

LEVEL DESCRIPTIONS

Parent & Child

(6 months- 3 years)

Adult assisted exploration of floating, bubbles and water safety

TOT

Introductory water skills to include underwater comfort, floating ability & safe pool exits

Learn-to-Swim 1

Basic water adjustment along with stroke development (assisted)

Learn-to-Swim 2

Building on & improving learned skills, students swim unassisted

Learn-to-Swim 3

Increased proficiency of learned skills along with deep water adjustment

Learn-to-Swim 4

Increased stroke proficiency & endurance of learned skills, while starting to learn advanced techniques.

Learn-to-Swim 5

Students must pass the swim test to enroll in this class. Students are continuing to increase proficiency while learning advanced techniques.

Learn-to-Swim 6

Students will master techniques that will prepare them for swim team prep.

Individual Lessons

All levels are welcome. Students are given individualized feedback and instructions based on their water competency levels.

Magrath Sports Complex
10050 Tigris River Valley Rd,
Fort Drum, NY, 13601

Aquatics Manager,
Mrs. Alex LaVine



alexandra.m.lavine.naf@army.mil



(315) 772-9673



<https://drum.armymwr.com/happenings/upcoming-swim-lessons>



FORT DRUM SFA SWIM LESSONS 2026

Summer Mini Session 1

July 13-24, 2026
(2 week session)

EVALUATIONS

- Evaluations assess skill level for accurate class placement.
- Previously evaluated students do NOT need to be re-evaluated.
- Participation in an evaluation does not guarantee class enrollment.



EVALUATION DATES:

SCAN THE QR ABOVE TO SELECT AN EVALUATION

EVALUATION FORM OPENS: 6/22/26, 8:00 AM

TUE 6/30/26, 1:00-5:00 PM

WED 7/1/26, 1:00-5:00 PM

THUR 7/2/26, 1:00-5:00 PM

REGISTRATION

Registration Dates:

Mon 7/6, 8:00 am-Thur 7/9/26, 4:00 pm

- New participants (except Parent & Child) must be evaluated before enrolling
- Payment must be received by registration close to secure your spot

Scan the QR Code below & fill out the form to reserve a spot!



SESSION SCHEDULE

SUMMER MINI SESSION 1 RUNS
3X A WEEK FOR 2 WEEKS

MON/WED/FRID

Parent & Child	1:00-1:30
TOT	1:30-2:00
LTS 1	2:05-2:35
LTS 2	2:35-3:05
LTS 3 & 4	3:10-3:40
LTS 5 & 6	3:45-4:15
Individual	4:15-5:00
Individual	4:15-5:00

PROGRAM FEES

OPEN TO DOD ID CARDHOLDERS
ON A FIRST COME, FIRST SERVED
BASIS

\$70 per person for six (6),

30 minute group classes

\$200 for six (6),

45 minute Individual classes



NEXT SESSION

SUMMER MINI
SESSION #2

AUGUST 17-28

MON/WED/FRI FOR 2 WEEKS

EVALUATION DATES:

August 4-6, 2026

REGISTRATION DATES:

August 10-13, 2026