

AQUATIC FITNESS CALENDAR

NOVEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 12:00PM: PADDLE PILATES	4 8:00AM: WATER AEROBICS	5 11:00AM: HYDROFIT	6 11:00AM: AQUA TABATA	7
8	9	10 12:00PM: PADDLE PILATES	11 NO CLASS	12 11:00AM: HYDROFIT	13 11:00AM: AQUA TABATA	14
15	16	17 12:00PM: PADDLE PILATES	18 8:00AM: WATER AEROBICS	19 11:00AM: HYDROFIT	20 11:00AM: AQUA TABATA	21
22	23	24 12:00PM: PADDLE PILATES	25 8:00AM: WATER AEROBICS	26 NO CLASS	27 11:00AM: AQUA TABATA	28
29	30					

INSTRUCTORS
PADDLE PILATES-
RANISA

WATER AEROBICS-
GWEN

HYDROFIT -
ASHLEY

AQUA TABATA-
ASHLEY

