



Community Information Exchange

All Presentations and Slides can be found at:



Some of today's topics:

- Upcoming Events
- Winter Activities

drum.armymwr.com





U.S. ARMY®



Community Information Exchange

February 1st, 2023



Agenda

Welcome/Administrative Notes

COL Zacchino, Garrison Commander

Dates to Remember Highlights

Kirk Davis, Family and Morale, Welfare and Recreation

Guest Speakers / Presentations

Al Janssen, FMWR

Elene Nemergut, Child and Youth Services

Wendy O'Sullivan, School Support Services

Dean Harrison, Ft. Drum Mountain Community Homes

Bill Van Orman, ASAP, SFRD

Scarlett Sharkey. RELO, SFRD

Kelly Bice, Army Family Team Building, SFRD

Dani Reed, AVC, SFRD

Dr. Christopher Jones, MEDDAC Pharmacy

Rosalinda White, Patient Advocate, MEDDAC

Agency Updates / Questions

Rich Stepanek, SFRD

Closing Remarks

COL Zacchino, Garrison Commander





Directorate of Family and Morale, Welfare and Recreation (DFMWR)

Kirk Davis

315-772-0789

kirk.c.davis5.naf@army.mil





Dates to Remember - FMWR

February 2023

2/12	Superbowl Party	5:00 p.m.	Special Events
2/12	Air Hockey Tournament	2:00 p.m.	BOSS
2/13	Red Cross Blood Drive	12:00 p.m.	BOSS
2/15	Snow Ridge	9:00 a.m.	Outdoor Recreation
2/17	Don't Touch the Lava	7:00 a.m.	Sports, Fitness & Aquatics
2/17	Titus Mountain Trip	9:00 a.m.	Outdoor Recreation
2/17	Pickleball Tournament	6:00 p.m.	Sports Fitness & Aquatics
2/19	Ping Pong Tournament	2:00 p.m.	BOSS
2/21	Adult Swim Lesson	5:00 p.m.	BOSS
2/21	Fat Tire Ride	9:00 a.m.	Outdoor Recreation
2/22	Snow Ridge	9:00 a.m.	Outdoor Recreation
2/23	Adult Swim Lesson	5:00 p.m.	BOSS
2/23	Robert G Wehle Snakefoot Trail	9:00 a.m.	Outdoor Recreation
2/24	Maple Ridge Tubing	9:00 a.m.	Outdoor Recreation
2/25	Volunteering SPCA	11:00 a.m.	BOSS
2/28	Adult Swim Lesson	5:00 p.m.	BOSS



For more event details,
visit drum.armymwr.com/calendar





Dates to Remember - FMWR

March 2023

3/1	Snow Ridge Trip	9:00 a.m.	Outdoor Recreation
3/2	Adult Swim Lessons	5:00 p.m.	BOSS
3/2	Volleyball League	6:00 p.m.	Sports, Fitness & Aquatics
3/3	Guided Snowmobile Ride	8:00 a.m.	Outdoor Recreation
3/4	Volunteering SPCA	11:00 a.m.	BOSS
3/5	Rocket League	2:00 p.m.	BOSS
3/8	International Women's 5K	7:00 a.m.	BOSS/SFA
3/9	Facing the Board	5:00 p.m.	BOSS
3/10	Titus Mountain	9:00 a.m.	Outdoor Recreation
3/11	CPR- First Aid Class	8:00 a.m.	BOSS
3/11	Bubble Soccer Tournament	9:00 a.m.	Sports, Fitness & Aquatics
3/12	HALO Tournament	2:00 p.m.	BOSS
3/14	Lifeguard Training	4:30 p.m.	BOSS
3/18	Maple Days	9:00 a.m.	Special Events
3/18	Volunteering SPCA	11:00 a.m.	BOSS
3/19	Axe Throwing Tournament	1:00 p.m.	BOSS
3/25	Wonderworks Trip	9:00 a.m.	Outdoor Recreation



For more event details,
visit drum.armymwr.com/calendar





Family and Morale, Welfare and Recreation Al Janssen

315-772-7864

allen.y.janssen.naf@army.mil





Family and Morale, Welfare and Recreation



We're ...

Hiring

Join Our Team!

We are looking for passionate individuals to join our Fort Drum Family and MWR team!

Full Time, Part Time and Flex Positions Available!

Apply Today at
www.usajobs.gov

DRUM.ARMYMWR.COM

[f @DRUMFMWR](https://www.facebook.com/DRUMFMWR) [i @FORTDRUMFMWR](https://www.instagram.com/FORTDRUMFMWR)





Family and Morale, Welfare and Recreation



**SUPERBOWL
LVIII
PARTY**

FEBRUARY 12, 2023

**MAGRATH SPORTS COMPLEX
DOORS OPEN AT 5:00 P.M.**

Watch the Superbowl with us
on a 35ft screen!

Enjoy 3 slices of pizza and 5 chicken wings
for \$12 a person. Beverages available for purchase.

Open to patrons 10 years and older.
MUST be 21 or older to purchase/consume alcoholic beverages.

WATCH THE GAME
ON THE BIG SCREEN



DRUM.ARMYMWR.COM



f @DRUMFMWR | i @FORTDRUMFMWR





Family and Morale, Welfare and Recreation

FMWR FITNESS EQUIPMENT AND FURNITURE SILENT AUCTION

This auction will include fitness equipment, office and home furnishings from the Commons and Lodges, and more!

February 24 & 25
10 a.m. to 4 p.m.
The Commons

4350 Euphrates River Valley Road

For more information, call 315-772-5685.
View pictures of the auction items at drum.armymwr.com.

DRUM.ARMYMWR.COM



[@DRUMFMWR](https://www.facebook.com/DRUMFMWR) | [@FORTDRUMFMWR](https://www.instagram.com/FORTDRUMFMWR)





Family and Morale, Welfare and Recreation

MAPLE DAYS

& COMMONS RE-OPENING

Enjoy a FREE breakfast and tour the newly refreshed Commons!
Breakfast will include pancakes with maple syrup, sausages and a beverage.

The Commons

4350 Euphrates River Valley Road

March 18

9 a.m. - 11 a.m.

Open to DoD ID Cardholders of all ages.
For more information, call 315-772-7864.



DRUM.ARMYMWR.COM



@DRUMFMWR



@FORTDRUMFMWR





Child and Youth Services Elene Nemergut

315-772-8675

elene.m.Nemergut.naf@army.mil





Fort Drum Child and Youth Services

Youth Sports and Fitness

Baseball Registration (February 6 - May 9)

- Ages 4-6 T-Ball – Tuesdays and Thursdays
- Ages 7-9 Grasshopper – Tuesdays and Thursdays
- Season: May 9 - June 22
- Pee Wee – Ages 10-12 - Competitive Travel League
Monday, Wednesday, Friday – Starting April 12 - \$45 per child



Soccer Registration (February 6 - May 8)

- Ages 4-5 Starting Monday, May 8 at 5:30 p.m. - \$25 per child
- Ages 6-13 Starting Monday, May 8 (Monday & Wednesday) - \$45 per child

Flag Football Registration (February 6 - May 5)

- Ages 6-13
- Fridays at 5:30 p.m. through June 23
- \$40 per child

For more information, please visit <https://drum.armymwr.com/programs/youth-sports-and-fitness-program>

POC Tania Spann, 315-772- 4102





Fort Drum Child and Youth Services

Child and Youth Services

CYS is still hiring! – Apply online at [USAjobs.gov](https://www.usajobs.gov).

- Benefits include a 50% Discount on childcare.
- CYS employees are now part of a pilot program at Fort Drum and can use the Commissary to shop.
- Full-Time and Part-Time positions do include annual/sick leave, as well as a 401K and other great benefits.
- Contact 315-772-6715 for further information.

POC Elene Nemergut, 315-772-3677





Fort Drum Child and Youth Services

Child and Youth Services



YOUTH CENTER

10788 Chapel Drive, Fort Drum, NY 13602

HIRING FOR (but not limited to): Child and Youth Program Assistant (CYPA)

- Benefited positions
- \$500 Recruitment Bonus/50% discounted Child Care
- Commissary Privileges

INTERVIEWS

**8 A.M.
TO
11 A.M.**

**Set up your USAJobs.gov profile and pre-apply online
for the listed openings.**

Applicants present at the Hiring Event receive first consideration.

**APPLY ONLINE AT
USAJOBS.GOV**

**Questions? Call Child Youth
Services at 315-772-6715**

WHAT TO BRING

Transcripts, diploma, and/or
certificates listed in the
announcement

Government ID (Driver's license,
state-issued ID, Military
Dependent ID, etc.)

Social Security Card

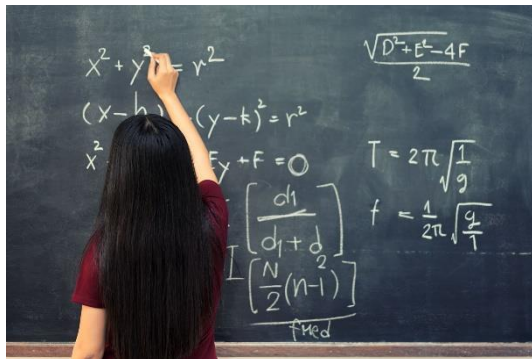
Optional Documents to support
a claimed priority/preference
(military spouse, veteran, etc.)





Fort Drum Child and Youth Services

Youth Services: Middle School/Teen Program



- **SPECIAL SATURDAY OPENING – February 25 – Masquerade – 4:00 p.m. – 8:00 p.m.** - Join us for our formal night of dancing, music, food and more. Corsage and boutonniere making at 1:00 p.m. – 2:00 p.m. Members will have the opportunity to decorate their own masks, as well. Door prizes every hour!
- **Family Trivia Night – March 3 - 5:00 p.m. - 6:45 p.m.** – Calling all parents and youth in grades 6 through 12 to participate in a generational trivia competition. Prize for the winner!
- **SAT Preparation Program – March 8-10 – 5:30 p.m. - 6:30 p.m.** – Join us to participate in various SAT skill building activities and answer practice SAT questions. Get assistance in any subjects necessary from our homework lead.
- **MARCH SPECIAL SATURDAY OPENING – March Madness March 18 - 4:00 p.m. - 8:00 p.m.** – Join us to celebrate March Madness with sports themed activities featuring a basketball tournament and so much more!
- **Babysitting Course – March 22-24 – 4:00 p.m. - 7:00 p.m.** – Limited to 12 participants (minimum of 5 must be signed up for class to run). By attending all three days, you will become certified in CPR and First Aid, as well as learn valuable information about caring for children. This course is required to be a certified babysitter on Fort Drum. You must be at least 12 to sign up. Youth 13 and older can be placed on the Fort Drum Babysitter's list once the course is successfully completed. Sign up online at WEBTRAC or via phone through Parent Central Services at 315-772-8675.

POC: Steve Ferguson, YC Director 315-772-6719



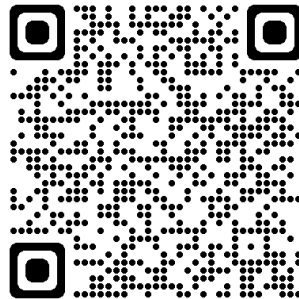


School Liaison Wendy O'Sullivan

315-772-3214

ena.w.osullivan.naf@army.mil

Fort Drum School Support Services





SLO: Reminders

Winter Break:

- School will not be in session the week of February 20 – 24.
- Classes will resume on Monday, February 27.

Scholarships for Military Students

- School Support Services Scholarship Database available under “Resources” Tab on School Support Services webpage; national and local scholarships.
- Webpage QR code on previous slide.
- Check out MWR Social media platforms for Scholarship postings.

PCS, ETS, Retiring and moving:

- Ensure to withdraw your child from school; district is accountable for students who are absent and not withdrawn.
- SLO can connect you with new duty station SLO.

Free online DOD sponsored Tutoring through Tutor.com

- Military and DOD Civilian dependents.
- Over 150+ Subjects K-12 and college; 24/7 support.
- College prep, college essays, SAT/ACT preps.
- Writing Support.
- Bilingual Spanish offerings in Math, Science, Social Studies, Writing.
- Study skills, Resume Writing and parent coaching.
- Sign up is easy: How-to-Guide and Course list on SSS webpage



[Tutor.com/military](https://www.tutor.com/military)





SLO: Reminders

Senior/Junior Stabilization:

- Provide stability to soldiers with family members in their junior and senior years of high school.
- How to apply: Soldiers should use a DA Form 4187 found here:
<https://www.hrc.army.mil/asset/16562>
- Request for stabilization: no earlier than March 1 of the student's freshman year and no later than the start of the student's sophomore year (applying between March and September).
- A request for High School Senior Stabilization cannot be fully considered for an assignment/stabilization until the EFMP has been updated or closed.

Exception to Policy: Requests submitted later than the start of the student's sophomore year may be processed as an exception to policy and must include justification, signed by the first O6 in their chain of command, that supports the delay in submission of request.

High School Senior/Junior Stabilization Submission Dates:

Graduation year: 2026

Apply no earlier than: March 2023

Apply no later than: September 2023

Graduation year: 2027

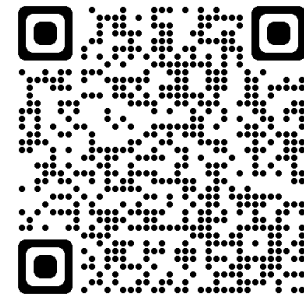
Apply no earlier than: March 2024

Apply no later than: September 2024

Graduation year: 2028

Apply no earlier than: March 2025

Apply no later than: September 2025



SCAN for all details and guidance for
Expanded Senior Stabilization





Ft. Drum Mountain Community Homes Dean Harrison

315-955-6800

dean.harrison@fdmch.com





BE THE CHANGE IN YOUR COMMUNITY

Tell us about your
experience for a
chance to win up
to \$2,000*!

A photograph of a diverse family of four (mother, father, and two children) smiling and holding a drawing of a house. The drawing shows a red-roofed house with a yellow sun and two figures in the yard.

January 31-February 20



Join your digital neighborhood with the **NEW Lendlease US Communities app**

NOW AVAILABLE!



Download on the
App Store



GET IT ON
Google Play

Download the
Lendlease US Communities app today!



**FORT DRUM MOUNTAIN
COMMUNITY HOMES**



Created by
lendlease

WINTER BINGO



Had a snowball fight	Drank hot cocoa	Made a snow angel	Went sledding
Built a snowman	Made snow cream	Shoveled snow	Made a blanket fort
Made a craft	Painted in the snow	Made cookies	Made paper snowflakes
Played a board game	Made a winter science experiment	Explored nature	Went ice skating

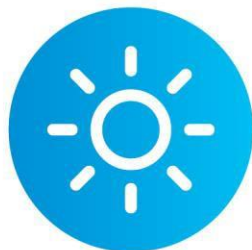
Complete four consecutive activities on your own in any row, column or diagonal and be entered into a raffle to win a prize. Complete the entire card your name gets entered twice into the raffle! Photos must be submitted of each complete activity. Visit our Facebook page for the link to submit your card.

WINTER FUN WEEK



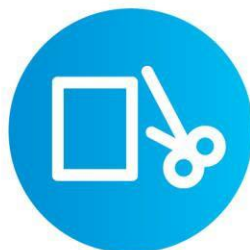
Join us for a week of fun
during winter vacation!

Feb 21-24 | 2-4PM



BEACH PARTY

Tuesday, February 21
Crescent Woods
Community Center



WINTER WONDERLAND DAY

Thursday, February 23
Monument Ridge Community Center



JUNGLE PARTY

Wednesday, February 22
Adirondack Creek
Community Center



PAJAMA MOVIE DAY

Friday, February 24
Rhicard Hills Community Center





Soldier & Family Readiness Division

Army Substance Abuse Program (ASAP)

Bill Van Orman

315-772-9018

william.c.vanorman.civ@army.mil



2ND ANNUAL ALPINE WARRIOR 22 CHALLENGE FOR SUICIDE PREVENTION



22 is a widely recognized number in the Veteran suicide prevention community. **It is known as the number of Veterans who take their lives each day.** This number varies, but it has been a rallying cry for Veteran and Active Duty resources in suicide prevention.

Join the Fort Drum Suicide Prevention Program for a week-long 22-mile snowshoe hike, where we will hike 4.4 miles each morning followed by a 22-minute class that will address common risk factors for suicide.

When: 0630 each day 27FEB-3MAR 23

Where: NCO Academy

**Use the QR code
to sign up.**



POC: William VanOrman
william.c.vanorman.civ@army.mil

- **Who:** Fort Drum Units/Individual Soldiers and Family members.
- **What:** We will snowshoe 22 miles that week and attend a 22 minute classes each day. This number is well recognized in the Veteran suicide prevention community so everything will revolve around the number 22.
- **When:** 27 Feb – 3Mar 23
- **Where:** NCO Academy/Remington Pond
- **Why:** February through June has seen increased risk for suicide in previous years. This event provides an opportunity to address common risk factors.
- **How:** Start each morning with a 4.4 mile snowshoe hike from the NCOA through Remington Pond. After each hike, we will have a different 22 minute class each day in the NCOA classroom. This will capture the attention of the attendees with a new delivery method, while limiting the time they have to dedicate from their training schedule. Topics will address suicide risk factors:
 - 27 Feb - Work Stress (Wellness Center)
 - 28 Feb - Relationship issues (FAP)
 - 1 Mar - Legal Issues (SP2)
 - 2 Mar - Drug and Alcohol (ASAP)
 - 3 Mar - Transition challenges (Relo)





Family Advocacy Program (FAP) Updates

Satellite WIC Office

WIC will be on Fort Drum!

Call for an appointment or visit them the 2nd and 4th Thursday of the month at the Soldier and Family Readiness Division (SFRD) Enrichment Center!

NEW WIC SATELLITE LOCATION ON FORT DRUM

WIC will be on Fort Drum to provide their services to the community. They offer healthy food, nutrition education, and breastfeeding support to pregnant women and families with children up to five-years-old.

They will be here on the second and fourth Thursday of the month from 9:00AM – 3:00PM.

Satellite Location:
SFRD Enrichment Center
10262 4th Armored
Division Dr.

Call or text (315) 782-9222 to set up an appointment



You can use the QR code to apply for WIC or you can apply online at www.wicstrong.com/apply-for-wic/



FAP Special Events

Communication Bag

Call FAP to reserve your winter Family Communication Bag!

SNOWY DAY
Communication Bag

REMEMBER THIS??

DON'T GET STUCK INSIDE THIS WINTER BREAK WITH NOTHING TO DO. RESERVE ONE OF OUR WINTER FAMILY COMMUNICATION BAGS

Explore new ways to:

- Strengthen family foundations
- Build better communication
- AND HAVE FUN AND PLAY!

CALL TO RESERVE A BAG!
BAGS CAN BE PICKED UP ON FEBRUARY 16TH & 17TH 2023

AT THE SFRD
10250 4TH ARMORED DIVISION DR.
CALL US AT (315) 772-5914 OR MESSAGE US ON FACEBOOK AT [WWW.FACEBOOK.COM/FTDRUMFAP](https://www.facebook.com/FTDRUMFAP)

Mulligans for Mental Health

Join SFRD Programs TODAY at the PX to learn about fighting the 'winter blues' and a game of mini golf!

MULLIGANS FOR MENTAL HEALTH

Get out of the house this winter and join the Soldier and Family Readiness Division for a game of miniature golf and learn tools to cope with "winter blues" and winter depression.

FEBRUARY 1, 2023
11:00AM-1:00PM
AT THE FORT DRUM PX
10730A ENDURING FREEDOM DR





Exceptional Family Member Program (EFMP) Winter 2023 Programming

Special Events hosted by EFMP January/February 2023

Exceptional Family Member Program

Snow Tubing at Maple Ridge

Join us for some Winter fun at Maple Ridge in Lowville for 2 hours of Snow Tubing!

Free and open to all DOD Military Families Ages 4 and up!

Tuesday February 21st, 2023
From 10:30am to 12:30pm!
7421 East Rd.
Lowville, NY 13367

Call or message us on Facebook to reserve your spot today!
#315-772-5476/0664/5488

Follow and like us on Facebook!



EFMP will be hosting a new event this year in 2023; Snow Tubing at Maple Ridge in Lowville on the following date:

- Tuesday February 21, 2023
10:30am-12:30pm

EFMP offers Free Family Bowling and Sensory Workshop each month.

- Bowling – Thursday, February 23rd
- Sensory Play – Friday, February 3rd

Exceptional Family Member Program

SENSORY PLAY WORKSHOP

Friday February 3rd 2023
2:00-3:30pm
10262 4th Armored Division Drive
Fort Drum, NY 13602

COME JOIN US TO LEARN ABOUT SENSORY PLAY AND MAKE YOUR OWN VALENTINES COOKIES TO TAKE HOME AND BAKE!

Open to all DOD Military Families.
Call today or message on Facebook to RSVP as spots are limited!
#315-772-0664/5476/5488

Follow and like us on Facebook!



EFMP Family Bowling

EFMP has reserved the bowling center for all Military Families to attend and have an exceptional day! The concession stand will be open for families to buy food.

February 23, 2023

1:30PM - 3:30PM

Pine Plains Bowling Center
4320 Conway RD.

Please register by calling
[315] 772-5476/5488/6774
Registration is required!



Registration is required for ALL EFMP events!





Relocation Readiness Scarlett Sharkey

315-772-6566

katie.s.sharkey.civ@army.mil





Upcoming Events

COFFEE CONNECTIONS NEW SPOUSES WELCOME

Make connections
with other new
spouses, and learn
the best that Fort
Drum has to offer.



1st Thursday of the Month

9:30am-10:30am

Social time the first half hour, followed by informative briefs.

The Family Resource Center

11042 Mt Belvedere Blvd.



Hibernation Celebration

Previously January 19th, now rescheduled for February 2nd 2023

11:00 AM - 2:00 PM

Take a break from your winter hibernation and join us for an afternoon of fun! Wear your favorite comfy clothes to be extra cozy. Join us for hot chocolate, popcorn, board games, crafts, and more.

This event is free and open to Soldiers, Families, and children.



Family Resource Center

11042 Mt. Belvedere Blvd.

For more information please call 315-772-6553.



Sew-a-thon

Wish you knew how to sew? Are you a seasoned pro? Regardless of skill level, join us for our sew-a-thon. Each participant will have the opportunity to make four projects:

~ Pet Bandana

~ Bowl Cozy

~ Bag

~ Handwarmers

All materials will be supplied for FREE.

Call 315-772-6553 to sign up.

Monday February 6th

9:00 AM - 2:00 PM

Family Resource Center

11042 Mt. Belvedere Blvd.



Coffee Connection
1st Thursday of the Month
9:30-10:30 AM

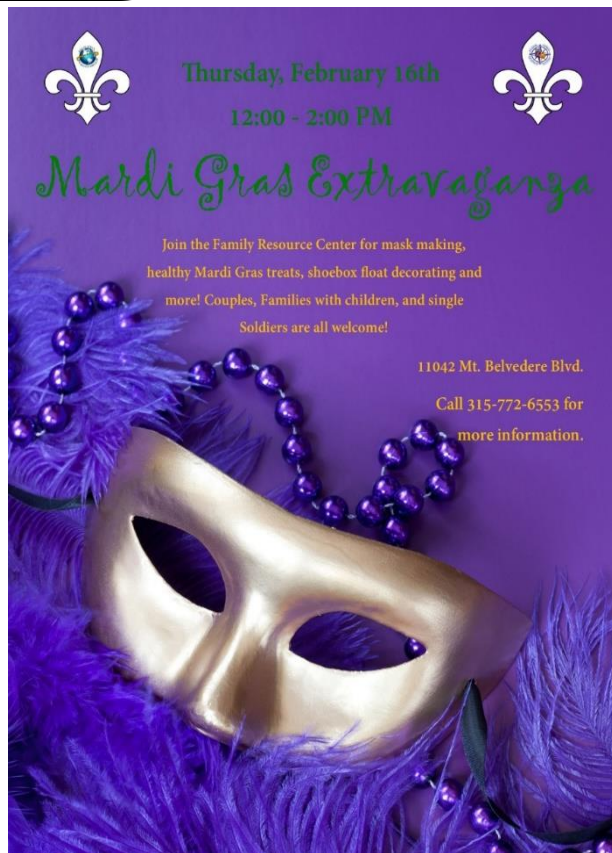
Hibernation Celebration
Thursday, February 2nd
11:00 AM – 2:00 PM

Sew-a-thon
Monday, February 6th
9:00 AM – 2:00 PM





Upcoming Events



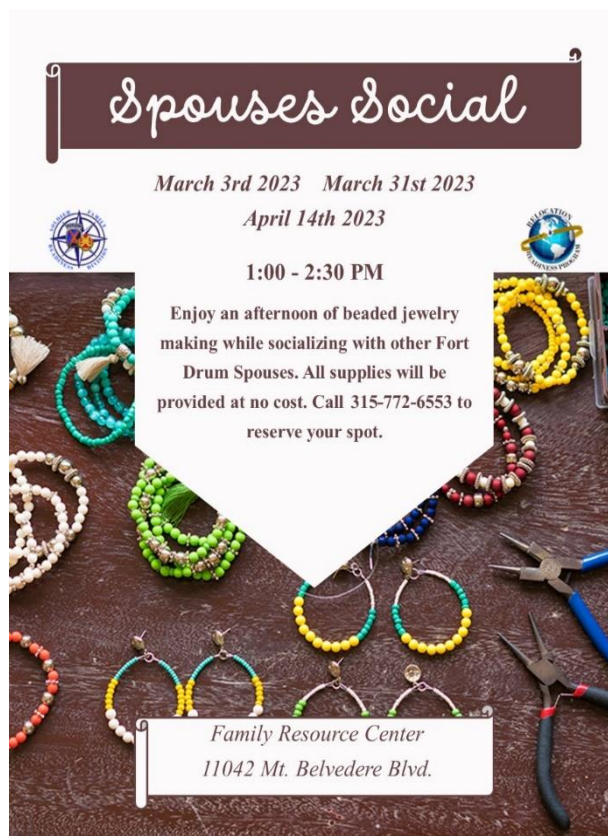
Thursday, February 16th
12:00 - 2:00 PM

Mardi Gras Extravaganza

Join the Family Resource Center for mask making, healthy Mardi Gras treats, shoebox float decorating and more! Couples, Families with children, and single Soldiers are all welcome!

11042 Mt. Belvedere Blvd.
Call 315-772-6553 for more information.

Mardi Gras Extravaganza
Thursday, February 16th
12:00-2:00 PM



Spouses Social

March 3rd 2023 March 31st 2023
April 14th 2023

1:00 - 2:30 PM

Enjoy an afternoon of beaded jewelry making while socializing with other Fort Drum Spouses. All supplies will be provided at no cost. Call 315-772-6553 to reserve your spot.

Family Resource Center
11042 Mt. Belvedere Blvd.

Spouse Social
Friday, March 3rd
1:00-2:30 PM



Fort Drum Relocation Readiness and USO Fort Drum present

Women's Summit 2023

March 8th 2023
9:00 AM - 12:00 PM

Sign-in and social time 9:00 - 9:30 AM, workshops 9:30 AM - 12:00 PM.

"Reaching Your Summit"

Celebrate International Women's Day with a series of workshops designed to educate, entertain, and help you reach your summit.

Registration is required, please register using the QR code below.



This event will be held at LeRay Mansion
4700 LeRay Drive



Women's Summit
Wednesday, March 8th
9:00 AM-12:00 PM





Soldier & Family Readiness Division

Army Family Team Building Army Family Action Plan

Kelly Bice

315-772-6710

kelly.m.bice.civ@army.mil





Army Family Team Building

FEBRUARY EVENTS



Army Family Team Building Formal Functions Made Easy

On-Demand Classes are
available for the
upcoming Ball Season!

Let AFTB help your
Soldier's Dates master the
DO's and Don'ts of a formal
Military Function!

The formal function class
addresses:

- Traditions, Customs & Courtesies
 - Invitations
 - What to Wear
- Procedure of a formal function
 - Receiving Line
 - Place Settings

To schedule a class contact AFTB @
kelly.m.bice.civ@army.mil



February Classes

Level I – Military
Knowledge
7 & 28 February

Level II – Personal
Growth &
Resiliency
14-15 February

Level II –
Leadership
21-22 February

TRIVIA NIGHT

With Army Family Team Building and Army Volunteer Corps



JOIN US FOR GOOD COMPANY, TEST YOUR
KNOWLEDGE, AND WIN SOME PRIZES!

FEBRUARY 8, 2023

6:00- 7:30 PM

Maggie's on the Mountain
10207 North Riva Ridge Loop

Food will be available for purchase

Contact Kelly Bice at 315-772-6710/kelly.m.bice.civ@army.mil
with questions.





ARMY FAMILY ACTION PLAN

BETHE CHANGE!

Army Family Action Plan

16 February

0930-1200

Sportsman's Lodge

(located behind Outdoor Recreation)

Kids are welcome

Transition and Employment Focus Group

**We are looking for YOUR input!
Come out and share your thoughts on
how to improve Transition and
Employment for Soldiers,
Family Members, Retirees and
DA Civilians**

**To register contact Kelly Bice @
kelly.m.bice.civ@army.mil**



Fostering Satisfied, Informed and Resilient Army Communities.





Army Volunteer Corps

Dani'el Reed

315-772-2899

daniel.j.reed3.civ3@army.mil





ANNUAL VOLUNTEER OF THE YEAR

Fort Drum Volunteer of the Year Award Ceremony will honor individuals who have made a commitment to bettering our community through their volunteer service.

DATES TO REMEMBER

Call for
Nominations
23 January

Suspense
Date
15 March

Selection
Committee
22 March

Certificates
Signed

Social Hour &
Recognition
Ceremony
20 April
1700-2000
Commons





RECOGNITION AWARDS

Nomination Categories

Soldier and Family Readiness Group

Large Community Group

Small Community Group

Child and Youth Group

Youth Volunteer

Volunteer of the Year

Overall Awardee from all categories

- Nominations will be submitted to the Volunteer of the Year Selection Committee, comprised of impartial not associated with any of the volunteer agencies/organizations or units.
 - Evaluation will be based on the narrative portion of the nomination form and volunteer records.
- Category winner will be identified for each category:
 - 5 total winners will be identified and recognized
- The Garrison Commander will present nominated volunteers with a Garrison Commander Certificate of Achievement and a parking pass good for 1 year.
- The Commanding General will present each Category Winner with a 2 Star Commanders Certificate of Achievement.
- The Commanding General will present Fort Drums Overall Volunteer of the Year with a Commanding General's Climb to Glory Service Award.





Fort Drum MEDDAC Pharmacy

Dr. Christopher Jones

315-772-5528

christopher.a.jones312.civ@health.mil





Fort Drum MEDDAC Pharmacy

Pharmacy Hours and Locations

Guthrie Pharmacy	Conner TMC Pharmacy
Phone: (315) 772-7698	Phone: (315) 772-8400
Refills: (315) 772-3696 or (800) 354-9280	Hours: Monday-Friday, 0730-1600 (Closed for lunch 1200-1230)
Hours: Monday-Friday, 0730-1645	Location: P10504 Korengal Valley Blvd Fort Drum, NY 13602
Location: 11050 Mt. Belvedere Blvd Fort Drum, NY 13602	Patients Served: Active Duty Only
Patients Served: All Tricare Beneficiaries (NOT Martin's Point)	





Fort Drum MEDDAC Pharmacy

Pharmacy Services

- Lobby and Drive Thru options available for prescription pick-up (**Military ID required for medication pick-up**)
- Over the Counter Medication Program
 - The pharmacy offers an over-the-counter medication program for Soldiers, dependents, and retirees seeking treatment for minor aches and pains, allergies, cold and flu symptoms, or skin ailments.
 - Each patient may select up to **3 different products per month**.
 - Service members seeking liquid Ibuprofen, Tylenol, or Benadryl for their child must do so at the Guthrie Pharmacy.
- MedSafe medication disposal
 - Patients wishing to dispose of unused or unwanted medications may do so via the MedSafe located in the Guthrie Pharmacy waiting area. A MedSafe is also located at TMC pharmacy for Service Members wanting to dispose of medications.
 - ☐ No illegal drugs allowed (Schedule 1)
 - ☐ Leave medications in the original packaging or containers when possible.
 - ☐ No liquid containers more than 4oz. Place in plastic baggy before depositing.
 - ☐ No sharps containers, needles, syringes, batteries, aerosol spray cans, trash, medical devices, chemicals or other hazardous materials.
- Want more information about the Fort Drum MEDDAC Pharmacy visit <https://guthrie.tricare.mil/Health-Services/Pharmacy>.





Fort Drum MEDDAC Pharmacy

MHS GENESIS Pharmacy Updates

- What is the difference between a prescription “renewal” and a prescription “refill”?
 - A refill is not a prescription; it’s an authorization from the prescriber which allows the pharmacy to fill a single prescription multiple times. A renewal is a new prescription intended to replace a previous one, usually because the previous prescription expired or ran out of refills.
 - For example, your provider might give you a prescription for a 90-day supply of a drug, with three refills authorized. You present the prescription to the pharmacy and receive your initial fill of the medication. 90 days later fill you get your first refill; 90 days after that you get the second refill; and 90 days after that you get the third and final refill (for a total of four fills). Since there are now no refills remaining on the original prescription, you would need to request a renewal from your provider to keep receiving the medication.
- Medication renewals can now be requested through the MHS GENESIS Patient Portal.
- Medication refills can **no longer** be requested online, please utilize the medication refill phone line at **(800)-354-9280** or **(315)-772-3696**.
 - Last 4 of the Sponsor’s Social Security number
 - Prescription number (found on the medication label)
- Medication refill requests will be processed within **48 business hours**.





Fort Drum MEDDAC Patient Advocate Rosalinda White

315-772-4655

315-955-3241

Rosalinda.white6.civ@health.mil





Fort Drum MEDDAC

Walk-In Contraceptive Clinic (WiCS)

- Fort Drum MEDDAC will have a Walk-In Contraceptive Clinic **every Tuesday from 08:30-10:30** in the Guthrie Army Medical Home Primary Care Clinic (White Hallway).
 - Education and Contraception Counseling
 - Short Acting Reversible Contraceptives (SARCs), including oral pills, patches, depo shots, rings, etc.
 - Long Acting Reversible (LARCs), including IUDs, Nexplanon, etc.
 - Arrangement for other services such as tubal ligations
 - Evaluations for Sexually Transmitted Infections (STIs)
 - Pregnancy Evaluations/Testing
 - Emergency Contraception
 - If you are coming into the WiCS clinic for contraception and are due for a PAP, those services are offered.
- WiCS services are available to all active-duty service members and eligible beneficiaries capable of becoming pregnant (e.g., women, transgender males, non-binary individuals, etc.).
- **No appointments necessary! Get all your contraceptive care in one place!**
- For more information, please visit <https://guthrie.tricare.mil/Health-Services/Womens-Health-Pregnancy/Contraceptive-Care>.





Fort Drum MEDDAC

February 2023 Holiday Schedule

PRESIDENTS' DAY OPERATING SCHEDULE

All Fort Drum Medical Department Activity clinics and services will operate on a reduced schedule on

17 February 2023

All clinics and services will **CLOSE** at *12 p.m.*

Closed

All Fort Drum Medical Department Activity clinics and services will be **CLOSED** to patient care on *20 February 2023* in observance of Presidents' Day.

If you have a medical emergency, please call 911. Should you still require assistance, please call the MHS Nurse Advice Line at 1-800-TRICARE (874-2273)

or go online to <https://patientportal.mhsgenesis.health.mil>



U.S. Army Medical Department Activity
Fort Drum, New York

Care Enough to Make a Difference!



@FortDrumMEDDAC

<https://Guthrie.TRICARE.mil/>





Fort Drum MEDDAC

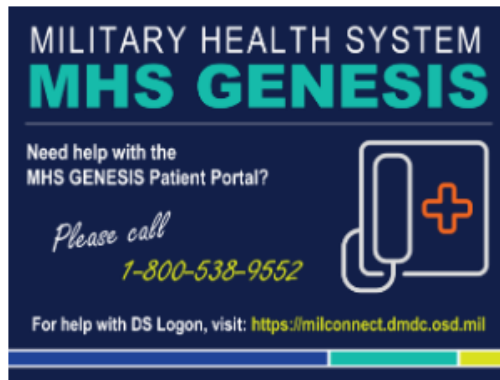
We Want to Hear From You!

- **Do you have questions, concerns, suggestions, or need additional assistance? Please let us know!**

- Patient Advocacy: (315)-955-3421 or (315)-774-4655 Monday-Friday 0730-1630
- Interactive Customer Evaluation (ICE) Comments: [Ice.disa.mil](https://ice.disa.mil) (MEDDAC, Facility Name)



- Joint Outpatient Experience Survey (JOES)
- MHS Patient Portal Customer Service





Fort Drum MEDDAC

MHS GENESIS



WE APPRECIATE YOUR PATIENCE AS WE EXPERIENCE LONGER WAIT TIMES.

As we transition to MHS GENESIS, our providers and staff will need time to adjust to the new workflows, procedures, and processes. We slowed down our operations to ensure safe patient care is maintained during this transition. Please expect delays.

During this time, you can expect to experience:

- Increased wait times for Lab & Radiology results
- Increased wait times for Pharmacy pick up
- Longer appointment times
- Reduced appointment availability

Access the MHS GENESIS Patient Portal:

(<https://myaccess.dmdc.osd.mil/identitymanagement/app/login>)



U.S. Army Medical Department Activity
Fort Drum, New York

Care Enough to Make a Difference!





Directorate & Agency Updates





Directorates & Agencies

- AAFES (Army & Air Force Exchange Service)- (315) 773-0061
- American Red Cross- (315) 772-6561
- Commissary- (315) 774-9130
- Directorate of Emergency Services (DES)- (315) 772-3547
- Directorate of Family and Morale, Welfare and Recreation (DFMWR)- (315) 772-6071
- Directorate of Human Resources (DHR) Business Office- (315) 772-5849 / 4688
- Directorate of Plans, Training, Mobilization and Security (DPTMS)- (315) 772-7288
- Directorate of Public Works (DPW) Director- (315) 774-5839
- Directorate of Resource Management (DRM) Director- (315) 772-3902
- Fort Drum Mountain Community Homes- (315) 955-6644
- Housing Concerns Hotline (315) 772-6666, choose option 1
- Public Affairs Office (PAO) Director- (315) 772-8286
- Thrift Shop- (315) 772-7189
- USO (United Services Organization)- (315) 777-8006





Questions?





BETTER

When you tell a
friend

Next Community Information Exchange

March 1st, 2023

USO





Thank you for attending.

All Presentations and Slides can be found at:



March Topics:

- Upcoming Events
- Tax season
- Mountain Wellness Month

If you would like to provide information for CIE, please email:

richard.m.stepanek.civ@army.mil





Additional Information & Resources

