH website for more information: <https://www.defensetravel.dod.mil/site/bah.cfm>
- **DoD Tenant Satisfaction Housing Survey:** This year's annual survey has come to a close with an outstanding response of over 40% from our valued Fort Drum housing residents. We want to thank all of you who participated by taking a few minutes to provide valuable feedback to ensure our Fort Drum housing team is aware of what is important to you.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: raymond.g.ganem.civ@mail.mil

Website: www.housing.army.mil

19. Sports, Fitness and Aquatics

Jon Burnard, 315-772-6663

- **Love Your Heart:** DFMWR will host heart healthy informational programs through the entire month of February in association with American Heart Health month. No registration is required. These will be virtual events where those interested can find information about heart health on the SFA Facebook page throughout the month.

- **Cornhole Tournament:** DFMWR will host a cornhole tournament on Friday night, February 12th – location TBA - in conjunction with Special Events. Active duty members as well as all other DoD ID cardholders 18+ will be eligible to compete. Rosters will be due to the Sports and Fitness office by February 10th. Light snacks will be provided.
- **Snowshoe Run:** DFMWR will host a Snowshoe Run on February 20th at Remington Park, in conjunction with Special Events. Any DoD ID cardholder is eligible to attend. Snowshoes are available for rent from Outdoor Recreation. There will be pre-registration, as well as day-of registration. Contact the Sports and Fitness office to register.
- **4v4 Indoor Soccer Tournament:** DFMWR will host a soccer tournament on February 26th at the Monti Physical Fitness Facility. Active duty members, as well as all other DoD ID cardholders 18+ will be eligible to compete. Rosters will be due to the Sports and Fitness office by February 22nd.
- **Indoor Triathlon Sprint:** DFMWR will host an Indoor Triathlon on March 11th at the Magrath Sports Complex. Active duty members, as well as all other DoD ID cardholders 18+ will be eligible to compete. There will be pre-registration, as well as day-of registration. Active Duty will start at 6:30 am with all other participants starting at 9 am. Events will include Biking, Swimming, and Running. For more information please contact the Sports and Fitness office.
- **St. Patrick's 5K Beer Run – Tentative:** DFMWR will host its inaugural Beer Run at Remington Park on March 20th. Active duty members as well as all other DoD ID cardholders 21+ will be eligible to participate. There will be pre-registration, as well as day-of registration. Cost \$35 for the 5k Beer Run.

<p>NEED ADDITIONAL INFORMATION? Click the hyperlinks</p>	<p>Email: jonathan.m.burnard.naf@mail.mil or alyson.t.thibodeaux.naf@mail.mil Website: https://drum.armymwr.com/categories/sports-and-fitness Facebook: https://www.facebook.com/FtDrumFitness</p>
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20. McEWEN LIBRARY

Allen Goudie, 315-772-9099

- **FYI:** Want to check-out library material? The Library is now open to all ages, Monday – Friday, 9 am - 6 pm. Masks must be worn and social distance maintained. We also have curbside pickup. Please contact us at 315-772-9099 for full details.
- **E-RESOURCES:** check out the Army Library Program & McEwen Library's **free** e-resources at (<http://mylibraryus.armybiznet.com/screens~S24/resources2.html>). Access e-magazines, e-books, audio-books and streaming video via Overdrive & RB Digital, databases such as Ancestry.com, Mango Languages, Academic Research Premier, or educational assistance through Tutor.com, etc. Use your library patron information to access. If not sure what your login info is or you are not a library patron, please contact us at 315-772-9099 between 9 am and 6 pm, Monday – Friday to establish your account.
- **Virtual Story Time:** Tuesdays & Fridays at 10 am. Logon through our Facebook page: www.facebook.com/pages/Robert-C-McEwen-Library/269047099442
- **Bilingual Virtual Story Time:** Thursdays (German or Spanish) at 10 am. Logon through our Facebook page: www.facebook.com/pages/Robert-C-McEwen-Library/269047099442

<p>NEED ADDITIONAL INFORMATION? Click the hyperlinks</p>	<p>Email: allen.r.goudie.naf@mail.mil Website: www.drummwr.com/library.htm Facebook: www.facebook.com/pages/Robert-C-McEwen-Library/269047099442 Online Card Catalog: http://mylibraryus.armybiznet.com/search~S24 Blackberry or iPhone Access: www.mylibraryusmobile.fmw.net/</p>
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21. MEDDAC

Rosalinda White, 315-772-4655

- We are looking for TRICARE beneficiaries (active duty, active duty family members, retirees, retiree family members) to volunteer to be council members for our new Patient and Family Partnership Council (PFPC) All volunteers will be required to complete Fort Drum volunteer training, Annual Privacy Training (HIPPA), and sign a confidentiality agreement. The purpose of the PFPC is to make recommendations that would improve the experience of care to the Military Treatment Facility Commander, COL Robert Heath. If

you would like to receive a volunteer application please reach out to the Fort Drum MEDDAC Patient Advocate, Ms. Rosalinda White at 315-772-4655 and/or Rosalinda.white6.civ@mail.mil.

• **Joint Outpatient Experience Survey (JOES):** If you are seen at a Fort Drum Military Treatment Facility (MTF), you may be randomly selected to fill out a JOES survey. The survey welcomes patients at DoD (MTFs) the opportunity to voice outpatient experiences, to compare and standardize beneficiary visits among all DOD facilities, in order to achieve superior care. The answer to each survey questions directly impacts our monthly patient satisfaction score. This satisfaction score is displayed throughout all Fort Drum MTFs. Fort Drum MTFs receive additional funding from outpatient surveys when beneficiaries answer JOES' overall patient satisfaction question, question 23, that they agree their health care visit was satisfactory. This additional funding can help us improve the patient experience, increase medical resources, improve infrastructure, and introduce new initiatives. Your feedback is important! Point of Contact: Patient Advocate, Rosalinda White 315-772-4655, Rosalinda.white6.civ@mail.mil

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: Raymond.E.Rainbolt.civ@mail.mil

Website: www.FortDrum.iSportsman.net

Facebook: <https://www.facebook.com//FortDrumNaturalResources>

22. NORTH COUNTRY SPOUSES' CLUB (NCSC)

Erin Wright, PRESIDENT, 540-588-8971

- Applications for 2021 Community Grants and Scholarships are available on our website. Community Grants are available for local, non-profit organizations that support the soldiers and families of Fort Drum. Applications are due March 26, 2021.
- Scholarships are available to military spouses and children with valid DoD ID cards and reside in the local area. Applications are due March 14, 2021.
- Remaining luncheons for the 2020-2021 year are scheduled for February 9, March 18, April 20, and May 20.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Website: <http://northcounterspousesclub.com/>

Email: ncscpres@gmail.com

Facebook: https://www.facebook.com/NorthCountrySpousesClub?ref=br_tf

23. OFF THE BEATIN' PATH GIFTS (OTBP)

Madelaine Taylor, 540-558-8971

- New hours are Tuesday-Friday, 11am to 2pm.
- Shipping and Pick up available through our website.
- OTBP will be closed from Feb 16th – 19th for Winter Break. We will reopen on Tuesday, Feb 23.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: offthebeatinpathgiftshop@gmail.com

Facebook: <https://www.facebook.com/offthebeatinpathgiftshop/>

Website: offthebeatinpathgiftshop.square.site

24. OUTDOOR RECREATION

Jessica Penny, 315-772-4010

- **Ski Shop:** Outdoor Recreation has it's very own ski shop, with it being that time of year bring in your skis, snowboards, etc and we can wax, tune, and sharpen them. For more information call our front desk at 315-772-5169/8222.
- **Snowshoeing Hike:** Join Outdoor recreation on February 6th as we go on a winter hike, weather permitting. This hike is **\$25 per person** and includes the use of our equipment and guide. Hike will start at 8 am and end at Noon. Please contact the Outdoor Recreation staff at 315-772-8222 /5169 for additional information. This event will take place on the Fort Drum trails and allow a fun opportunity to experience Fort Drum's trail system. Additionally, patrons may find interest in learning more about Outdoor Recreation trips, events, and rentals!

- **Saranac Lake Winter Carnival:** Join Outdoor Recreation on February 13th. This trip is **\$25 per person** and includes transportation to and from Saranac Lake's annual winter carnival. Trip leaves Outdoor Recreation at 8 am and returns at approximately 6 pm. Please contact the Outdoor Recreation staff at 315-772-8222 for additional information.
- **Ice Fishing Trip:** Join Outdoor Recreation on February 20th and March 6th, weather permitting. These trips will be **\$45 per person** and include all ice fishing gear and bait. This is a great way to experience ice fishing for the first time with our experienced Outdoor Recreation staff. Please contact the Outdoor Recreation staff at 315-772-8222 for additional information.
- **Cross-Country Ski Hike:** – Join Outdoor Recreation on February 27th as we go on a cross-country ski hike, weather permitting. This hike is **\$25 per person** and includes the use of our equipment and guide. Trip will start at 8 am and end at Noon. Please contact the Outdoor Recreation staff at 315-772-8222 /5169 for additional information. This event will take place on the Fort Drum trails and allow a fun opportunity to experience Fort Drum's trail system. Additionally, patrons may find interest in learning more about Outdoor Recreation trips, events, and rentals!
- **Snow Tubing Trip:** Join Outdoor Recreation on March 13th, weather permitting. These trips will be **\$25 for children 16 and below and \$30 for 17 and up**. Cost includes transportation, sled, and lift ticket to Maple Ridge Snow Center. Trip leaves Outdoor Recreation at 11 am and returns at 5 pm. All ages welcome. Please contact the Outdoor Recreation staff at 315-772-8222-5169 for additional information.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: jessica.l.penny.naf@mail.mil

Website: www.drum.armymwr.com/us/drum/programs/o-recreation/

Facebook: <http://www.facebook.com/pages/Fort-Drum-Recreation/546416075378830?ref=hl>

25. RELIGIOUS SUPPORT OFFICE

Carol Burke, 315-772-5591

Religious Services are still being held on Fort Drum during COVID 19, with health and safety precautions in place. Please call 315-772-5591 for updated status.

FORT DRUM RELIGIOUS SERVICES SCHEDULE

PROTESTANT

Sun	0900	Traditional Service	Riva Ridge Chapel
Sun	1000	Gospel Service	Po Valley Chapel
Sun	1100	Liturgical Service	Riva Ridge Chapel
Sun	1100	Chapel Next Service	Main Post Chapel

CATHOLIC

Sat	1700	Mass	Main Post Chapel
Sun	0900	Mass	Main Post Chapel

JEWISH

Fri	1830	Shabbos	Main Post Chapel
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Due to COVID, please refer to the Fort Drum Religious Support Facebook page for the most current religious service status.

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

On Duty Chaplain 772-5591; After Duty Hours Chaplain 772-5647

Email: carol.a.burke.civ@mail.mil

Website: [Fort Drum Religious Support](http://FortDrumReligiousSupport.com)

26. SAFETY

John Drozd, 315-772-3022

Time to Change the Clocks. Daylight Saving Time begins every year on the second Sunday in March. Clocks are set forward one hour, except in Hawaii and most of Arizona. It's also a great time to check your smoke alarms and Carbon Monoxide Detectors:

Smoke Alarms:

- Three out of every five home fire deaths result from fires in homes with no smoke alarms, according to the National Fire Protection Association. Test your smoke alarms every month and replace the battery at least once a year. If the alarm makes a "chirping" sound, replace it immediately.
- Smoke alarms should be in every bedroom and in the common areas on each floor of a home. Mount them at least 10 feet from the stove to reduce false alarms, less than 12 inches from the ceiling and away from windows, doors and ducts.
- Smoke alarms can be interconnected wirelessly. That means, when one sounds, they all sound. A Consumer Product Safety Commission survey found this is the best way to notify everyone in a home if there is a fire. Be sure to purchase smoke alarms with the label of a reputable testing agency, like Underwriters Laboratories (UL).

Carbon Monoxide Detectors:

- Anything that burns fuel can potentially become a source of carbon monoxide, an invisible, odorless gas that can kill. CO alarms should be installed in a central location outside each bedroom and on every level of the home. The safety tips for CO detectors mirror those of smoke alarms: change the batteries, test them and interconnect them, if possible.

Generator Use:

- Never run generators in enclosed spaces. They produce lethal amounts of carbon monoxide rapidly.

Also, make sure vents for your gas appliances (fireplace, dryer, stove and furnace) are free and clear of snow or debris.

NEED ADDITIONAL INFORMATION?

Email: john.e.drozd.civ@mail.mil

27. SOLDIER FOR LIFE - TRANSITION ASSISTANCE PROGRAM (SFL-TAP)

Craig McNamara, 315-772-3284

• **SFL-TAP SEMINARS:** SFL-TAP is open to family members and Veterans requesting services. We encourage family members to accompany their Soldier or attend sessions for their own needs. Our Career Fairs have moved online through Recruit Military and individual companies. Please check our Facebook page for more information.

○ Virtual Career Fair **25 Feb via Microsoft Teams, 1000-1530.**

Participants must create a MS Teams account prior to the event. The list of employers and their MS Teams channels will be released shortly.

○ DOL Career and Credential Exploration **02 Feb, 0800-1600**

& 16 Feb, 0800-1600

○ Career Skills Program Brief **02 Feb, 0900-1530**

○ Boots to Business **23 Feb, 0800-1600**

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: craig.a.mcnamara.civ@mail.mil

Website: www.sfl-tap.army.mil

Facebook: www.facebook.com/DrumSFLTAP

28. SPECIAL EVENTS

Al Janssen, 315-772-7864

Stay tuned for upcoming events.

NEED ADDITIONAL INFORMATION?

Email: allen.y.janssen.naf@mail.mil

Website: drum.armymwr.com

Facebook: www.facebook.com/DrumFMWR

29. STAFF JUDGE ADVOCATE

Dwight Austin, 315-772-5261

30. USO

Cheryl Christie, 315-778-0850

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: usoftdrum@uso.org

Website: www.uso.org/fortdrum

Facebook: www.facebook.com/USOFortDrum

31. VETERINARY SERVICES

CPT Breanna Johnson, 315-772-4262

- **Mission:** We deliver high quality animal medical care and veterinary public health services to eligible Service Members and their families, DoD entities, and federal agencies. The availability of services is based on mission requirements, time constraints, and personnel.
- **Registration:** Pets must be registered prior to booking an appointment. Registration must occur in person at the veterinary clinic anytime during facility hours. Please bring CAC card/other authorized ID and your pet's previous vaccine records. It is not necessary to bring the pet for registration.
- **Appointments:** Booking by appointment for Wellness/Vaccine Examinations, Limited Sick Call Appointments available. Appointments are available one week at a time. Appointments open the last business day of the week for the next upcoming week. Pet owners should be prepared to seek off post civilian veterinary care services for sick pets and emergencies. An informational handout regarding local off post civilian veterinary clinics is available by request. FYSA the nearest 24/7 emergency veterinary facility is located in Syracuse.
- **COVID Procedures:** All services are curbside only. Clients will remain in their vehicles while pets enter the building. Clients must wear a mask while interacting with staff. Instructions for clients are posted on the front doors.
- **Facility Hours:** Monday-Friday 8:30am-4:30pm (closed for lunch noon-1:00pm); Closed the last business day of the month.
- **Call Front Desk to schedule appointment 315-772-4262 or 315-772-0642**
- **Please see our Facebook Page for the most up to date information! See prices for services under the 'Services' tab!**

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: breanna.h.johnson2.mil@mail.mil

Website: <http://www.drum.amedd.army.mil/vets/>

Facebook: www.facebook.com/FortDrumVTF

32. VOLUNTEER SUPPORT FUND (VSF)

Jennifer Pitard, 325-280-5539

NEED ADDITIONAL INFORMATION?

Click the hyperlinks

Email: vsf.president@gmail.com

Facebook: <https://www.facebook.com/VolunteerSupportFund>

33. GIVING TUESDAY MILITARY

Brittany Raines, 337-718-7248

- Several volunteer and community outreach opportunities for individuals and units/organizations
- For more information and updates please follow "Giving Tuesday Military-Fort Drum, NY Area" on Facebook.

34. MAGRATH SPORTS COMPLEX (MSC)

Charlie Rhode, 315-772-9672

- **Facility Hours:** Monday – Friday; 6 am - 7 pm, Saturday; 8 am – 4 pm.
- **COVID-19 Procedures:** Many COVID-19 precautions are in place to mitigate risk. Measures include, but are not limited to: enhanced cleaning between equipment uses, requirement of face coverings, sign-in with temperature check, and hand sanitization.
- **Facility Upgrades:** A new front desk has been installed to help us provide a more aesthetically pleasing welcome center. The male and female saunas are in the beginning stages of being replaced and updated by DPW.
- **Reservations:** Reservations for mission essential ACFT testing in small groups of 10 or less is still available. Call the front desk at 315-772-9670 to inquire.
- **Intern:** An intern from St. John Fisher College has started with us. He will be supporting all of our Community Recreation Division programs over a 10 week internship.

NEED ADDITIONAL INFORMATION?

Email Address: Charles.w.rhode2.naf@mail.mil or Elizabeth.a.ward83.naf@mail.mil

Website: <https://drum.armymwr.com/programs/magrath-sports-complex>

Facebook: <https://www.facebook.com/FtDrumFitness>

35. AQUATICS

Charlie Rhode, 315-772-9672

- **Pool Hours:** Pool is closed until further notice. Aquatics staff are supporting our Fitness Facilities with their enhanced cleaning protocols.
- **Pool Upgrade:** New LED lighting has been installed to provide a much brighter, more modern, and more inviting pool venue. The increased lighting will provide a safer environment and provide better lifeguarding surveillance.
- **In-Service:** Lifeguards hold a weekly in-service to practice skills and remain current on their lifeguarding, CPR/AED/First Aid certifications
- **Events:** A variety of events have been prepared and will commence once it is safe to do so. February's event is a one mile "Swim for Your Heart," March is "Aqua March Madness," April is "Easter Egg Dive," and May is "Military Souse Appreciation."
- **Programs:** CPR/AED/First Aid certification classes, Lifeguarding certification classes, swim lessons, a 100-mile swim club, and a Swim for Life tracking activity are all ongoing activities available for participation throughout the year.

NEED ADDITIONAL INFORMATION?

Email Address: Charles.w.rhode2.naf@mail.mil

Website: <https://drum.armymwr.com/programs/magrath-sports-complex>

Facebook: <https://www.facebook.com/FtDrumFitness>

35. MONTI PHYSICAL FITNESS CENTER (MPFC)

Brittany Garnsey, 315-772-4806

- **Facility Hours:** Monday – Friday; 6 am – 6 pm, closed Saturday, and Sunday; 8 am – 4 pm.
- **COVID-19 Procedures:** Many COVID-19 precautions are in place to mitigate risk. Measures include, but are not limited to: enhanced cleaning between equipment uses, requirement of face coverings, sign-in with temperature check, and hand sanitization.
- **Reservations:** Reservations for mission essential ACFT testing is still available on the turf with limited capacities. Call our front desk for more information, 315-772-4936.
- **Equipment Check Out:** Limited fitness equipment check out is available for use inside the facility.

NEED ADDITIONAL INFORMATION?

Email Address: Brittany.m.garnsey.naf@mail.mil

Website: <https://drum.armymwr.com/programs/monti-physical-fitness-center>

Facebook: <https://www.facebook.com/FtDrumFitness>

36. PINE PLAINS BOWLING CENTER

Kevin Bice, 315-772-6601

- **Facility Hours:** Thursday; 4 – 8 pm, Friday and Saturday; 11 am – 10 pm, Sunday; 11 am – 6pm.
- Come on over in your SPARE time and have some fun! For an experience that is guaranteed to be loads of fun, go HyperBowling with the whole family!
- Must wear a mask to enter the building. Limit to groups of 4 or a family of 6. The bowling center will be operating at 50% capacity and social distancing will be observed.
- During operational hours, the kitchen is open for takeout, or lane-dining while bowling. Call ahead at 315-772-6601 for takeout.

Bowling pricing is available at drum.armymwr.com.

NEED ADDITIONAL INFORMATION?

Email Address: kevin.j.bice.naf@mail.mil

Website: drum.armymwr.com

37. THE COMMONS

Isabelle Crayton, 315-772-6222

- **Reservations:** The Commons offers a variety of facility spaces to accommodate every type of event. Facilities include small and large ballroom spaces, and conference rooms.
Meetings and Event packages include:
 - Audio and visual equipment is available including overhead projectors and laptop computers.
 - Professional event staff to set up and tear down tables and chairs.Contact the Commons for more information.

NEED ADDITIONAL INFORMATION?

Email Address: isabelle.crayton.naf@mail.mil

Website: drum.armymwr.com

38. ATKINS FUNCTIONAL FITNESS FACILITY

Michelle Winter 315-772-3342

- **Facility Hours:** Service Members Only during PT Hours: Monday – Friday 6am-10am. Must be in PT uniform and wear a mask at all times. Service members and DoD ID Cardholders: Monday – Friday 10am – 6pm and Saturday 8am – 4pm. Civilian gym clothes allowed. Must wear mask at all times. *Subject to Change*

Functional fitness exercises are designed to train and develop your muscles to make it easier and safer to perform everyday activities. Functional fitness focuses on strength, agility, stamina, and speed. Functional fitness builds a body capable of doing real-life activities in real-life positions.

Functional fitness exercises train your muscles to work together and prepares them for daily tasks by simulating common movements you might do at home, at work, in sport, or on the battlefield. While using various muscles in the upper and lower body at the same time, functional fitness exercises also emphasize core stability. Personal trainers are available to give you a one-on-one personalized functional fitness workout plan.

NEED ADDITIONAL INFORMATION?

Email Address: michelle.m.winter3.naf@mail.mil

Website: <https://drum.armymwr.com/programs/atkins-functional-fitness-facility>