



FMWR MAGRATH AQUATICS SCHEDULE

MAY-JUNE 2026

	MONDAY					TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY			SUNDAY	PROGRAMS & RESERVATIONS*											
LANES	1,2	3,4	5,6	7,8	1,2	3,4	5,6	7,8	1,2	3,4	5,6	7,8	1,2	3,4	5,6	7,8	1,2	3,4	5,6	7,8	1,2	3-6	7-8														
6:00	SOLDIER PHYSICAL TRAINING					SOLDIER PHYSICAL TRAINING				SOLDIER PHYSICAL TRAINING				SOLDIER PHYSICAL TRAINING				SOLDIER PHYSICAL TRAINING				CLOSED			CLOSED	SOLDIER PHYSICAL TRAINING											
6:30						PHYSICAL TRAINING								P3T	SRU	PHYSICAL THERAPY	SWIM LESSONS									CWST/ UNIT PT RESERVATIONS	SRU	PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SOLDIER RECOVERY UNIT (SRU)*		
7:00						PHYSICAL TRAINING								SRU	PHYSICAL THERAPY	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS									SRU	PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SOLDIER RECOVERY UNIT (SRU)*			
7:30	SOLDIER PHYSICAL TRAINING					P3T				SOLDIER PHYSICAL TRAINING				PHYSICAL THERAPY				SOLDIER PHYSICAL TRAINING								CLOSED			CLOSED	HOLISTIC HEALTH & FITNESS (H2F)*							
8:00						SRU								PHYSICAL THERAPY	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	PREGNANCY PHYSICAL THERAPY (P3T)*
8:30						SRU								PHYSICAL THERAPY	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	PREGNANCY PHYSICAL THERAPY (P3T)*
9:00	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS												CLOSED			CLOSED	SOLDIER RECOVERY UNIT (SRU)*			
9:30						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SOLDIER RECOVERY UNIT (SRU)*
10:00						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SOLDIER RECOVERY UNIT (SRU)*
10:30	CWST/ UNIT PT RESERVATIONS					H2F				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CLOSED			CLOSED									PHYSICAL THERAPY (PT)*			
11:00						ACTIVE DUTY LESSONS								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU									PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata					LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	PHYSICAL THERAPY (PT)*
11:30						ACTIVE DUTY LESSONS								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU									PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata					LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	PHYSICAL THERAPY (PT)*
12:00	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS								CLOSED			CLOSED					COMBAT WATER SURVIVAL TRAINING (CWST)*			
12:30						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	COMBAT WATER SURVIVAL TRAINING (CWST)*
13:00 (1)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	COMBAT WATER SURVIVAL TRAINING (CWST)*
13:30 (1:30)	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS												CLOSED			CLOSED	LAP SWIM			
14:00 (2)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	LAP SWIM
14:30 (2:30)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	LAP SWIM
15:00 (3)	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CLOSED			CLOSED									OPEN SWIM			
15:30 (3:30)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU									PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata					LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	OPEN SWIM
16:00 (4)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU									PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata					LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	OPEN SWIM
16:30 (4:30)	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS								CLOSED			CLOSED					FITNESS CLASSES			
17:00 (5)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	FITNESS CLASSES
17:30 (5:30)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU													PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata	LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	FITNESS CLASSES
18:00 (6)	CWST/ UNIT PT RESERVATIONS					CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS				CWST/ UNIT PT RESERVATIONS												CLOSED			CLOSED	SWIM LESSONS			
18:30 (6:30)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SWIM LESSONS
19:00 (7)						LAP SWIM								Pilates	SWIM LESSONS	CWST/ UNIT PT RESERVATIONS	SRU					PHYSICAL THERAPY	ACTIVE DUTY LESSONS	H2F	Tabata									LAP SWIM	BIRTHDAY PARTYS	ACTIVE DUTY LESSONS	SWIM LESSONS

For questions or more information contact (315) 772-9673 or visit <https://drum.armymwr.com/programs/magrath-sports-complex>