



U.S. ARMY

## School Support Services

*A Driving Force for Student Success*

### On the Move

#### Tips to Ease the Transition

- ✓ Involve your children in the process and give them a sense of control. Explain the move.
- ✓ Research the new area together.
- ✓ Have your current School Liaison Officer (SLO) connect you with the SLO at the next duty station.
- ✓ Let your child help with packing, unpacking, and decorating their new room.
- ✓ Watch for changes and talk about it. Encourage expression of feelings.
- ✓ Depending on age, find books about moving to encourage discussion.
- ✓ Care for yourself and maintain a positive attitude.
- ✓ Keep an existing schedule as much as possible. Routines and activities should generally stay the same. Children thrive on routine so during times of change, predictability and structure comfort your child.
- ✓ Take advantage of existing supports.
- ✓ Remember to say goodbye! This may include people, places, and things.

#### Facilitate a Smooth Transition between Schools

- Hand-carry all needed records which include (but are not limited to) copies of school records, special education records such as an IEP or 504 Plan, birth certificate, social security card, health / immunization records, and most recent report card and schedule. Reference the checklist provided by your School Liaison Officer.
- Create a portfolio which entails extracurricular activities, accomplishments, and letters of recommendation, volunteer work, and anything else that will assist with a smooth integration into sports, fine arts or participation in national groups such as the National Honor Society. This will also assist later with college and scholarship applications.

For more information or resources for a successful transition, contact Your Fort Drum School Liaison Officer Wendy O'Sullivan: PH: 315-772-3214; Robin Banks, 315-772-0281; email: [ena.w.osullivan.naf@army.mil](mailto:ena.w.osullivan.naf@army.mil); [robin.d.banks3.naf@army.mil](mailto:robin.d.banks3.naf@army.mil)