

AQUATIC FITNESS CALENDAR

DECEMBER 2026

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INSTRUCTORS PADDLE PILATES- RANISA WATER AEROBICS- GWEN HYDROFIT - ASHLEY AQUA TABATA- ASHLEY			1 12:00PM: PADDLE PILATES	2 8:00AM: WATER AEROBICS	3 11:00AM: HYDROFIT	4 11:00AM: AQUA TABATA	5
	6	7	8 12:00PM: PADDLE PILATES	9 8:00AM: WATER AEROBICS	10 11:00AM: HYDROFIT	11 11:00AM: AQUA TABATA	12
	13	14	15 12:00PM: PADDLE PILATES	16 8:00AM: WATER AEROBICS	17 11:00AM: HYDROFIT	18 11:00AM: AQUA TABATA	19
	20	21	22 12:00PM: PADDLE PILATES	23 8:00AM: WATER AEROBICS	24 11:00AM: HYDROFIT	25 NO CLASS	26
	27	28	29 12:00PM: PADDLE PILATES	30 8:00AM: WATER AEROBICS	31 11:00AM: HYDROFIT		



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